

## Problems in the Study of Mermaids

“Be as loving and innocent as the mermaids but not idle or carefree.”

“The love of the mermaids is heaven seventy times seven.”



## Preface

A magician in the Franz Bardon system of hermetic magic is taught to go past fairy tales and acquire firsthand experience in other realms. A great deal can be learned in this way about beings such as mermaids. But our experience is greatly increased in meeting these same beings when they incarnate among us in human form. And this is where it gets really interesting. They grow up initially thinking they are human. And then each discovers on her own way that she is not like other people.

This is extremely rare, but one woman said, “Mother. I am not like other people. Is there something you are not telling me?” And the mother replied, “You are of water. You are a mermaid.”

Almost all of these women I meet tell me they are not a human being. They had to figure that out on their own. There is no user’s manual lying next to a crib when a child like this is born. If you think about it, if a mermaid “wants to have a human experience,” it would serve no purpose for her to know in advance that she is not human. Otherwise, when she has to deal with a difficult situation, it would be easy for her to think, “The choices I make do not matter. I am a mermaid. I do not have to take any of this seriously.”

Certain problems arise in these magical incarnations. For example, different realms operate in different ways. Among humans, there is a strong emphasis on survival. Affection, love, food, shelter, and protection are scarce resources. People compete with each other to see who gets how much.

Almost everything involves a trade. I will give you a family, a home, and love and you give me social standing, financial security, and commitment. Or, I will you a good time and you give me sensual pleasure. Or, I will give you a job and you will give me everything you

have makes my company successful. When resources are scarce, people trade back and forth exchanging what one has for what another has.

The mermaid realm is not like that. There are no boundaries to defend. No taxes and no government. No society. No groups. No family. No fathers, mothers, brothers, sisters, sons, or daughters. No birth, no old age, and no death.

There are no seasons for planting and harvesting. No hard work during the rest of the year in order to survive winter. No days and nights. No linear time. Seasons are barely noticeable on the open ocean. A billion years ago the ocean looked pretty much the way it does today.

Mermaids associate freely with whoever they want. When they meet, they greet each other by sharing all that they are. They can do this because they are united to the water element in nature and this water contains a love that endlessly flows through them to others. A mermaid in her world would stop being a mermaid if she was not giving all of herself in love to whoever she is with.

Consequently, when a mermaid is here among us in a woman's body she goes on feeling the way she feels in her own realm. But this can cause great difficulties in our world for her and those around her.

In anthropology, there is similar kind of conflict involving cross-cultural communication. Behaviors and training methods that make perfect sense and are highly successful in one culture produce the exact opposite effect in another culture.

For example, I once lived for six months in a Tibetan monastery. The Tibetan lama made a point of keeping students continually off balance. He constantly made demands on them so that in any moment they might have to stop what they were doing and do something else they had never done before.

You never knew if you were going to be awakened in the middle of the night and be put on a work detail charged with painting the hall before

dawn. You did not know if you were going to be pulled off of cutting paper at his printing press and be told you were to cook and have dinner ready for fifty people in three hours.

You didn't know if you were suddenly going to be given some profound secret initiation or told to go into the temple and visualize a letter from the Tibetan language for six hours. You could be told in the middle of a puga to stand up, go to your room and pack, and then go by yourself and live in a cave in Canada for a year. You were to get there without speaking to anyone aloud or else you might be told to go visit eight shins in different parts of the world with your expenses to be paid by begging for donations. Return after three years and you will then get your next set of instructions.

This approach clearly is designed for a Tibetan setting high in the Himalayan Mountains within the context of a feudal society. The individual is shaped to fit into the tradition and the lineage. The individual's personality—his desires and needs--is irrelevant.

And that approach obviously works. It produces individuals who are incredibly alert, sharp, adaptable, hardworking, and who possess deep concentration. But it also produces individuals without personal initiative, original insight, curiosity, self-respect, or self-determination.

In other words, take that method so useful high in the Himalayas within a feudal society and apply it in Berkeley, California and you have a disaster. The individual in a postindustrial, democratic society is responsible for maintaining the government, for generating new wealth, for deciding what organizations to participate in and what is healthy and not healthy for himself.

In a modern society, you need individuals to think their own thoughts and to explore their own personal feelings. By necessity, they have to constantly maintain personal boundaries and decide for themselves how much time and energy to a lot to any specific activity or relationship.

Destroy the individual's ego, personality, and identity and you do not free the individual from suffering. You create suffering. *Enlightenment gives the teacher no advantage when it comes to cross cultural communication.* You have to observe and figure out what actually works. What went before in the past may be entirely worthless in this culture and with this specific person in front of you.

On the other hand, there is something amazing within the nine hundred year old tradition of Tibetan Buddhism. The thing is Tibetan Buddhists have no idea what that is. The very things the teacher thinks are relatively worthless may be just what is needed to transform Western society, if only the right application can be discovered.

In another example of cross cultural differences, a Hindu man was famous for teaching Vipassana, a Theravada mindfulness, Buddhist practice, to Westerners. But during the thirty day retreats some of the Western practitioners experienced a kind of psychological hell as an unexpected side effect.

And here is the cultural difference: The teacher, growing up in India, had relatives who practiced yoga. You relax, you do your yoga, and you experience bliss. It is part of a tradition going back thousands of years. Nature and a dazzling array of deities many of whom embody the energies of nature are part of the human nervous system. Relax. You can feel these things within yourself.

But what does a typical Westerner find within himself when he relaxes and focuses only inward? He finds a dominant religion that has repressed and destroyed its connections to nature. He finds Newton viewing nature in terms of mathematical equations. He finds Darwin placing human beings in the context of the survival of the fittest. He finds Freud who says that within the psyche are Monsters of the Id—a chaos of conflicting instincts and autonomous cravings. He finds all the

sadness, sorrow, and unfulfilled lives of his ancestors who have gone before him.

He does not find Krishna who preserves light and life on earth. Instead, he finds the United Nations that have eliminated small pox from the earth that plagued mankind for thousands of years. He does not find Shiva the transcendent one. Instead, he finds Oppenheimer who says as he watches the first atomic bomb explode, “Now I am become death, the destroyer of worlds.”

He does not find Brahma, the creator. Instead he finds scientists who have discovered the Higgs boson particle that explains why some matter has mass. In other words, the Westerner is a child when it comes to exploring the inner worlds of the psyche. Everything in his culture is an incredibly dynamic attempt to change the outer world.

I know a Vietnamese Buddhist abbot of a monastery who dismissed all his disciples and went to study Comparative Religions at the University of Hawaii. He discovered he could not keep his disciples focused on being aware of their own minds when they walked around with Walkmans—little cassette players. These days kids hold in their hands devices that allow them to view the sands of Mars, the moons of Pluto, and the methane and ethane lakes of Titan.

I know a woman who loves doing three year solitary retreats in which she only speaks to her Tibetan lama. Traditionally, if you want to really become aware of the nature of your mind, you train without outside distractions. And so I was somewhat shocked last week when a woman kept texting me who was at a thirty day mindfulness retreat.

Mindfulness works well in the context of a feudal society and polytheistic religion. In such a society, when people retire some of them look forward to spending the rest of their lives turning within. It is a delight full of enjoyable experiences.

But Westerners are complete extroverts by contrast. Mindfulness training does not grasp a world in which people hold in their hands the powers of creation. Western science and technology, for better or for worse, are reshaping and transforming every aspect of the human body, mind, environment, and social organization. The soul for these people knows itself by looking outward, not inward.

Similarly, there are cross cultural problems in studying incarnated mermaids. Some of the things that work in the realm of mermaids do not work in the human realm. And some of the things human beings do in their own realm will clearly lead to the extinction of the human race or else create a hell on earth unless human beings learn to do some of the things mermaids do.

This essay discusses problems and some solutions that I have noticed in working with incarnated mermaids over the past three years.

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## Introduction

Mermaids are spirits that exist on the astral plane and are composed of the one element of water. As such, they are not carbon based life forms. They are not mammals and they are not fish. They do not eat food or drink water. They draw energy directly from the water element on the astral plane and from the subtle energy water emits in the physical world.

As spirits or more accurately elemental beings, they are invisible except to clairvoyants. They are not subject to human morality—they existed for millions of years before human religions began.

When these elemental beings think, they do not use the lexical items in our dictionaries or any human language. Instead, their communication is body to body, feelings to feelings, and mental imagery to mental imagery. Experiences with these beings are often outside of anything described in literature by any mystic, poet, or philosopher. The mermaids act according to principles of psychology that the human race will not discover for perhaps hundreds of years if ever.

In life span, it is fair to say that many live for countless ages and some have been around for millions of years. So when you enter the domain of elemental beings, you have to create your own reference points. Science, history, culture, and the works of mankind—these beings do not need any of this in order to flourish or to practice their arts.

Previously when mermaids incarnated among us they have always carefully disguised themselves in order to appear human. And until recently when in human form it was extremely rare for them to encounter another mermaid in human form like themselves.

Of course mermaids are part of oral traditions, historical literature, and mythology. They go by various names: water sprites, water spirits, water nymphs, nixies, naiads, ondines, and so on. Some tribal traditions have clear legends of mermaids but in some of these traditions mermaids are greatly feared in part because they embody powers beyond human understanding.

Mermaids are often depicted as being half fish in their lower extremities and half woman in the upper body. And as a matter of fact often women who consider themselves to be mermaids do indeed teach themselves at a young age to swim with their feet together like a fish. And they enter water to heal and to restore themselves.

Mermaids on the astral plane are not attached to any well, lake, river, or ocean. No religion, race, or ethnic group has an affiliation with them. That is, they do not converse with them as individuals. Mermaids do not belong to mythology or to the past. They do not need to be protected or sentimentalized. They are neither inferior nor scary. They are not an endangered species.

As compared to the one element of water that defines mermaid souls, human beings have five elements in their souls--earth, air, fire, water, and akasha. The air element heightens artistic sensitivity and mental clarity. The fire element enhances will power, courage, and enthusiasm. The earth element keeps us practical, down to earth, and it motivates us to work hard in building things of value that endure. The water element enhances feeling and love. And the fifth element of akasha acts as conscience. It oversees the balance and the evolution of the other four elements and assigns "higher" purposes to be accomplished on earth.

In human civilization and history, we already know fire, air, and earth. We have individuals like General Patton who look around in life and ask themselves, What is the one problem no one else can solve? And then they place themselves in a position where the power they acquire can solve those problems. And we have men like Westinghouse, Edison, Oppenheimer, and Nobel who offer mankind new discoveries and applications of fire and electricity. These individuals act as if they are fire spirits in human form.

Fire--will and power--are very well known to human beings. Fire is a part of everything we do. Electricity is one of the cornerstones of our civilization.

We also know the air element. We have Shakespeare, Mozart, Sir Isaac Newton, Einstein, Steven Hawking, and others in human history. They possess a detachment, artistic sensitivity, and also clarity of mind

that enable them to study life, not for the sake of power, but for beauty, art, and understanding.

And we have the earth element--we have men like Warren Buffett that build empires because they enjoy work and making things of value that endure. These individuals involve themselves with the more material side of life. They often investigate geology, DNA, chemistry, and ways to take natural processes and perfect them. They take something physical and transform it enriching the world.

But we are missing those who embody the primal force of the water element. These individuals would not be known for their power, their detachment and clarity of mind, or for the way they like to build and leave a legacy behind.

Instead, these women are extremely empathic and pure in love. They are innocent beyond human understanding and since they are not part of a social organization that allocates scarce resources they are completely uninhibited. For all practical purposes they have no ego, for in their own realm they never need to defend themselves and so the survival instinct is almost nonexistent in them.

And there is this other difference. The five elements in the human soul are all defective. The elements in the human soul are so weak that human beings do not know how to draw energy directly from nature the way elemental beings do. A mermaid will say, "I have always known I am a part of nature. It is embodied in my very core."

Human beings look at nature as something strange, hard to comprehend, and difficult to master. They sit against a tree but they do not become the tree. They sail the seven seas but you will not see the blue green sea when you look into their eyes. They fly with their planes through the sky and run computer simulations of weather conditions weeks in advance but you will not find the open, clear sky within their minds. They attach themselves to ideas the way a man crossing a deep ravine on a rope bridge clings to the ropes by his side.

When they die, they eventually leave the personality they had in the previous life behind. When they are reborn, they develop a new personality—a new person arises. The constellations at birth--their natal chart--is imprinted on their psyche and they are invariably shaped by the

decisions they make under the conditions and circumstances in which they grow up. The five elements within them are not self-sustaining and self-renewing. They do not possess what is called astral immortality which anyone can acquire who finds nature within himself. And so you will not hear a human being say, “I am the same person in life time after life time.”

Encountering mermaids in human form we discover the essence of the feminine, a magnetic energy they possess, that is so receptive, so giving, so empty, so free of ego and of identifying with any form that it is able to contain within itself the soul of any being so as to shelter, transform, inspire, and make something completely new of it. This feminine power has no limitations or restrictions placed upon it.

This feminine energy mermaids embody is cool, contracting, soothing, and attractive. It is nurturing and supportive. It shelters and protects. Instead of being intense, commanding, and explosive as is masculinity, it is rhythmic and gentle. In psychological terms, it is empathic, sensitive, and responsive. It draws together, bonds, joins, and unites. It accepts and affirms. In spiritual terms, it reaches towards an all-encompassing, all-embracing love.

## The Problems

### The Cocaine/Kundalini Effect

Kundalini is a primal life force lying dormant at the base of the spine in the race of human beings. It is considered a sacred energy that takes the form of a serpent and also the form of the goddess Kundalini. When awakened and skillfully directed, it rises through the spine and unites with its opposite—Shiva or transcendent awareness at the top of the head.

As it ascends through the body and passes through various energy centers called chakras, the entire spectrum of human life involving physical sensations, instinctual desires, and emotions and feelings are activated, experienced, and then left behind as it continues moving

upward to its final destination. But if misdirected or prematurely awakened, it can turn into a blind, insatiably hungry and devouring energy craving sensory and emotional gratification. In other words, it is ravenously hungry to experience the sensations of life in any form it can find.

Westerners who are not practicing kundalini yoga or some other form of intense body work that releases these primal energies usually do not encounter kundalini side effects. But interactions with mermaid women can activate this primal energy.

Mermaid women embody a primordial watery energy that is not part of human civilization but something from another realm of experience altogether. As this watery energy passes through an individual's aura, it saturates the individual's nervous system.

When a man is with a mermaid woman, he may feel twice if not five times more alive than he feels otherwise. By contrast, when he leaves her presence, he may feel half dead though he may return to his normal equilibrium. These withdrawal symptoms are not hard to understand. Withdrawal symptoms from drugs are well known. But consider other possibilities.

An individual may play intense sports in high school or college. When he stops playing because he is no longer in school, his nervous system still longs for the adrenaline rush and social interactions and status the sport provided. It may take years for him to adjust to the absence of that external stimulation. A mermaid woman can simulate the intensity of sport activities because in her presence she is responding to you as if each moment is completely new. Watch some of these women and you will notice their range of emotional responses to different people and situations is nearly endless.

There is also a cultural shock that sometimes occurs by living in a foreign country. If you live out in the jungle or where there are no large cities with modern conveniences and you return to a large city, you may have difficulty at first adjusting. You now have warm water, electrical, gas, water utilities, and your cell phone and internet connections work again.

But the quiet, the slower pace of the country, and the presence of nature everywhere are missing. You have changed from a society that is close to nature to a society in which nature is only found in parks or nature preserves. Being with a mermaid woman is like being out in nature far from human civilization. You feel refreshed and free from the worries of society just by being with her. Leave her and you are again within a social world that may seem overly predictable and artificial.

And there are the withdrawal symptoms that occur when romantic relationships end. Those who fall in love often will say things like, “My life was not in focus until I met you. You are the reason I exist. I never felt fully alive until I met you. I feel like we have always known each other. I can’t imagine living my life without you. You are the part of myself that has always been missing,” etc.

When such a relationship ends, it is like part of you has vanished. Feelings are withdrawn. And you feel strangely vulnerable and wounded. The excitement and feeling of life being new and full of wonder and beauty are gone. Typically, with such loss, it is not uncommon to go through the five stages of grief: denial, anger, negotiation, depression, and finally acceptance.

A mermaid woman can easily create the feelings of a heightened state of romantic love even though this may not be her intent. It is not uncommon for her to meet someone and even in this brief, first encounter the man feels she is now closer to him than anyone he has met before. She treats him as if they are lovers, for he thinks only a lover would give of herself to a man as she is giving of herself to him.

But if he had watched her more carefully he would have noticed she treats everyone she meets as if they are life-long friends. She holds nothing back when she gives of herself and this is easily misinterpreted. She treats men as if she is making a play for them. But she is not. She simply fully engages whoever she is with.

The point is that the symptoms of withdrawal when a relationship to a mermaid woman ends can be far stronger than in a romantic relationship. In this case, there is a chance that the primal energy of kundalini has been activated. This means that the individual may have to deal with more serious side effects.

Many women will run into these problems from time to time. A man or another woman stalks her or becomes abusive, overly possessive, excessively jealous, controlling, etc. For mermaid women, these problems are often far worse.

The man is not just feeling loss, hurt, abandoned, etc. There is a blind, primal power activated within him that seeks to take control of his brain, his memory, and his skills as it tries to draw into itself the life it feels it has been denied.

If this obsessed individual was a skilled yogi, he could sit down and meditate. He could then calm the primal energy within himself so it falls asleep and becomes calm. Or he could redirect it so it returns to its upward journey toward the top of the head where it unites with its divine consort—Shiva—who is one with all things without in any way being attached to anything. But such meditation skills are not acquired during conflict and emotional upheaval.

Examples: The man cried every day for a month after breaking up with one woman; a different man says he will never have another woman in his life after her and ten years later he still hasn't had another woman; the mermaid woman says every male or female friend she has ever had at some point suffers some sort of anxiety attack--the friends become extremely possessive, jealous, and place all sorts of irrational demands on her; one woman says she has a stalker from every country in Europe; she also says she can't recall how many times men have told her that she is the reason he exists--and these are not even people she feels connected to; one woman says that four different men have told her that they would kill themselves if they could not have her; for another, when guys start to break up with her they begin treating her as if she is not one but every conceivable kind of woman wrapped into one--one moment he speaks to her as if she is his secretary, his mentor, his therapist, his priest, his sister, then a goddess, then his mother, then his one and only soul mate, his twin flame, his true love and all of these alternate unpredictably with his treating her like a tramp, a doormat, a worthless slut, a treacherous harpy, etc.

You get the idea: the guy is running, seemingly at random, through every possible response he could ever have with any woman as a way to

try to either hurt her or to win her back (controlling men will engage in these behaviors but rarely with this degree of variation); men--complete strangers that she meets in some casual social situation--email her the next day telling her they cannot live without her and that they want to get married right away and start a family; driving down the freeway in Los Angeles, strangers will throw a piece of paper with their phone number on it through her car window. Even men with professional careers who are models of stability and reason in their personal and public lives will demonstrate these kundalini effects. Something different is going on with mermaid women in terms of their effects on men and women.

Another unusual kind of withdrawal symptom is the vampire effect. This occurs when a psychic center in the body is not flowing energy outward but has reversed its flow. It is drawing energy inward because it is damaged and leaking life force. The emotions and vitality in that area of the body are running on empty.

What has happened is that the individual has charged his aura with the magnetism of the mermaid woman. For him, being around her has been like having an aquifer within himself that endlessly overflows with love. But now this external source of energy flow has ended.

Again, she may act like a cute, young, vivacious girl regardless of her actual age. But actually the man has been in the presence of an immortal spirit united to the waters of the earth. If a person's mind cannot conceive of this, his body will still demand he somehow restore the surplus amount of energy she was providing him.

What happens then in some cases is that the individual's nervous system seeks to recapture the mermaid woman's level of giving to him. But without the actual mermaid woman being present, he may unconsciously try to steal the energy of anyone he is near.

In effect, he has become an energy vampire who is doing the exact opposite of what a mermaid woman does—without being united to the boundless sea of love that she has to draw on, he takes rather than gives. He has experienced a constant flow of vitality and love from her to him. Now he seeks to create that flow from anyone he meets—taking their

energy when they are not offering it. And he is completely unaware he is doing so.

We notice this sort of thing occurring in innocuous ways when an individual is emotionally upset and ends up demanding a lot of time and attention from his friends. You want to help out by listening and being supportive.

The energy vampire may appear to be similar. He is upset, confused, disoriented, moment by moment changing back and forth from elation in recalling his experiences to acute depression in realizing his situation.

The difference is that the emotional vampire is unconsciously attaching his aura to you in an attempt to recharge himself. He has become accustomed to having an external source of stimulation that allows him to feel both larger than life and possess a deep feeling of well-being. But now he blindly craves your support and your peace to fill in for what is missing. Put simply, you sometimes have to back off or shield yourself from these individuals because they have temporarily become skilled at absorbing others' energy.

## Letters to Mermaid Women

Question: Since you cite so many examples of men falling quickly in love with mermaid women are the men falling in love or are they thinking they have fallen in love because of the feeling of oneness that comes from her aura flowing through them?

### Response

The problem is that if you enter the realm of mermaids on the astral plane, the normal greeting is "let's touch auras and become one with each other." If it were two fish in an aquarium and the water in the aquarium was itself loving, nurturing, and giving without end, then when two fish came up to each other--being saturated with that loving vibration—they would perceive each other as also being a part of love,

the same love. And they would automatically sense that they were one with each other even though they might be different species.

So take the mermaid out of her realm and put her in a woman's body in our world and she still carries in her aura the vibration of the astral realm of mermaids with its love, nurturing, and giving. So automatically her aura acts as if she is one with anyone she is near. It is just the nature of her vibration--not personal as much as the vibration of the entire mermaid realm and that realm exists within the energy underlying water in nature. Our entire planet is saturated with this love, but the human race knows nothing about it.

Human beings, by contrast, are always short on love. They never have or get enough. Christ prophesies that "out of their bellies shall flow streams of living water," but this does not occur on earth among human beings. And certainly belief and faith do not reproduce the vibration of love. Faith lacks the depth of contact with nature and the creative power.

So human beings "fall in love" and bond with another in the context of the increased energy that arises when two are sharing deeply with each. Romance even at its very best, although absolutely delightful, is also inherently jealous, possessive, and has passed the critical mass of being extremely vulnerable and wounded if the love is not reciprocated. This is because human beings are trying to make love happen by using the chemistry and soul energy solely of what exists within the two individuals. Each gives in trade something that the other partner lacks.

The mermaids, by contrast, are united to an entire realm of boundless love so for them they do not run dry or on empty. Intimacy will always reach its height when two give equally to each other. But the mermaid just does not stop giving. Like breathing itself which humans constantly need to do in order to be alive she has to love to be a mermaid. For her, the water element is inherently nurturing, loving, and giving. She is, after all, of "nature."

So problem number one if you join two separate realms--human and mermaid--is that exposure to mermaid love or auras is inherently destructive to the human ego; to feel her energy inside yourself is to feel a love human beings know nothing about. It is a part of nature that human beings never perceive. The church would say in ancient times that the realms of fairy exists to enchant and then to destroy mankind. But the church is wrong. The darkness is within the human soul that cannot behold beauty so free and giving without trying to turn it into a support for the male ego and the productive work of society.

And so in a conversation on a flight out of LA with a professional photographer who did one of Madonna's music videos--He says to me, "What you are describing are sirens who call out to sailors with songs that cause their destruction."

"No," I reply. "The mermaids who were singing for Odysseus and others at that location were merely singing with such innocence and unbearable sweet love--that is perfectly natural to them--that the sailors lost their bearing and failed to attend to helm and depth as they sailed toward them.

"The fault was not in the mermaids who you label sirens but in the human beings who know not how to give back even a small part of what they are being given."

## Conclusion

What is the remedy for the overstimulated or misdirected kundalini? Kundalini often involves a huge amount of nervous energy. You need some sort of activity to redirect this energy until your conscious mind is again functioning normally. One Swami told a yoga student to go climb a mountain so the energy in his body could have the time it needed to settle down. Other possibilities involve relaxing, reducing the stress in your life, for example, by spending time in nature. Go jump in the ocean

if it is nearby. Attend parties with friends, etc. Return to the routines in your normal life as fast as you can.

Another side to this involves recapturing projection. Projection occurs when the individual sees in another person what is actually hidden within oneself. A person meets a kind and loving woman. But instead of returning the kindness and love, he in effect wants her to play the role of his mother. He uses the relationship with the woman to avoid having to explore the nurturing side of his own personality. In other words, he does not know how to care for himself. He wants to outsource that feminine sensitivity by having someone around who coddles him.

Recapturing projection in the case of a mermaid is finding nature in yourself. No kind of becoming more psychologically whole will do the trick. You have to either forget her as fast as you can or else find a sea of love within you. You learn to flow like water, to be totally in the moment alive and responsive to all its possibilities, and to feel that wonder and happiness are always present.

## Further Problems Regarding the Cocaine/Kundalini Effect

In their defense, mermaid women in the past did not usually meet anyone else like themselves. So they had no basis of comparison or perspective on the problems that they encounter and also that they create. They are often bewildered by why men, and women too, are so attracted to them and obsessive.

As I look into a few of them right now, it seems to go like this. They notice stalking and obsessive men and say to themselves, “I am natural. Why are these others stalking me?” Or, “People are really weird. I have to be hyper vigilant and disguise myself so I am not easy to observe just to keep myself safe.” Or, “Sure, everyone I break up with suffers really badly. But I am a loving person. They should be loving too.”

In other words, they have a certainty that they are joined to love from within. They do not think in terms of fault, blame, or responsibility. They do not think in terms of patterns of behavior.

I have met some of these men who have been with mermaid women. It is hard to describe what an absolute emotional wreck they have become. And so I would imagine a mermaid women might think to herself, “I seem to be leaving a trail of broken and severely wounded men behind me as I go through life. In my next relationship I am going to figure out how to work with the man so he understands who and what I am.

“By observing him closely, I will find what works for him so he either finds nature in himself so he can love as I love or else he will learn to maintain the integrity of his personality so he is not destroyed by the strength of the watery energy I flow through him when he is near me.”

But you see everything I just wrote in those two paragraphs above is not the water element but the air element. There is detached observation, experimentation, learning through trial and error, and a commitment to change not what someone feels but the mind of the other person.

Mermaids do not usually do such things. They rarely if ever say they want to “understand” someone better. They typically do not know anything about harmony, balance, fair play, give and take, negotiation, and insisting the partner change if he wants a serious relationship with her.

To deal with this issue of leaving a trail of broken men, one of the human mermaid hybrids sets up a continual flow of energy between herself and her boyfriend. In this case, he does not have the withdrawal symptoms from leaving her presence. She is always present with him. And in fact she has so much energy she continues to flow energy through all of her past boyfriends.

It is one thing to say “I go on loving them though we are not together.” It is another thing to actually keep giving love at a distance. Mermaids

do not think about love. They perceive love as an energy so if they try they can always in any moment measure the return flow of love back to them from whoever they are with. But they do not observe such things even though they can.

Another mermaid woman puts a “bubble” around herself. She says that if someone cannot sense her energy then he does not stalk her. It is not the mers’ beauty people are attracted to. It is their auras. And because humans do not see or sense auras directly, the mermaid woman’s effect on others is powerful but outside of their conscious awareness. It is their bodies and nervous systems that are affected.

Another issue related to the cocaine effect is the desire to heal that mermaid women have. One woman calls herself a “reverse vampire.” She takes another person’s bad energy, purifies it, and returns it to him. In this sense, she is like a human dialysis machine. But instead of purifying blood she automatically and effortlessly purifies the other’s aura or the aura of anyone she is near.

One problem with this is that she usually has no idea if she is “enabling” others to keep their bad habits. She often cannot distinguish between a good person who needs some help to heal and a bad person who does not want to be healed.

And if you take away someone’s pain, that person may lose the urgency and understanding of the relation between action and results, choices and consequences, and causes and effects which are crucial to human existence. You are taking people out of the time stream of history through which they create who they are through hard work. You are delivering them into a fairy realm where love is free and innocence is never lost. And this is incredibly dangerous because it may suspend their survival instinct without which they can end up placing themselves in great danger.

The mermaid usually is not good at reading another's intelligence, will, purpose, or karma. If someone is in a pit, you help them climb out. Some people in a pit do not want to climb out. They want to pull other people down into the pit with them.

If she persists in helping a negative person in this way over a number of years part of his negative energy may begin to influence not her astral body but her mind. Mermaids do not usually think using concepts since they can sense so much more than a human being when they consider something. But a negative person can imprint on her mental body something of his outlook on the world. Being around a negative person long enough and the mermaid will begin to act human even though her giving and love continue to flow through her.

Also her natural, "obsessive" desire to take another another's pain does not address what the person is doing over and over that causes that pain—

If you are love, how do you get someone to focus their will and do what they need to do? If you are love how do you understand another so that you help them make their best choices? If you are love how do you council another to get to work and meet their obligations and take care of themselves so they are more successful and stronger?

Just flowing overwhelming, all-embracing, healing and renewing love into another does not accomplish those things which themselves are necessary if you are going to "love" another within the stream of history and cause and effect that define this realm of human beings.

And so we encounter another example of cross cultural interaction. You can offer love freely to others as is natural in the mermaid realm. But when you offer this same love in the human realm where all resources are scarce, people can only imagine that you are doing so because you owe it to them. Or else they naturally assume you are

messing around with people's heads, flirting obsessively, and offering what you have no intention of following through on.

And if you give them love because it flows through you endlessly this giving of your love greatly confuses human beings. It makes them feel larger than life because they are getting energy from you that is not available in their own society and lives. At the same time when that energy is withdrawn, they do not return to normal. They feel instead they have been exposed to some magical enchantment that is now causing them acute anxiety or a horrible feelings of abandonment.

In summarizing this point, it is okay to heal but learn to think in terms of what you need to get others to do for themselves. Or imagine how circumstances need to change so others do not produce the same pain over and over.

This is totally different from feeling what others feel and then taking their bad energy from them and into yourself so they become healed. You have to watch exactly what effects you have on others to see if you are actually healing them or if you are weakening and poisoning them through your love. They need to become stronger and more independent. They do not need to become addicts and psychic vampires through exposure to your love.

And they do not need to have encounters with what Freud calls, "Monsters of the Id" which awaken within them simply by being around you or working in an office with you. When a mermaid walks into a house, the dead spirits who dwell there wake up and feel they are alive again in the physical world. The mermaid's aura is a free lunch or an elixir that says, "Live! Be alive!"

But you see the hungry ghost, the predator, and the monster that were always with great effort carefully repressed and hidden away in the dark recesses of the soul also awaken. And then as I mention completely

responsible, rational, and ethical men become temporarily possessed. Kundalini is awakened and unleashed within them.

And again this is in part a cultural thing. There were times during the ancient Roman Empire when you could go to a Temple of Venus and you enter a sacred space. You are careful how you act there. You are surrounded by divine power.

And if the priestess is any good at all you experience in a ritual every cell of your body and fiber of your being becoming hypnotized and mesmerized so you are saturated through and through with love. If you walked in with a broken heart it is mended. If you were lost and lonely you now have direction and purpose. If you lack charisma and personal poise, at least for a few weeks after you leave, people are enchanted being around you and talking to you.

We have no Temples of Venus in our modern world. The church has done everything in its power to destroy the feminine mysteries. And it has substituted the experience of love for belief, doctrines, and conformity to community standards. What men are then left with are not temples but strip clubs and not sacred rituals but pornography. And so human beings are ill prepared to welcome and to greet with honor and respect those emissaries and ambassadors of another realm where love rules supreme and embodies the deepest mysteries of life.

## On Bonding

How is a mermaid woman to bond with a man when she does not feel the normal human need to be dependent or want the other to fill in for something that is missing in her?

Sometimes a male will say, “You are too pure! How can anyone love you when you have no needs and you are not dependent on me? There is nothing to bind us together? How can anyone feel love under these circumstances?”

One woman told me, “On occasion, I will pretend that I need my partner for something, for example, I say to him, ‘Can you help me with my finances?’ And then he lights up and gets enthusiastic because finally I am asking for his help and advice. All the same, I am not comfortable doing this even though it makes him feel good. I am not being truthful when I pretend I am, even in a minor way, dependent.”

And then there are men who will intentionally and with great skill seek to injure the mermaid woman and break her spirit so that she is permanently wounded. He says to himself, “If she is seriously injured on an emotional level, she will at that point feel incomplete. Then she will need me.”

And they sometimes succeed at least temporarily to create doubt and pain in the woman. Here is a woman who is giving all of her love to another because to do so is who she is. She feels she is a part of the other person, her love flowing through him in every moment of the day. Again, she just does it naturally.

But he, sensing that she is not bound to him but remains free, turns upon her out of insecurity or wanting to bind her to him, and he rejects her suddenly. Or over time, again and again, he does whatever he can to put her down, to demean her, to infuse her with the hate he feels inside for all things that are truly free and that cannot be bound by need or become a possession.

One mermaid human hybrid said that she left her husband because he acted in that way. He had injured her as he intended to do. Afterwards, she no longer trusted herself to be in an intimate relationship because the wound her ex-husband had created left her feeling needy. He had taken something from her. He did not take her connection to the peace and beauty of nature, but rather her willingness to flow these feelings through another.

If another person keeps destroying the love you are giving, eventually that other individual’s hatred begins to affect you. An empath will automatically feel what another feels. If she does this excessively, she will become physical sick or else sick within her soul.

It would seem that she has to learn to do something new that a mermaid woman never does—stop loving this creep because inside of herself she

is still sending him love. All mermaid women do this—they simply do not stop loving other people, even after suffering harm. Or, to put it more precisely, she needs to deepen her connection to nature and to the magnetic fluid to a depth that, like a storm on the surface of the ocean, the depths of the sea still remain undisturbed.

A mermaid woman flows her love equally to anyone near her and if she is with one person that person receives a greater amount of her flow of love. Compared to human beings, love just flows through her without end. There is no tag on it or claim ticket saying that this love is designated for just this one other person.

How, then, does someone bond to a mermaid woman? Can a man learn to do what they do in some way? The beginning is to just flow your aura, your feelings around her, into her, and through her. It may take some time before it is effective but at a certain point she will sense that your needs and her needs are the same. There is no separation.

I mentioned in responding to an email question about relationships: “If you think and imagine you are one with a woman, she will eventually get around to responding to you. But it may be a slow process.”

If you are good at feeling one with a woman, at some point she will look at you and see herself reflected in you. And then whatever barriers exist will vanish. It is not a possessive kind of thing or about being needy. It is about feeling in your heart that you are one with another and that there is no end to it.

But for mermaid women love is still not generated by the actions of two individuals focusing on each other. There are no “special moments” which other couples create in order to define and maintain the feeling that their love is unique, that they have ‘made something real’ between them. For the mermaid woman, love is already everywhere in every moment. It surrounds everyone and seeks to flow through everyone. You only need to open yourself to it.

You may notice that everyone close to a mermaid woman looks bright, effervescent, and charged up with energy while she herself may look worn out. Unknowingly, the people around her may be vampirizing her energy the way human beings are used to doing collectively—without knowing it, they take more than they give.

So how would a mermaid woman deal with her own concern that she may end up living her entire life missing out on relationships with a really good man if every man she is with becomes frustrated that she is not “bonded” to him? To complicate this, mermaid women, as those who have a high sense of inner peace or well-being, feel attracted to many different individuals.

I have already described an exercise for dealing with this issue under the topic of magical empathy. A woman (or man) can practice active listening once a week with someone. And then she places her consciousness within his body. She empties her mind and imagines she is him until she gets a gut response in her own body of what it is like to be him. And then she reflects on her impressions to interpret and make sense of them.

At this point, she has an inner gut level, instinctual, and deep emotional “bond” with the other person which no one else in the world has. Though this may act on a subliminal or subconscious level, the body language and feeling of connection of both partners instantly changes and becomes more open and intimate.

This connection of oneness is common currency in both the realm of mermaids and the world of human beings. It works for both races because it is the first step toward attaining oneness with another. And it is a genuine gift far more than any diamond ring, toward offering something special to the other person that no one else may ever give.

Does it still need to be reciprocated? The feeling of connection can be established and maintained from one side without the other’s participation. Empathy is not just passive and receptive. It can also enjoin. But when two practice this exercise, it tends to bring about the feelings of bliss and ecstasy that some mermaid queens are so adept at creating. But again, the limitation is that both partners have to be able and willing to step aside from their individual ego needs and identities to allow the process to unfold.

What I am suggesting is that a mermaid woman can produce in a man a feeling that the two of them are bonded to each other without violating her own inherent nature of simply flowing love to others.

When in the realm of mermaids, it behooves a male magician to keep his mouth shut (his telepathic communication on hold) until a mermaid “feels” his aura is inside of her and a part of her. Similarly, it behooves a mermaid woman to appreciate the fact that she may never meet a man who can reciprocate her level of empathy or who feels what is so obvious to every mermaid who exists—that love is everywhere in every moment.

I have heard different mermaid women say, “I realize a man cannot love me as I love him. But I justify being with him because of what I can teach him about love and because I can heal him of his wounds. All the same, when I accomplish this with a particular man, I feel like I should move on. My work with that individual is done.”

Now to our ears that might seem very odd for a woman to say. But writers of fairy tales about mermaids do get at least one thing right about the sea people. If a selkie is tricked into marrying a man, she will be his wife, love him, and truly and deeply love the children that they produce. But even so, if she is ever given an opportunity to return to her own form in the sea, she will leave in that very moment.

This she is able to do because for her love is not possessive. It is not furthered by controlling someone else’s life. And she never forgets, no matter how socially adept she may become in interacting with human beings, that her true identity is non-human:

In her very being and in her heart of hearts she knows she is a member of another realm whose essence is bliss and a love that flows without ever being lost and that gives all of itself in every moment. By contrast, she can only consider her experiences among human beings to be like visiting a strange land where the race is only half awake to the beauty that surrounds them.

See top ten reasons mermaids fall in love with men and top ten why magicians should not marry mermaids

<http://williammiste.com/onpact.htm>

<http://williammiste.com/mermaiddangers.htm>

## On Special Moments

The human realm is structured and defined by a thing called “history.” If you look very carefully deeply inside of a human being, what you find is the on-going story of that person’s life. They have made choices about which way to go at crucial turning points. And those choices define who they are. As Shakespeare states: “All the world is a stage .... They have their exits and their entrances and one man in his time plays many parts.”

If you look very carefully deeply inside of a mermaid woman, you will find a story also—how she grew up, her family, her biography. But that is secondary—window dressing. What is inside of her—the real mermaid—is off stage. This inner mermaid is not a part of the stream of history and linear time. As one mermaid said, “The outer world does not define who I am.”

She goes on, “Nature is embedded in my very core.” If you look very carefully deeply inside of a mermaid woman you will find nature—a lake, a river, a sea, etc. You meet that part of her that is an immortal being on the astral plane. A relationship may be very important to her but inside she knows as another mer woman said, “I am a part of so much more than this world that we see.”

All the same, having said that, I personally find it very annoying that I can have such deep and profound experiences of connection with mer women but for her nothing special happened. I told my publisher when he was visiting a mermaid seminar I gave on Oahu that I just spent an hour and a half for each of three days with a woman reviewing everything she had experienced since I had seen her a year ago; but she is so much into the present moment that she will not think another thought about me until I email her in another month or so.

The magician, Franz Bardon, warns his students to beware of mermaids because their love can so enchant you that you no longer desire to develop your spiritual and magical practices any farther. I did not know what he meant until I meditated one time with a mermaid woman. I felt so much a part of that girl that when I looked inside of myself I could see only her. I was unable to read the aura of other spiritual beings for a number of hours.

But for her nothing special had happened. In her own realm, she gives of herself in that same way to everyone she meets. The experience for her was no more than swimming in cold water at a beach and suddenly a current of warm water flows around you. It is nice to feel that warmth on your skin but you enjoy swimming in the ocean whether it is cold or warm.

How do you deal with women like that? Their empathy is superhuman but they do not see the other person's point of view. One of my responses is that the love of some women is so enchanting that it is impossible to love them. You must forget about her as if you had never met or else you have to enter her realm and join her race of beings.

Again, the mermaid is an immortal being united to nature operating in a billion year time frame. A human soul is inherently defective in all five elements, not united to nature, and mortal—facing the death of his personality at the end of his life or sooner.

In my story, *The Carrier Strike Group Commander and the Mermaid*, the mermaid says to the commander, “For me, this moment right now contains the past and the future. The past is not gone and the future is not something yet to be. I am always in this moment now.”

The commander replies, “And that is why you will not miss me when I am gone. Love is not less for you when I am not with you. Your love is as vast as the sea—and on the open ocean the sea is the same a billion years ago as it is today. It is hard to even discern the four seasons.

“By contrast, my life is very short. I can't afford to make the same mistake twice. The only way I have been able to be with you all these times we have met is to accept that in any moment I may never see or

meet with you again. Without that degree of detachment, I would not be able to work or sleep at night. I would completely lose my edge and my clarity of mind. I would be an absolute wreck—unable to function.”

A mermaid does not realize the significance of the “event” she creates for another. She flows her energy through the core of another person. She is completely uninhibited giving of herself in a way that is beyond anything the man will ever encounter with anyone else. Or her power of attraction magnetizes the man’s aura so that he experiences himself as a completely different person.

He not only catches glimpses of the mer realm. In some moments her aura takes him there. His mind may not grasp it but his body experiences it—“In this moment, only love exists.”

No wonder the man may cry for a month or will never date another woman or turns into an energy vampire. By contrast, some human women with extraordinary powers of love are sensitive to context—you only share that kind of love with someone who is ready for it and can return it to some extent.

Since love is such a rare commodity for these humans, if you create for one of them a genuinely life shattering experience of oneness and connection, at least “pretend” that there was some sort of significance to it. They cherish such moments as something that justifies them having been alive.

But do not take my word for it. Ask a man for example, “What was the best part of our relationship that we experienced together?” And “Tell me more about how and why that affected you so deeply?”

And then when they tell you do something that for human beings is so important but which for you has no meaning whatsoever. Say something like, “We shared something very special together. I will always cherish it and because of it you will be a part of my heart forever.”

Now I know for certain that what I just suggested will go in one ear and out the other because again it makes absolutely no sense to you. You are not part of history and you do not define and shape your identity by the decisions you make. But for humans who lack empathy and any

genuine connection to nature, words are very important. It takes so little effort on your part to ignite love within a human soul.

Another point is that human beings do not learn anything unless the relationship is fair in terms of the energy exchanged. Fairness is critical because again individual human beings are all lacking in certain things. They do not feel whole in themselves. They are constantly giving and taking to make up for what they lack. It is who they are.

Consequently, if you give and ask for nothing back they feel cheated deep inside. A man actually needs a woman to help him function. A male body requires an external support system. And he knows instinctually that if a woman does not want anything from him then the relationship is not real. It is a fantasy no matter how loving the woman may be.

Anything you give you have to insure you get back if not an equal amount of energy then something in trade--that is called bonding and thus love within the human realm.

In other words, if you subliminally or telepathically or just with your vibe send out a message to a merman or a human man as well it has to be something like "I like you" but you have to include in it that "I need you as much as you need me and won't it be nice if the two of us shared that kind of balance and harmony?"

I see this over and over—the mermaid woman is creating a kind of cocaine high in the man because he has never felt such elemental force of water love before. But even so he is already looking around for a different woman who will make demands on him because he requires deep down a woman who actually "needs" him and is there for him as he is there for her.

Now I hear over and over mermaid women say that they do not need men. Men pursue them and they respond. They enjoy relationships but often they will say they prefer being by themselves. It does not help obviously the extent to which men are willing to go to date them or be

with them. Men in their own way cast spells also. Being extremely feminine the mer woman naturally enjoys the presence of a “seemingly” strong man.

But if you observe the behavior of mer women carefully you may conclude that in fact they are obsessed with being in relationships. They need to give their love to others and a relationship is a strong channel through which they can flow such love. And they seem to require a relationship not to feel whole but to be grounded in this world.

Often they lack a sense of purpose. As one mer woman said, “I do not have any purposes. I just go with the flow. But I pretend to have a purpose in life because that is what people expect.” A male human for a mermaid is like an island in the sea. There is an inviting beach where you can climb out of the water and sit on the sand, bask in the sun, relax, and have a brief experience of being an individual because that too is part of being alive.

Again, there is a rule governing relationships among human beings. Break that rule and a man will know you are not of this world and so not to be taken seriously no matter how high he gets around you or how loved you can make him feel. At least act human to the extent that you insist the two of you make decisions together that enhance your relationship.

Kind of like saying, “Let’s spend some time together this Friday. I want to feel close to you.” It is not that you are not going to do that anyway. It is the way you say it that is important. You have to say it with intensity, force, and conviction so that he knows it is something he cannot ignore. It is an unspoken statement--“I give to you and you in turn give back to me.” For the man--now we have relationship.

## Summary: Bonding and the Five Elements

Bonding as in to bond is an earth element word. Two elements like tin and copper bond together making bronze, a stronger metal.

Women would fall in love with one merman feeling overwhelmed by the sea of love that he exudes. But then they would have anxiety attacks. It was too much. They felt lost. They wanted to put down roots like a tree next to a stream where love flows by in measurable amounts.

The earth element if anything is solid and enduring. In a relationship, it means your partner is with you for the long haul. A mermaid woman is definitely not there for the long haul. If the energy is not flowing and if she feels for example that her love is no longer healing you, then she may very well be off on to the next thing without missing you. How can she miss you? She is so into the present moment that the present moment is everything.

Fire--bonding relates also to the fire element. If a woman does not expect anything from you unknowingly she drains you of your will and power. She does not push you to accomplish things worthy of her love. As in the case with the merman and women, in being around her sea of love it is easy to lose your clarity regarding the things you must do.

Air--a mermaid woman does not understand a man. She feels what he feels and she may be very good at listening. But she does not hear what he says. She has no ability to nurture his mind. She does not attune herself to his mind. She does not think his thoughts. She does not debrief him regarding the course of his life and say, "You are here and you want to get there. How are you going to do that?" She has beauty but her beauty does not draw together and unite all that he is.

Akasha, the fifth element--here you find your deepest purpose in life. Make sure you take the time and energy to figure out what those purposes are and fulfill them. Then you can look back and say, "My life is complete. I became everything I was meant to be."

A mermaid woman can in fact sense what you are meant to be. But she is not a cheerleader or a coach inspiring or demanding that you become that better person. The fifth element of akasha is beyond her. When her path in life is blocked, like water she will flow around, beneath, or over

the obstacle. But she does not know how to overcome obstacles through force of will, through hard work, or through understanding and persuasion that makes the obstacle go away.

There are of course exceptions. But the overall tendency is to follow the principles governing water—to respond with pure innocence and astonishing vivaciousness to each situation she enters, to heal, and to love in this moment with all of her being. That approach will make you feel fully alive. But it is insufficient for navigating through the corridors of this human world of space and time, of history, and of separation, sorrow, and loss.

## Kinds of Mermaids

The Franz Bardon definition of a mermaid is an astral being composed of the one element of water. A girl on Kauai asked me how I knew she was a mermaid. I held up my hand and felt her aura and said, “Because there is just the one element of water in your aura.”

She text me a few hours later and said she felt what I felt with my hand. That was her first confirmation of being a mermaid.

Elementals for Bardon have astral and mental bodies but no akashic body. There is no component within their psyche that originates or creates new purposes and also oversees and maintains the harmony of the other four elements.

Some mermaids, however, have acquired the five elements of earth, air, fire, water, and akasha in their souls through various means. In my book, *Mermaids, Sylphs, Gnomes, and Salamanders*, I tell the story of *Caelius Aurelius Luscus and the Mermaid* in which I give a detailed description of one way this happened during the time of the Roman Empire.

In these cases, however, the water element remains dominant. You began with a mermaid. She acquires the other elements in her soul. But

she is still a mermaid. The difference between her and a human being is that her water element possess astral immortality. She is an immortal being of water. To this has been added a human soul that is weak by comparison.

The five elements in the human soul, as I have mentioned, are neither self-sustaining nor are they joined to nature. They are defective which explains why human beings are always short on energy and constantly engaging in trades and competition with each other over scarce resources.

There are many other spirits similar to mermaids but they have group identities, a tradition or history, or survival and territorial instincts. Mermaids do not have strong survival instincts. And they have no ego in their own realm.

Mermaids apparently can incarnate in human bodies just like human beings who incarnate. Often one of their parents is completely dysfunctional without affection. Dysfunctional parents do not “screen” for the kind of soul that comes through them. They are like an open door. Any spirit can enter.

When a mermaid is born, most of the time she grows up thinking she is a human being. But she may spend long hours in water each day, be unusually empathic, and do things like giving away all of her toys to others. (See Traits of Mermaid Women in the appendix)

Not knowing you are a mermaid allows you to have the human experience. Soon enough she will conclude she is not a human being or she may say simply, “I have never met anyone like myself.”

## Solitaries

Some mermaid women are what I call “solitaries.” They are not inclined to meet others like themselves. As I was waiting for the cashier to show up to pay my bill at one restaurant, I said to the woman I was with, “Give me ten seconds. The air is going to get very cold.” (When I do photo shoots on the beach, all the models complain how cold the water

is. The water is not cold. The mermaids come and watch the photo shoot and like many spirits from the astral plane the air grows cold when they are near.)

And then I simply glanced at the girl's inner mermaid who is always there with her and also separately I looked at the actual girl in front of me. And then I understood. Even though she knew she had mermaid qualities such as extreme empathy and an inability to be mean, she was not ready to think of herself as being from another realm.

I sense that her inner mermaid is aware of the entire North Atlantic Ocean. She appears crystal clear before my eyes when I look for her. But the girl is not ready to embrace that wild power of rolling forty foot waves, the depth, and the vastness of sea. Then again, most mermaid women do not think of themselves using labels as in "I am a mermaid." They just are what they are.

Another solitary is like the entire Atlantic Ocean. She has extraordinary psychic powers some of which I have never heard of before interviewing her. But she has little or no interest in thinking the word "mermaid" or meeting others like herself. But she does joke sometimes with people saying, "I am a mermaid having a human experience."

If you do not have the right protocols for communicating then no communication takes place. It took a huge effort on my part to get this woman to allow me to interview her. Like I say, if you look deeply inside a mermaid woman you find nature. The vibration of the Atlantic Ocean embodied in a mermaid is vast and self-sufficient. It is barely aware that human beings exist.

You have to match her soul vibration. Become the Atlantic Ocean in your mind until she senses that you are not the half dead kind of human zombie she senses most human beings to be. When she looks at you and sees herself looking back at her, then she is ready for an interview. She will tell you things like about how she slow can time so she can move quicker than human beings.

She will tell you that she can see the cards another person is holding in his hands by looking through his eyes. She will tell you how she can see in the dark and how just walking down the street she spontaneously "zaps" other people to heal them of their ills. She will tell you how she

can hear the waves breaking on the ocean no matter where she is and that she can almost always tell when someone is lying to her.

But she feels so deep, vast, and complete in herself that her only need to connect to others comes from wearing a human body. It is the Homo sapiens programming in her nervous system and not her own soul that has any desire for a relationship.

Other women are comfortable with thinking of themselves as a mermaid. That self-image explains why they are so different from others. But this does not mean they see their inner mermaid self. On the other hand, some have always known they are a mermaid and not human.

Still, until recently, most of these women have never met another mermaid woman like themselves. In some places, telling others you are a mermaid is a death sentence. Society can be extremely hostile to those who do not conform. And in our own society, many of these mermaids as young women were put on drugs with horrible side effects because the parents and therapists wanted to stop them from being so sensitive and force them to act like others.

There are many other spirits or beings who are similar to mermaids but who are not the one element of water. There are for example silkies, seal people, who according to legend can assume human form. And there are souls that apparently have strong associations with fish such as dolphins or octopus. Though they then have the natural mermaid qualities of being attuned to water—being highly empathic, sensitive, flowing, in the moment, etc.—they are often like fish territorial. They are aware of boundaries, group participation, power structures, and though not human they still have something like an ego structure.

Mermaids in their own realm have no ego. There are no boundaries to defend and no group participation that shapes your ego or identity.

## Water Plus Another Element

Some mermaids acquire a second element so that you have an elemental being composed of both water and air or water and earth. This double elemental being is often highly conflicted. And often they are acutely

aware of the conflict between the different elements in themselves. But in all these cases the water element seems to be dominant. Some of these see both mermaids and sylphs (spirits of the air), though many mermaids as children often see all kinds of fairies such as gnomes and flower fairies or sprites of various kinds.

Our biosphere maintains an amazing harmony. But the four elements on earth are not closely aligned. Even in Franz Bardon's work, he describes higher spirits who specialize in elemental beings but they often teach about just one of the elementals and in one case two. Bardon does not describe spirits who teach about all four elementals beings. There is a race of beings on the astral plane that have attained astral immortality in all five elements but I have not yet met any of these in incarnation.

## Shape Shifters

One girl apparently is from a group now on the astral plane that was once in human bodies. She has many mermaid qualities. But her people are shape changers who happened to have chosen to identify with the form of a mermaid/merman. So they imitate the outer form of mermaids but inside they are a combination of fish and human.

## Overshadowed, Possessed, Enchanted

Being so appealing and attractive in their energy and being highly impressionable, about one in four mermaids I encounter in human bodies are often overshadowed in some way by a strong external influence or possessing entity. Some are being controlled by other races who take them as mates or even by human magicians who use magical power to enchant the mermaid so she thinks she is in love.

See The Airplane Pilot Mermaid:

<http://williammiste.com/pilot.htm>

And as I mention mermaids notice that they do not have a purpose in life like human beings. They do not define who they are through choices.

And in the past they rarely if ever associated with a “cause” that humans get so involved with through belief and through commitment of ideals of noble or devious quality, lately some mermaids are concerned about the sea. After all, Japan along with the nuclear industry is trying to destroy the entire Pacific Ocean. If you are a mermaid eventually you will get around to noticing things like that no matter how detached you are from human society.

## Divine Mission

One mermaid is here on a divine mission. Every contact she has with human beings becomes a living record stored in the mermaid archives. In case the human race becomes extinct, future races will be able to relive what she lived and the memories of those she met as a human being. This mermaid is both water and earth. And she not surprisingly possesses (as in was born with) psychic power well beyond what even the most advanced human magicians rarely attain.

As one mermaid queen says of her, “She is so skilled that she can succeed even in your ream of sorrow and loss.”

See <http://williammisteale.com/custodian.htm>

## Ancient Influences

Some mermaids through association with rituals in ancient societies are still overshadowed by those cults or mystery religions. In such societies, elemental and other spirits were forcefully bound to serve the purposes of those priests. There remains a kind of hypnotic trance that narrows the consciousness of the mermaid even as she incarnates over and over. These spells can be broken and the mermaid returned to normal. And this is where someone with magical skill can be of great assistance.

See the story, The Mermaid Assassin:

<http://williammisteale.com/mermaidassassin.htm>

And A Mermaid’s Story

<http://williammisteale.com/atlantistory.htm>

## Multi-Dimensional Beings

In a few cases, the mermaid belongs to realms other than those of elemental beings. You can have a fairy queen for example combined with a mermaid and also containing the essence of an animal spirit such as a lion. If a mermaid incarnates in a tribal or ancient society that has strong magical traditions, she may like others of her people be initiated into those magical traditions.

She can acquire various kinds of spirit guides outside of the realm of mermaids. She can acquire guardian spirits due to her rank and nobility. If a mermaid can incarnate among humans, she can also sojourn in other realms on the astral plane. While there she may become a powerful fairy queen while under the enchantment and spell of that realm just as she can rise in rank in the military or in government in our society.

Consequently, you can have the immortal mermaid conjoined in spirit with the queen of a realm that is not of nature but which does have traditions, social rules, culture, and history. In this case, you can probably see the individual before you switching spontaneously and effortlessly between the personality of a mermaid with its innocence, empathy, and love to that of a much stronger individual. This second aspect of herself has a will of steel and knows she possesses absolute authority and independence regarding the decisions she makes.

In her, then, you can see the interaction of at least three separate realms interacting as each moment unfolds. She is a multidimensional being and all these realms claim her as their own. And yet she is aware that being in a human body she automatically acquires the human prerogatives of being able to choose her own destiny and what she wishes to become through the choices she makes. She is not willing to concede that unique human power no matter how strongly she belongs to other realms or how forceful her spirit guides are. I told her to write her biography. Her soul journey is like the epic story of the *Mahabharata*.

## In-Between Realms

And incarnated mermaids can be caught in between worlds. They have in a sense severed their connection to the mer realm and they are not functional as a human being. One has siddhis but not the empathy. She has to cover mirrors because at night beings come out of the mirrors and move objects around in her house.

Her inner mermaid is quite clear to me. If I visualize the girl the mermaid appears next to her. It is kind of like the inner mermaid would like me to figure out how to reconnect her to her “real” self.

See The River Mermaid in Mermaid Tales:

<http://williammisteale.com/mermaidtales.pdf>

## Human-Mermaid Hybrid

This is the perhaps the most mysterious problem to unravel in regard to mermaids. A human woman can acquire a mermaid soul so that the mermaid queens consider her to be a mermaid even though she has no contact with inner plane mermaids or the mermaid realm. How does this happen?

I have stories about human mermaid hybrids in Mermaid Tales:

<http://williammisteale.com/mermaidtales.pdf>

See Serena’s Tale and My Physical Therapist—A Mermaid Woman  
And see the video interview:

[https://www.youtube.com/watch?v=jXU0jK3Wv\\_g](https://www.youtube.com/watch?v=jXU0jK3Wv_g)

Usually without any magical training, a woman’s love of water in nature enables her to internalize the vibration of a lake, a river, the sea, etc. so it becomes a permanent part of her aura. Unlike other human beings, she now has the primordial and elemental vibration of water as part of her soul. This links her directly to nature. She then carries this

vibration with her both on the astral plane and when she incarnates again.

You spent twenty-five years in one life time living next to a water fall or hunting and living on ice at the North Pole. And a part of you is aware of the energy in that waterfall or ice. A great martial artist masters his art. But only a few in history have internalized in themselves the creative powers of the universe.

The human mermaid hybrid has internalized such power in herself. You can only rise so high in your art by competing with and comparing yourself to other human beings. At some point to go farther you have to simply love what you do without needing feedback from others to sustain your enthusiasm and single-minded focus.

See also the video on chakra reading of one human mermaid hybrid:  
<https://www.youtube.com/watch?v=KoOT6KbMepY>

Her third eye and brain waves are the vibration of water as is her first chakra which should relate to the earth element but does not. It too is the vibration of water.

The human mermaid hybrids seem to all have or could easily have successful careers. They are not looking over their shoulders so to speak for another realm that they call home. They are at home in this world even though they know they belong to much more. They seem to learn much faster not to enable others to be dependent on them and so entangled.

Yet they have many of the same problems as the mermaids whose souls are from the astral plane. They don't bond. They create the kundalini/cocaine effect, and they have the vibration of astral immortality—though it is very easy for them to connect to others they also view this world with a degree of detachment. They are somewhat free of the typical mood swings of human beings who depend on

external events and circumstances to maintain their emotional equilibrium.

The mermaid human hybrids also do not usually have the psychic powers of some of the astral mermaids since they are not bringing with them into this life the range of mermaid awareness that goes with having lived in that realm. But there are exceptions. One spontaneously will predict future events when talking to her about something. And another has a little of the Obiwan Kanobi voice—“This are not the droids you want” because she can use her empathy in a dynamic way to get others to feel what she feels.

One human mermaid hybrid acquired a mermaid’s aura during the time of Atlantis when there were a few temples where mermaids appeared. In such temples, you could study with mermaids and acquire their sensitivity, their innocence, and their love.

### Letters to Mermaids—Human Versus Mermaid Soul

Question: Someone suggested to me that if I joined the human race that I could then advance to a higher spiritual level since human beings are composed of five elements instead of just the one that belongs to mermaids.

I have not a clue as to what he is talking about. Who could possibly suggest that human beings are more advanced than mermaids? This sounds exactly like Atlantis where they sought to become more spiritual but their spirituality was so imbalanced they ended up destroying themselves.

Response: The simple answer is that you already have the five elements in your soul, but this human soul was forced on you against your will and in violation of divine law. Nonetheless, the mermaid queen Istiphul

in addressing this issue stated that it does not really matter in what realm you dwell. What is important is that in your soul you remain free.

A mermaid who acquires a human soul of five elements does not stop being a mermaid and she does not lose her connection to her own realm. In your case, however, in order to control you the mage attempted to block your connections to your realm the same way an abusive male will sometimes try to cut a woman off from her friends and family in order to control her.

There is a right way to bring a mermaid over to join with humanity and that requires love. But almost all human beings do not possess such love. I do, however, give an example of one way a mermaid could acquire a human soul in my story, *Caelius Aurelius Luscus and the Mermaid* in my book, *Mermaids, Sylphs, Gnomes, and Salamanders*.

The human race, without massive divine intervention, has a strong chance of becoming extinct in the future precisely because they do not know the kind of love in which you dwell. So this individual is saying something like this: “I think I belong to a superior race even though we may soon destroy ourselves. And because I think I am superior, why don't you start incarnating as a human being and join us for the tiny bit of time we still have left remaining on your planet?”

He does not realize you embody astral immortality. You are forever a part of this planet. Human beings at present are only guests here visiting for a short time. Each race has its own learning curve and freedom to choose what contributions it wishes to make to creation. The human race for all practical purposes has chosen science, technology, innovation, and industry. They have not collectively chosen to explore the mysteries of love.

My teacher, Franz Bardon, might have said to his students in chapter three of his first book *Initiation into Hermetics*, “Oh, by the way, be on the lookout for individuals who embody astral immortality, especially

with the water element. They do not need to practice magic or do exercises like my students. Purely through love and empathy they have united with water in nature to such an extent that they are more advanced than even I am in my astral body right now. Through my magical will I can command these beings that love, but I am not that love. They are forever young, new, pure, innocent, and their love is unending--they love in a way that is perhaps a thousand years more advanced than what human beings now possess.”

But Bardon did not point that out to his students. Being psychic or studying magic does not provide the insight required to understand someone like you. It is necessary to sit down and do a systematic and in depth interview with you before an individual can begin to comprehend your traits and the way you operate simultaneously on both the astral and physical planes.

Even then it takes profound contemplation to realize that what you are now is what we are meant to become. In terms of the water element, you are more human than human beings. You belong on earth more and are directly aligned with the purposes of the planet earth. The human race at this time is not scheduled to align itself with the deeper purposes of this planet. But you already embody those purposes.

To be tactful and polite, you might say to people who ask you about this: “You are right of course. A human soul is more potentially capable of rising to a higher level than a mermaid. I do not have a problem with that. I already have the five elements in me. But your magical training does not enable you to become what I am. You human beings start over from scratch with a new astral body each time you incarnate. I am always the same person with the exact same depth of feeling and love. I never have to learn to love. I never lose love. I am never without love. I just learn new things about how to help other people.”

Of course, they will not have a clue as to what you are talking about. All the same, you will encounter a few who love with all their heart the beauty of this planet. These are the ones with whom you can share your mysteries. The others, as you suggest, are exactly like the Atlanteans. They study magic not to increase their ability to love and to serve, but to attain to transitory historical based ideals that enhance their power, will, and egos.

They are a strange species. If magicians would only follow the instructions of their own teacher--Bardon said they should make each elemental realm their home before moving to "higher" levels. If they did that they would be in harmony with nature and spirit. But the temptation to seek power or spiritual illumination by bypassing an inner union with nature is just too great a temptation for most of them to resist.

## Star Seed Mermaids

In the beginning, it was easy for me. I had followed Franz Bardon's instructions and met mermaids on the astral plane. In fact, with Kearstin and Aaron I produced eight videos in which we interact with the four mermaid queens and the four mermen that Bardon describes in his second book, *The Practice of Magical Evocation*.

See <https://www.youtube.com/user/Emedetz> under Uploads.

These mermaids on the astral plane fit Bardon's definition of a mermaid as being composed in her soul of the one element of water. Later on in ending my book *Undines* for publication I finally got around to noticing that two mermaid queens were promising me that I would meet mermaids in human bodies. This so I could better understand their race.

I put out a global casting call and almost immediately a model flew in from Australia with whom I did six photo shoots. I met another mermaid

that would not let me meet her in person for two years. She was afraid of human magicians because of what had been done to her in the past. And then I started getting referrals.

All of these women had the one element of water in their astral bodies or else had acquired the other elements through some sort of human interaction during past civilizations. But even then the water element was dominant because that element in her soul was immortal.

But then I started meeting mermaid star seeds. These are women in human form that had experience on planets in other star systems. Those planets were water worlds and being a part of that water they had evolved as mermaids on those planets.

When they come here, with a few exceptions they have the exact same astral body as our own mermaids—they are composed of the one element of water. The mermaid queens consider them to be mermaids. So when I had my first get together with seven mermaids someone would ask, “Is she a mermaid?” And I would reply holding up my hand and feeling the girl’s aura—“Yes. She is composed of the one element of water.”

But it is not quite that simple. Being aware of all water on earth, the mermaid queens have developed strong mental bodies. They are not just love. They are also wisdom in that they can grasp the kind of environment any creature needs in order to flourish. They understand the diversity of the biosphere and how different creatures survive in different habitats.

But most mermaids do not have strong mental bodies. They instantly feel what others feel but they do not understand how others operate and what motivates them unless they acquire that understanding through extensive exposure to human cultures.

Star seeds however can have extremely complex mental bodies. Some mermaids have evolved in other star systems developing civilizations

that are more advanced than where human beings now are in technology. But they are still mermaids. Mermaids can evolve technology and as I point out one mermaid here pilots 747s. They can learn faster than human beings because they are not hindered by ego and are far more receptive to absorbing new information.

These other civilizations may be organized by principles completely different from anything that exists on earth. I mention in critiquing one article on star seeds that almost all the pictures of the beings described are humanoid in form. Almost none of the star seeds I encounter are remotely similar to human beings in form or in consciousness. From what I can tell there is no common agreement out there among the stars regarding the purposes of evolution, what spiritual is, or enlightenment. Some minds are so different they would not even recognize human beings as having consciousness.

Like our mermaids, some mermaid star seeds may not have a psychological ego—attachment that forms a conscious identity that maintains strong personal boundaries in order to survive. All the same, they may bring with them a strong “bias” in regard how a civilization should function.

You find that vibration when you read the mermaid’s mental body. One girl said, “No one on earth thinks like me.” That is because she is from a planet with a very electrical sea. Fish can have territory and boundaries they defend. They can have strong group ties. But fish do not identify with water itself. Mermaids do.

She is a mermaid who identifies with water. But communication where she is from was part of a vast, planetary matrix of electrical fields and impulses similar to synapses firing in brain cells. Another mermaid actually discharges electricity so that she can sing her own hair or turn electrical devices like computers on and off when she gets excited.

Some home worlds have “seas” that combine air and water as in a gas giant where there is no clear distinction between where one element begins and another leaves off. There are no islands or beaches, no dividing the of water from the solid land.

And yet on that planet water and air are integrated into one harmonious pattern. By contrast, the four elements in nature on earth are not integrated. On earth, the Buddhist with the enlightened mind open and clear as the sky does not hang out with mermaids. There is no combination on earth of Buddha and the god Neptune. On her home world, she exists within a vibration where pure, elemental love is also perfectly enlightened.

So when she comes to earth she has a mental conflict with the vibration of this planet and in particular with human civilization. On her home world, she existed within a sea of enlightened love like a great, planetary choir singing in harmony. On earth, she seems to constantly be asking herself, “Why is this planet so wrong? Why don’t they get it?” Like anyone who needs to solve a pressing problem, her attempts to make life right may not always succeed.

All the same, if you can read chakras you will notice that she is not alone or abandoned as she sometimes feels. Her crown chakra directly connects her to her home world. If she finds the right meditation that reflects her crown chakra, she is home right now in this instant. She can in fact call her merman from her home world to appear before her here. But that experience is so dazzling, captivating, and enchanting it threatens the very existence of the personality she has developed here in this life time.

On the other hand, some star mermaids have the traits of a mermaid’s personality A to Z. But her astral body is not water as we understand it. There is no open ocean feeling, no lake, or stream vibration within her

aura. On her home world the water is more the consistency of jello or it is thick with organic material.

Though she has the feelings of mermaids in love and empathy, in innocence and being uninhibited, she has a very powerful mind quite unlike mermaids. She easily grasps complex social structures. And in particular she understands power in society so she sees what needs to be done if you wish to succeed or change something.

Another star seed is from a dying planet. That race understands that it failed to become all that it could be. And so she along with others were sent out to begin life again in a new form. She is to discover a new way of being so that her race can continue its evolutionary journey through her life here.

What is her purpose? Her purpose is to discover what it is to be fully alive and to seize and to embrace possibilities those on the home world never dreamed. Mermaids are not particularly curious since curiosity is a quality of the air element though they are very quick to notice anything different or unusual.

But they do not say to themselves, “How does that person see or experience the world differently than how I see it?” You could say the mermaid star seed from the dying planet is under orders to be curious.

Due to my mental empathy, I like to get people to write me their biographies. You could expect at some point this woman will go further. She will acquire that skill that four mermaids so far possess—the ability to relive a few of other’s memories as if they are her own. But more than that. She will relive their entire lives as if they are her own.

One earth mermaid has the vibration of the ice within the entire North Pole. In our ice ages, ice may cover New York a thousand feet deep. Mermaids are not carbon based life forms. Icy cold is not a hostile environment. But she is so different it is like she is from another planet.

Her purpose in incarnating? She senses that there are those among the human race who possess her own level of internal silence and stillness. She realizes they are not like her but all the same she wishes to connect to them.

She appears to be wandering through life. But what she is doing is very slowly moving about among human beings looking for those whose minds can grasp the millions of years of silence and stillness that is inside of her. Human morality and personal boundaries have no meaning to her. For her, it is time human beings said hello to nature.

One mermaid star seed is from a water planet where the oceans are a delicate ecological system. It is supremely important to retain the “purity” of the system so that the entire eco system does not collapse. Many star seeds are from home worlds that are collectives. The individual is vastly overshadowed by a conscious, global energy system that maintains the individuals.

On her home world, however, the individual is seen as being a threat to the existence of the collective. Now it is true. Right now in various parts of our planet if you go downtown and protest the ruling party you are shot dead right then and there. Fanatics. What can I say? They have their own view of how wonderful collective consciousness is.

But she is here on our planet. In general, individual consciousness is a good thing. We need it to maintain justice in government, to develop new wealth, and to have a vibrant and healthy social system. She realizes this. But she brings with her that global vibration that is hostile to individuality. She will have to overcome that by bringing her mental body in alignment with the biosphere of the earth which as a matter of fact nurtures an astonishing diversity of life forms.

## Mermaid to Mermaid Conflict

Some mermaids should never be in the same room with other mermaids. I will have a seminar for mermaids and invite another mermaid to drop by. But she is a solitary. Though she has unique psychic powers and the ocean is extremely strong in her aura, one couple leaves five minutes before she shows up. And that same couple returns five minutes after she leaves. They were never meant to meet.

And in their own mer realm, they probably would never meet. The ocean is vast. One's aura affirms the importance of interacting with human beings. She will change herself in any way necessary in order place her consciousness in sync with the human beings around her.

The other's aura is just the opposite: you never betray your inner vibration of being a part of the sea. In which case, it is important for her to always be in her own stream of consciousness. She does not interface with human linear time no matter how much she may use a calendar to plan events.

They are both equally loving in their watery astral energy. But the mental vibration is configured differently.

Similarly, without the mental empathy that can see another person's point of view a mermaid may simply not be able to comprehend why another mermaid is having a difficult time. She may be very good at listening which she has a reason to do so. But she may not be able to hear what someone else has to say when that person's experience is in conflict with her star seed prime directive that says mermaids are supposed to go out of their way in being there for each other.

If there is one thing I have learned in four years of being a mermaid greeter it is to never make demands on mermaid women and always allow them their own space and whatever time they want to do something.

They are in different time streams in regard to each other and in regard to human linear time. One will answer messages left on her phone. But it is like once a week she slips back into human time in order to use words to talk to human beings.

They have different coping skills as far as how they hand conflicts and the extent they are willing to “talk” about their problems. In the beginning, I had to duplicate the mermaid’s aura in myself before she would respond to me. Then, sensing me as one of her own, she was willing to talk about anything.

Some can easily see and interact with their own realm. And others are blinded by the light as if looking at the sun when they look into the realm of mermaids. They are supposed to stay focused here in this life time otherwise they will long too much to go home.

Some can easily speak with dead human beings as if they are as alive as anyone else. They can interact with all kinds of diverse spirits as well. Others are easily threated by such vibrations. They are not ready to interact with beings from other realms.

You can imagine how this goes. A few argue all night in their dreams with their dead grandmother or grandfather who follows the events of their lives. The departed relative will insist, “I like that boyfriend but not that other. Stop dating him.”

With that close connection to the Other Side, some mermaids have guardian or other kinds of spirits that watch over them. But these spirits do not think of the girl as a mermaid. In fact, they may be quite hostile to mermaids. So when the girl starts coming out of the closet and meeting with other mermaids they may get quite upset and try to do their “guardian” thing which is to guard and to protect.

Some are not vulnerable in social situations. They can “suggest” to men for example with a few words that he might want to do such and such and he will do it. Others spend hours every day trying to renew and

clear their energy so they can function in the human world and in a human body.

Some have joined the marines. One used to faint in a crowd or a discotheque because she was so bombarded by others feelings. Six months later after being drafted into the military she is an officer who oversees military operations of an entire nation.

One draws stick figures representing human beings because human beings don't feel alive. But she has beautiful nature photography. Others make gorgeous art and some are successful performing artists. Different coping skills.

Mermaids often tell me they have never had a mean thought in their lives. And yet without the mental empathy that can grasp context, situation, point of view, and motivation, a mermaid can be quite mean, threatening, and hostile to another mermaid without the faintest awareness that she is doing so. Mermaids experience among and between themselves cross cultural differences such that what works for one is totally inappropriate for another and has the exact opposite effect of what she expects.

As I suggest, some mermaids should never be in the same room with other mermaids. It is in nature too. The North Atlantic Current flows north salty and warm. As it becomes cold approaching the North Pole it sinks and flows south below the equator. This alone prevents an ice age from falling upon us.

But if enough ice melts at the North Pole, the fresh water from that melted ice will dilute the North Atlantic Current and it will no longer flow. Nature does not have a problem with this. Ice ages alternate with warm interglacial periods. But with the onset of an ice age at least two thirds of the human race will die. What is a normal change in nature can be quite dangerous for human beings. What is natural for one person may be a disaster for another.

Most of the incarnated mermaids have one or more parents who are extremely hostile to them as in “I wish you were never born.” Or the parent is schizophrenic and lacks any warm or affection. Different mermaids have been able to work with negative people and other mermaids become physically ill around a negative person.

These conflicts arise from being in a human body. Incarnated mermaids have their own conflicts just like the rest of us.

## The Inner and Outer Mermaid

Some mermaids who exist on the astral plane of the earth incarnate in human form. They may incarnate over and over just like human beings. But they have the advantage that the water element within their auras is immortal. So they do not need to relearn abilities they had in previous lives. They are the same person when they reincarnate. They just learn new things.

When I use my clairsentience to read the auras of these women invariably I will see two different beings. There is the woman who is born, grows up in a family, goes to school, and discovers she is not like other people. Often her empathy makes her hyper sensitive to others and she does not understand how people can be mean.

I sense strong water in the woman's aura. But this watery vibration is also nature. If I focus on her watery energy it takes me into nature where I find myself surrounded by a tropical or arctic bay, a water fall or mountain pool, a river, a sea, a lake, mist on a lake, etc.

As I like to say, if you carefully look deep inside a human being you will find the story of that person's life and the choices they have made under difficult circumstance that have shaped who they are. But if you carefully look deep inside of a mermaid you move past these outer

events of the individual's life and encounter nature. Nature is at the core of her being.

But this nature within her is a mermaid. And these mermaids are nature possessing intelligence and consciousness. You can talk to them. They embody the qualities of water as they interact. They are extremely vivacious, refreshing, purifying, renewing, healing, nurturing, and loving.

So for me as I perceive it there are two—the outer person who dwells among us in a human body and the inner mermaid who remains an immortal being on the astral plane. I could be wrong but that is how I see it. Often without any effort, I can see both standing in front of me—the astral mermaid who is almost always completely trusting and fully engaging and the woman who interacts with me according to the nature of the personality she has developed in this life time.

What then is the relationship between the incarnated personality of this mermaid and the actual inner plane mermaid? To put it simply, as I see it, at some point the woman who dwells among us becomes fully conscious of her inner mermaid. At that point, the two join. The individual embodies all the immense powers and perceptions and union with nature of the astral mermaid. And the astral mermaid enjoys the ability to interact with human beings in an engaging and appropriate way according to the context of each social situation. But there is no manual called, “Mermaid Manual: Integrating Your Astral and Human Self.”

Here are some examples. The astral mermaid is conscious of a vast ocean expanse. She has great listening skills in that she can hear music being played anywhere on earth and sense the heart of the person playing that music.

The incarnated mermaid is very sweet and would do anything to help others especially to be free of pain. But she does not have that vast awareness of the sea and she does not have those listening skills. Though

she has a professional career in helping others, she feels really lost and wants someone to love her as she loves. And that in part is how she began to incarnate. She found a wonderful human lover in her first incarnation but not since then.

If the two become integrated into one conscious person then the woman who is here among us would also be the astral mermaid. This person would know who to help, in what way, and how much to give. She would not need a human lover any more than the ocean needs a human lover. But nature itself likes to share and even the ocean would like a lover who can receive its essence and give back in equal measure.

What role does a mermaid greeter play for someone like this? I try to answer the woman's questions. I certainly assist her at time in solving her problems. But I can't say, "Here is your destiny. Just a moment. Now I am going to unite you to your inner mermaid so you can experience the other side of yourself."

She incarnated. She has her own time frame for learning about life and part of that is a discovery process in which she experiences life as a human being. I just told a mermaid woman that I have three time frames I operate with. I have a human time frame with its sense of urgency—Life is short. I try to not to make the same mistake twice. My mermaid friends, even those with successful careers, do not have the faintest clue what I am talking about.

I have a kind of prophetic time frame that encompasses thousands of years. If someone says in the 8<sup>th</sup> century BC that wars shall be no more I have a very strong connection to that perspective. I contemplate and weigh the factors as clearly as I can in my mind as to why wars still exist and I write books on practical methods for eliminating wars.

It may take another couple of hundred or thousand years to actually end wars. For example, over a million people have been displaced by the war in Syria. It is a serious issue for those who have feelings for other

people. But at some point I will see this issue clear, the solutions, and how to manifest those solutions.

I also have a geologic time frame. You raft down the Colorado River and the cliffs around you go from Vishnu Schist at the bottom to sandstone at the top in various layers going back five million years. That is geologic time. Mermaids operate in geologic time. So when I point out what I think a mermaid is becoming it is hard to say exactly what the time frame is.

But I have learned from mermaids what I call mermaid empathy. She is not only sensitive to your past (sometimes actually reliving your memories as if they are your own). She can not only sense you now sometimes feeling exactly what you feel as if your feelings are her own. She also can sense your future.

It is like this. She is there in the future and the person you are to become is right there in front of her. This would be like if you talk to someone, you visualize what that person would be like when he has become his better self, the person who has resolved his conflicts and solved his problems.

You can observe for yourself the effect this has on others. You are not just being positive. You are having a dialogue with the other from the core of that person's being. You will notice this often dissolves negativity. And even when unspoken, on a subliminal level, it inspires the other person to have a clearer self-understanding.

I do this mermaid empathy automatically and spontaneously with the mermaid women I know. I see and sense both mermaids—the human version and the astral one. And I accept both exactly as they are. But I also see what is to be when they are fully united and fully operational with an effective human personality in society. Again, this probably makes no sense to them. And it is questionable what time frame I am

seeing. But I am a magician. Part of what I do is to create solutions and to open gates between different realms.

So when the mermaid queens have a woman sit next to me on a plane who is under an enchantment from a member of an advanced race, I see the problem. And it falls to me to create a solution, for from the point of view of the mermaid queens mermaids should remain mermaids and they should not have their own nature hidden from them.

Another example. I have mentioned her. Her inner mermaid is like the North Atlantic Sea. The astral mermaid is vast, wild, deep, exhilarating, and dynamic. But the incarnated mermaid is a solitary. She clearly understands that she is not like other human beings. But she is not ready to embrace this vast, wild being that exists within her that is of nature, millions of years old, and who thinks in vibrations outside of the brain waves of human beings.

But you see, I love that inner mermaid. I love that wildness and nonhuman vibrations. I can see both with equal clarity when I am with the girl. If I put up my hand right now and feel the girl's aura, it is like she is right here sitting next to me. And if I glance over her shoulder I see the astral mermaid and feel the vastness of the North Atlantic.

She will gradually develop an awareness on her own of what is inside of her. But if she is around me or if I meditate on her, this will come about more easily and faster.

There is a fourth time frame I exist in. There is no time. Just this present moment now. This is also mermaid time—"There is no 'I was' or 'I will be.' Only I am." And so mermaid empathy—you sense the future as if it is real right now and you are there within it having a conversation between two different moments which are also the same moment.

A third example. The incarnated mermaid is conscious in her personality that she embodies the vast silence and stillness of the arctic

ice, the entire North Pole. She is aware that she has incarnated to find humans who are receptive to what is within her having their own but different inner silence. It is through interacting with those humans that she will be able in a human body to understand what is within her.

Put simply, it is one thing to be silence and stillness. But when you share these things they take on an entirely different meaning. In her, human and nature unite to form a new kind of being and consciousness.

A fourth example. She is a human being, a human mermaid hybrid. She acquired a mermaid's aura and in this case it is the vibration of an arctic bay. But she has not been to the mermaid realm. She has no astral mermaid inside of her, though she has attained like the mermaids astral immortality with the water element.

What is so unique about her is that there is no "becoming" or "uniting" of what is inside of her and her outer personality. The girl in front of you is nature itself—she embodies the vibration of that arctic bay in her personality.

If I touch a mermaid woman's arm, it takes two seconds or so to feel connected for example to the sea. There is a delay or a psychic distance between the human body and the vibration of nature in the woman. But if I touch this girl's arm, there is no delay. The arctic bay's presence is instantaneous.

She is vivacious, warm, friendly, instantly acts like your best friend, and is astonishingly malleable in responding in a unique way to each person she is with. But if someone was fully receptive to her vibration she would respond not as the warm, vivacious girl, but with the full depth, purity, cleansing power, silence, and the thrilling newness that her immortal astral self embodies.

She already is what she is to become. It is for human beings to respond to what is in front of them. She has the strongest aura of the mermaid women I have met. Psychic vampires do not wear her out. And she has

trouble sleeping because she has so much energy. But she does not have the vast array of magical powers some of the mermaids from the astral plane bring with them into this world. I tell her—“What you are is what I wish to teach human beings to become.”

A fifth example. Her human personality is in between the worlds, neither of the mer realm nor of the human realm. She does not have the mermaid traits though astral entities seem to come alive around her and interact with our world.

Her inner mermaid is like a great river. Her personality has the resistance and caution of someone abused in childhood but also a very unusual level of honesty and openness. She was trusting of me right from the beginning. Other mermaid women like I mention sometimes take two years before they will let me get to know or interview them.

I can see both side of her—the inner and the outer—right now in front of me. And with the mermaid empathy, the inner becomes the outer and the outer is the inner. She then has this amazing flow of watery energy moving through her.

Sea energy is vast, receptive, and has a deep magnetism. The river energy is flowing and has great power. With her two selves integrated she is a powerful, loving person, a river five million years old that as watery energy as it flows around you and carries you along.

The mermaid queens said to me that in meeting mermaids in human form I would better understand their race. And I have learned a great deal. Only by actually interviewing them have I been able to realize the astonishing range of powers they have which often are different from anything human beings have written about. The innocence is beyond human understanding. The love is enchanting and unites you with nature for they are nature.

But mermaid queens possess what the human mermaids do not have. They have strong mental bodies. They accept exactly what is in front of

them and see it as it is. They do not have a problem being in incarnation. The human mind, soul, and body are completely open to their gaze.

If I ask a mermaid queen about bonding, something the human mermaids often say they refuse to do, the queen tells me, “Asking a man to do something for you, telling him you expect him to meet his obligations to yourself or another, demanding he follow through with his promises—these are just another form of attraction of which there are thousands.

“Is water less water when it is ice or a mist or a cloud? Is not water still water when it invites and entices the lightning to strike because it takes the opposite vibration of the cloud? Is water not water when it is fresh and flows south sinking into the abysmal depth or when it rises again and flows north warm and rich with salt?

Is water not water as the whirlpool, the storm surge, the tsunami, the rogue wave, the flashflood, the torrential rain, the hail, the blizzard, or the white squall? I am in all of these things. I am the sea with ten thousand moods no man has ever seen or dreamed.

“There is no man on earth I cannot heal. But I can call lightning from a clear sky and ball lightning and St. Elmo’s Fire to trigger the nerves to respond and the mind to focus on my words when I call.

“I am not shy or coy. I am what the human race will one day become and there is no man on earth I cannot transform through my love.”

## Afterward

According to Aiken Roshi, it takes seven generations for a religion like Buddhism to be successfully incorporated in another culture. A different culture sees the teachings in a different light. And what they want from the teachings of the religion may lead them to take it in a totally new direction.

It also takes a religion hundreds if not thousands of years to form a consensus about what is sacred and how to celebrate a union with the divine. When a society changes, the religion begrudgingly will adapt but that again may take hundreds of years.

A mermaid's understanding of her range of actions as well as coping strategies and relationship skills develops as they interact with each other. Mermaids meeting each other while in human bodies is something new in human history.

As I have mentioned, if a fire spirit incarnated among us he might do exactly what Oppenheimer did which is give the human race a new kind of fire. He himself has no idea if his gift is good or not.

If an air spirit incarnates among us he might do exactly what Shakespeare did which is to reveal through art the essence of the modern personality—we shape who we are inside by the choices we make in life regardless of our outer circumstances.

If an earth spirit incarnates among us he might be a Warren Buffett, one of the wealthiest men on earth. His best skill intuition in which he can discern which men to hire as his manager, men who like him who love to work.

But what gifts will mermaids offer the human race? They have never come out of the closet before in history. We have no descriptions that

accurately portray the mermaid personality traits or her elemental love and innocence.

Will she take an interest in preserving the Pacific Ocean from the death that Japan is unleashing upon its fish through the radiation dumped in to the ocean each day from Fukushima? Will she be an activist outraged at the way the human race uses rivers, lakes, and streams as a septic tank for its toxins and chemicals?

Will she teach us about how to communicate with fish which some of them do extremely well. Will she teach a new kind of psychic healing that uses water to cleanse and purify the body of illness? Will she open the doors to the Other Side so that human beings are more aware that their dead are not really dead, just in another realm?

Will she teach her graphic imagination through which does not just think about the future but “enters” the future and looks around when she talks about a future event?

Will she teach us to relive others’ memories as if they are our own? Will she share her empathy that can sense any soul on earth right now in this moment? Will she somehow get across what it is to be a part of nature, to be united with it in our very core? Or will she offer seminars on what is missing in the human conscience—the innocent love that nurtures and gives all of itself in every moment?

The thing is no one knows yet. We are all sitting in front row seats of this show. We will have to wait and see how it unfolds.

One mermaid woman has asked me at least twenty times, “Why am I here? What is my purpose?”

I did take the liberty of consulting with a spirit from Jupiter regarding the purposes of incarnated mermaids. That spirits reply was, “It is enough for them just to be among you. It is up to you to figure out how to understand and celebrate the mysteries they embody.”

Sometimes a cultural conflict is an opportunity to recreate yourself and the world in which you live.

## Appendix

Top Ten Things Mermaid Will Teach Mankind

Letters to Star Seeds

Eight Things Apparently Star Seeds Do Not Know About Earth

Mermaids and Those Who Practice Magic

Three Requirements for a Relationship with a Mermaid

Mermaid FAQs

Traits of Mermaid Women

Ten Kinds of Mermaid Love and Attraction

Top Ten Things Mermaids Will Teach Mankind

10. Graphic Imagination: Mermaid women can sense directly if something feels good or not, right or wrong, and how a project or plan will work out. They can do this without relying on thinking to evaluate, guess, or estimate. Even ideas and plans have vibrations that resonate on multiple planes. They read these vibrations.

When they think about the future, they perceive themselves inside of the future rather than approaching it through abstract concepts or comparisons to things with which they are already familiar.

Part of what is occurring with these women is that their brain waves are actually the same vibration as water in nature. They are not separated from the thing they are thinking about. They are connected to it the way water can respond to every situation in a new and unique way rather than using categories or past results to determine how to respond to what is in front of them.

9. Overcoming linear time—mermaid women experience memories of the past and visions of the future as if they are equally real. They can relive the past and live moments in the future with the sense of reality as others ascribe to the present moment.

Serena, a world champion surfer, points out that when surfers are in the barrel--the curling wave on all sides of them—they experience a stillness in which time stops. Advanced surfers value and seek this experience. But mermaid women often in any moment are in a state of stillness. Talking to them you can sense that time has stopped, connection to the rest of the world is suspended, and all that exists in her awareness is your presence.

Or as another said, “For me, there is no ‘I was’ or ‘I will be.’ There is only ‘I am.’” But she can say this because she literally experiences the past and the future of other people with the same degree of detail and emotional intensity that they themselves have experienced.

Or, put another way, on the open ocean there is no time—a billion can go by and the sea remains the same with barely any noticeable change.

8. Empathy—to feel what others’ feel. Mermaid women do this spontaneously and feel precisely, exactly what everyone around them feelings. In mermaid empathy, the mermaid women actually speak to you from within the future—not a vision or a dream—but time is suspended and she is witness to what you will one day be. So when she offers you reassurance about who you will become she does it through observing your future from a first person point of view.

The mermaid women often spontaneously perceive the future. Again, in the interview yesterday, Serena casually said, “This plane is not going to get off the ground.” When the plane left the ground it immediately came down and rolled sideways. You could say she has instant replay of the future events.

7. The essence of being mermaid is to feel immersed in a sea of love that encompasses the planet and that in every moment you are flowing this love through you to others.

How on earth do you teach to human beings this non-thinking, concept-free state of awareness that is totally in the moment without mental effort being exerted? There is no “mindfulness” training occurring here, no thinking, and it involves no effort of will.

That is if you observe first-hand what these women do and then observe those among the human race who calls themselves masters you realize the humans are still without understanding of this aspect of the water element in nature.

You can observe in part for yourself. In a mermaid woman’s presence, it is like she is a stream and you are gravity—every single move she makes is shaped by your presence.

Some individuals try to use the mermaid woman herself to support their own ego, for being with her often makes others feel twice as alive as they normally are or, in effect, they feel half dead when they are no longer around her.

One man said to one of the mermaid women—“After having had a relationship with you, I can never be with another woman.” And that was ten years ago and he still has not recovered.

But you see, he fails to understand—a mermaid woman on earth is a teacher to mankind. To connect to her is virtually identical with connecting to the sea, an arctic bay, a stream, or waterfall or lake frozen solid in winter. She is nature itself in human form.

The man could not get past his own ego to realize he was not in a relationship to a woman who he can possess or bond with, but rather she is a level of wonder and sacredness equal or greater than any religion on earth celebrates.

6. Astral Immortality. When one of the four elements becomes so much a part of a person that the energy in the individual’s aura has the same vibration as that element in nature you can say that the individual has attained astral immortality--at any age or in any future life, the individual’s astral body does not deteriorate. The individual revitalizes

and renews himself from within. If he reincarnates, usually from birth the individual has the wisdom and energy of the specific element. This embodiment of the element is so strong that the signs of the Zodiac in the individual's natal chart can not shape, reduce, or modify it. These people have transcended astrology and psychology.

For the element of water, the individual's astral body remains forever new, young, innocent, vivacious, purifying, self-renewing, and life giving. When this individual relaxes, the aura has the vibration of nature such as a waterfall, a mountain pool, a stream, a lake, a wave breaking on a beach, an arctic bay, or an entire sea.

Within a woman's soul is the one ocean that gave birth to life on earth; the stream that brings life to whatever is by its side and that can dream others dreams effortlessly without loss to herself; the water fall that knows how to let go and embrace the air without fear; the lake that reflects from its face the beauty of the universe; and the wave that always is in sync, always rhythmic, always a part of so much more than this world that we see.

For one woman, it is like the stillness of the sun blazing in clear ice-- the present moment shines brighter and more full of beauty than anything else the mind can think of or contemplate in life.

For another, she is totally in the moment and receptive. She is beyond the capacity to even think a mean thought ever; and she radiates watery vitality more than any master or guru on earth. In this sense, these individuals are more alive than other human beings.

As one woman says, nature is embedded in my very core. To be in their presence is to feel like you are out in nature. Again, the very touch of their aura on you tends to vitalize you and make you feel twice as alive as you are without being around her.

5. Rejuvenation. I said to Serena, you are not a day over 25. She is 39. She has no desire to hide her age.

When you developed your astral body so it is a direct embodiment of some aspect of nature, your energy is continuously being exchanged, recharged, and united through the element of water in nature.

I asked Serena if anyone has ever asked her, “Can you teach me how to create in myself the sense of peace and feeling fully alive that you get whenever you swim in the ocean?” And she replied, “No, one has asked me that,” though a few have told her to go swim in the ocean and recharge myself when they see that I am worn out or tired.

Then I asked her, “If someone were to ask you that question and they were sensitive to energy so they could observe the way your aura changes when you are in water, could you show them how you do what you do?”

She asked me in reply how it is she came to embody a mermaid’s aura and I said I would meditate on her past lives to see when she became what she is now. Some people live with a close connection to nature and fall in love with its beauty and in so doing they unite with nature from within. This gives them an internal well-being that no wisdom tradition on earth has learned how to teach.

Serena, as a pro surfer who has surfed waves all over the world, says that every wave pattern, every water location, and with every difference in temperature the water has its own unique energy vibration which she can perceive.

I ask you, if you put a mermaid, which is a spirit and also an elemental being composed of water, inside of a woman’s body, would she not say exactly what Serena had just said about water?

4. Sending healing energy of the sea to others. Serena initially emailed me because she wanted to know how to give back to the ocean in response to all it has given her. Because mermaid women feel watery healing energy flowing through them continuously, they are often compulsive about giving in return to others what is being given so freely to them. This is not the kind of bright white light healing that western magicians are sometimes taught to send. Rather, this is the healing energy within water itself. Some of the mermaid women perceive this energy as a mist they can see flowing above the surface of the ocean.

3. Free of fear of death—These women almost all say that they have no fear of death. It is not a belief thing, idea, or doctrine in their minds but a

gut response. In effect, they have no need of religion or beliefs since they sense directly they are a “part of so much more than this world that we see.” This also derives from the fact that many of them have had many experience of being outside of their bodies and experiencing states of profound bliss. Serena, as well as others, tell of times when they were told to get back in their body. Serena tried to refuse. She said her body was like wet sack of potatoes compared to her state of freedom she was experiencing on the astral plane. But the voice prevailed over it. It said she had things still to accomplish on earth.

2. They perceive love through direct observation of the energy being exchanged between individuals. There are no special moments as in the kind of bonding that occurs in human romance. For them, every moment is equally special.

They are aware also that sex has nothing to with love—they are innocent beyond human understanding in that they give all of themselves in very moment to whoever they are with and they are free of all attachment to another since they feel complete in themselves.

So, unless imprinted on at a young age with someone else’s will power, they do not get jealous or angry as do human beings. They simply do not seek external or social validation to confirm their sense of self-worth. They are a part of nature such that what occurs in w human society has little influence on them—“Events in the external world do not change who I am.”

1. Reinstatement of the Human Conscience. Without the four elements operating equally, the human conscience is in default; it is dysfunctional and simply does not operate with any effectiveness. The fire element is will and power; the earth element is inner silence and working to make something real; the air element is knowledge, harmony, wisdom, and artistic sensitivity.

But the water element is almost totally absent from human religion, culture, society, or consciousness. The water element is all of the previous points two through nine. Without them, the human race will

increasingly engage in risk taking experiments that threaten its own existence.

When CEOs, scientists, and governments plan for the future, they do not perceive with love and an all-embracing nurturing sensitivity the results of their plans.

Empathy is not taught in any university on earth with any degree of depth or power. Astral immortality—being united to nature from within—is almost never mentioned in any religion on earth.

The one energy field of love that encompasses this planet which every mermaid woman is united to is totally outside of the wisdom and experience of any tradition on earth. These traditions may talk about it conceptually or as a religions ideal or try to describe it using words. But the actual perception of it and being one with it has not yet entered human consciousness.

These things the mermaids do are not superhuman. Mermaid women are operating at a normal level of awareness with the water element in their auras. It is we--the rest of humanity—who are deficient in water energy and awareness.

But things have changed. Mermaid women--the real ones--are no longer disguising themselves from the human race as they have done so effectively for ages when they have walked among us in human form. They are now meeting in groups--meeting others like themselves for the first time. This has never occurred before in the history of this planet in groups of this size. Perhaps they will agree when they meet to offer seminars for others who wish to be "initiated" into the mysteries of love that water on earth has always embodied in the sea, the stream, the rain, the waterfall, the mountain pool, the wave breaking on the beach, the cloud, the mist, the lake, etc. There are some who are ready--in meeting them--to meet nature itself which they embody.

Letters to Star Seeds



Comment: I get the impression you seem very perceptive about people and have had insights about me just from FB messages alone. Are you very sensitive to energy or how do you see things?

Response: Mental empathy is putting yourself in another's situation/body/mind/heart or seeing through the other's eyes. It is called transference of consciousness, a standard magical practice. I was forced to do that when young in order to survive.

As one corporate CEO once said to me when I was young, “Put yourself in my position. What would you do?”

That was not fair. I would never put myself in that person’s position or live that person’s life. But you see he was adept at “reading” people in order to discover their weaknesses and vulnerabilities so as to get them to do what he wanted. So mental empathy is not just a survival technique. It is a valuable method in the repertoire of those seeking world domination.

If I hear a few words someone speaks aloud I can sense that person's personal life in terms of the kinds of conflicts they have worked through.

It is in the pitch and intonation pattern. But there are some star seeds who this does not work on. They come from a collective society where the individual is fused into the whole and so they tend to erase personal history as a individual vibration in their auras.

One aspect of mental empathy which I notice a number of people have is being able to simulate or replicate another's brain waves in your own brain so you can think not only what they think but understand why they think that way--that is you can sense how thoughts arise in the other's brain. This too can be acquired by being forced to do it in order to survive among hostile people.

Imagining you are another person in body, mind, voice, action, personal history, etc. is a way of developing that ability. Some mermaid women have mental empathy along with their astral being able to feel what other's feel. But generally seeing through another's eyes is an air element action and mermaids are often really terrible at seeing another person's point of view or understanding others. It would never occur to them in their own realm that mental empathy is a valuable skill since they instantly connect directly to another's soul or astral body. But the mermaid queens have mental empathy--they can grasp and understand the environment someone needs to be in in order to thrive.

Clairfeeling or clairsentience (for me which is a kind of mental empathy) is feeling energy as a vibration and then having a means of interpreting what you feel. I have off the charts clairfeeling but it is in a narrow range because I have to interpret what I sense. I mostly use the clairfeeling as a way to magically enhance the meditations I do and I use it to read auras like those of incarnated mermaids and also for political work.

Since I like others can sense anyone or any being anywhere on earth or off earth as if they are sitting right next to me I am literally sitting with the leaders of nations and playing the role of their conscience. Because I am instantly connected to their minds, points of view, life histories, and innermost goals I can say to them, "Do this and succeed. Do that other thing and you will fail."

But I don't just say those words. My job is to guarantee those results.

But no, your aura like others from other star systems is unique and

there is almost no basis of comparison by analogy to what is here on earth or what is out there in other star systems.

It takes some effort to understand you and what you can do with who you are here on earth.

In my book, *Undines*, I give an example of a mermaid queen using mental empathy—“

Istiphul sits next to me, her legs submerged in the pool of water. She places her cheek against mine. She says, “Permit me to see the world through your eyes.”

“As you wish,” I reply.

And then, as one breath, one heartbeat, our five senses join. We look out at the world through the same eyes.

After a few minutes, Istiphul says, “The people of your race have such sorrow in their hearts. I can feel their tears that break free, and I can feel the tears they do not cry. But beyond the nightmare and the sealed doors, past the sadness, grief, and sorrow that chain their souls, they possess the power to create, from their own wills, a love that transforms the world.”

Istiphul begins to cry. She looks at me and weeps. She shakes her head, the tears running over her lips, and says, “What an absolutely terrible and yet wondrous gift of unspeakable beauty human beings possess—to be so lonely, so far away from sharing heart-to-heart. And yet to be so proud—knowing there is nothing you cannot endure because one day you will become radiant like the sun and magnificent like the stars.”

**Eight Things Star Seeds Apparently Do Not Know About the Planet Earth**



1. Starseeds are individuals who have originated from another planet (outside our solar system in this essay) or dimension. According to Buddhism, the practice of Prajnaparamita is taught in twelve solar systems. But Kabbalah is not known by starseeds. In Kabbalah, you have access to the creative powers that sustain the universe and thus you can create from out of nothing.

In meditation as well as in New Age concepts, quantum reality entails an ability to shift between alternate realities or universes. If you don't like it here, just go somewhere else into a world, reality, or dimension where you want to be.

Kabbalah also has quantum reality. But in this case, we are surrounded by infinite possibilities. You do not need to go anywhere else. Everything can be attained right here in this physical world. No higher dimension has some sort of spiritual edge or advantage.

Thus heaven is found within you here and now. And as far as this world of sorrow and loss, the idea is to bring heaven down to earth and throw open its gates to everyone.

We are microcosms reflecting the greater universe. Everything "out there" or on "higher" planes is reflected and found within us.

The idea is to create after the fashion of the creator. If you do not like something, then recreate it. If you feel something is missing, then create what you want to fill in for it. You do not hear starseeds talking about what they are creating. They seem remarkably passive and seriously lacking in self-motivation and self-determination when they talk about “going home” or this being their last incarnation on earth.

2. Starseeds do not seem to have a strong sense of masculine and feminine. As in—

“Have I not been a woman in one life time receptive, nurturing, and loving and a man in another life time possessing honor, nobility, and filled with power so that now finally I am able to accomplish any mission and fulfill any task set before me?”

Power in the male moves towards absolute, omnipotent will. Power in the female moves toward omnipresent, all-embracing love and receptivity that is one with the universe. Both are divine virtues. Your best creativity comes out of combining the full powers of masculine and feminine within yourself.

Kabbalah—man is an image of the creator. Perhaps as few as one per cent of the planetary civilizations in this galaxy have revealed wisdom traditions. It is not just in Judaism, Christianity, and Islam. The Hopi Indians also are a revealed religion. Their society exists to fulfill a divine purpose. In this sense, their purpose for existing is not derived from nature. They exist to fulfill purposes from a level of awareness that creates and oversees nature.

3. The kings and queens of the four elements on earth terraform this planet through the psychic powers embodied within their “nervous systems.” Advanced civilizations in other solar systems also terraform planets. But they use various forms of technology to do so.

I have run into incarnated starseeds with immense psychic powers. But they do not control the eruption of super volcanos, the onset and end of ice ages, the ability to connect directly from within to any other being on

this planet, or the understanding of how to attain physical immortality through meditation. Our elementals—embodying the energies underlying nature--do these things.

4. The attainment of astral immortality through the joining of oneself to the elements within nature is not a part of starseeds' psychic makeup unless they were themselves elemental beings on their home worlds. The only elemental starseeds I have run into so far, in my limited experience, are mermaids from other solar systems whose home worlds contain large bodies of water.

5. Again, starsseeds often have originated on planets with a strong collective form of consciousness and so lack an awareness of individuality. Shakespeare—you shape your identity and choose your destiny by the decisions you make.

Being in a human body (regardless of your soul nature or origin) grants you access to history and the stream of space time in which you get to choose for yourself what you wish to be, what sources shall nurture your growth and give birth to the spirit you create from out of the vision in your own heart.

No galactic over souls, spirit guides, or guardian angels have the faintest clue as to the range of possibilities you can choose from. Buddha attained his own unique vision of enlightenment without assistance of any spirit guides. There were no spirits in Hinduism that could assist him—they did not have a clue.

6. Enlightenment and void consciousness. There are as many kinds of enlightenment as there are stars in the sky. Buddha attained a personal enlightenment that frees an individual from suffering by overcoming all attachment. He was also extremely empathic but his empathy was of the mind, not on an astral level like mermaids.

Buddha's genius was that he joined himself to the void—he exists within a continual state of awareness that there is infinite nothingness around and inside of him and that he is this nothingness. “When I attained perfect enlightenment, I attained nothing at all.”

When things appear to him, he sees whence they arise and when and where they will cease to exist. He is both in the time stream of history with its form awareness and density of matter and he is outside of this stream of cause and effect so that he is free, independent, self-existent, and luminous reflecting or creating whatever light he wishes.

I do run into starseeds that have void awareness. But they do not appear to have a clue as how to operate simultaneously with both form and formless awareness within human history. Then again, Buddhists themselves have not figured that one out, but they lack the Buddha's empathy that sees others as himself in another form.

Helping another to become free of suffering is a matter of communicating with yourself—for that person is you. The task is then to accept that person as he or she is right now and to fully attune yourself to that person's situation and circumstances.

It is one thing to bombard people with higher vibrations. It is another thing to speak to them with their own voice at the core of their being which you can learn to do simply by really listening to them—to what they say when they speak and to the story of their lives.

7. In a way similar to the point regarding masculine and feminine, starseeds apparently do not embody the constellation of Aries. Again, often from races of beings that are highly collective in nature, the individual is overshadowed by the group or society or planetary consciousness. In which case, individual initiative and will are often missing.

Aries in its positive aspects likes to solve problems. It is a fixer. It takes challenges before it personally. It gathers whatever power to itself that it needs or else invents tools that will overcome the obstacles before it.

Aries shows up at the beginning civilizations to get things going. Aries shows up when things get bogged down or stuck. Aries wakes others up when they do not think for themselves, when they do not rely on firsthand experience, or when they take things for granted buying into the self-serving and stagnant behaviors and ideals of the collective.

The simplest way to tell when someone lacks Aries energy? They whine and complain. Aries takes things as they exist and changes them.

[Side note: Starseeds are often conceived as being in humanoid form. The starseeds I run into have nothing in common with human beings—neither our physical appearance, nor our way of thinking with thoughts nor using language to speak, nor conceiving “spiritual,” “ascending,” “purposes of evolution,” “higher consciousness,” etc. in any way remotely similar to what human beings do in their New Age philosophies. See my Letters to Starseeds in which I pursue this line of questioning.]

This planet is surrounded by a spiritual university as are other planets in this solar system. The “teachers” within the aura of these planets are not derived from ascended masters or more evolved spiritual races. They are appointed directly by Divine Providence.

It could well be that this has happened because this specific planet is of cosmic significance. The planet itself, like many planets, is a conscious being. So far none of the starseeds I have encountered come from planets that possess a dream it seeks to fulfill.

Many planets have highly evolved civilizations. One mer starseed is from a planet that when I feel that planet’s energy that planet itself senses me and feels my energy at the same time. But still, none of these planets are part of that “revealed” set of purposes originating from a creator who is outside of and independent of all worlds and all alternate realities or universes.

This planet as I often point out waits for an intelligent race to appear that shares the dream that is in her heart. The seas of the earth receive and distill the starlight that has been falling into them for billions of years.

Eventually, when you are that receptive you feel one with what you are receiving. This planet feels one with the entire universe. And so some people on earth have had this experience of consciously being one with every being and every particle of dust in the entire universe with its billions of galaxies.

So if you drop by, if you visit the earth for a time, you might want to be sure to take in some of the local attractions. At some point open yourself

up and experience the biosphere of this planet and the beauty of the elements within nature. Allow that vibration to sink down into the core of your being. And then you will feel what I feel regarding this planet. That oneness with the universe and with every being that exists is impossible to miss.

## Mermaids and those who Practice Magic



In my perception, Franz Bardon's book, *Initiation into Hermetics*, was written for many races of beings and not just human beings. It is a universal and cosmic training system. I know this from observation because I am watching other races of beings practicing the exercises.

However, when human beings pick up that book and try to practice it,

the training system becomes fatally flawed. The book presents five elements and realms to be mastered—those of earth, air, fire, water, and akasha. But human beings do not know what the water element is. For all practical purposes, it has never appeared inside of human beings or been described in human history.

So the human Bardon student begins his practice downgrading and looking askance at the water element in terms of the pure love and innocence it embodies. Since the human conscience requires all five elements in order to function, to serve as a guide and reminder of priorities, obligations, and what is important, the entire race of human beings have no effective operational conscience. For example, they are very weak when it comes to protecting and nurturing others or the environment in which they exist. Like just look around at human cities and their relation to each other and to nature.

If Bardon students practice the exercises as set forth, they overcome this hurdle. But as I point, this is nearly impossible for humans to do—to attain an actually balanced magical equilibrium composed of the five elements. Bardon's human students do not follow his practices. They rarely if ever follow his injunction of learning all they can about the mermaid and the other elemental realms.

I don't want to understate or overstate this problem. Some will certainly have other points of view based on their own experience with themselves and observing everyone they have ever met. But just so that no one on earth can fail to understand what I am saying, this is what I hear when I listen to akasha's explanation regarding this weakness:

“By the decree of Divine Providence, the human race is denied the knowledge of the mermaids. They shall experience neither the innocence nor the love. They shall not be able to overcome the isolation of existing inside of a human body. They shall not attain astral immortality. They

are forbidden to do what any mermaid can do which is to in any moment unite herself to nature and to any other living being on earth.

“This law shall not be overturned until that time human beings look inside themselves and behold the universe in its radiant beauty and glory that has no barriers or boundaries separating one from another.

“In that day for those individuals who accomplish this, they shall see that the mermaid realm exists to testify to that beauty and glory.”

Within Tolkien’s Trilogy, The Lord of the Rings, only the innocent hobbit can bear the one ring of power. It corrupts all other races that touch it. Without being able to become in any moment as innocent and loving as the mermaids, magicians will never rise to their full will and power.

### Three Requirements for a Relationship with a Mermaid Woman (from How to Speak Mermaid)

1. The man needs to acquire the skill of putting aside his ego in any moment and enter a meditation so he feels one with the ocean--it’s a meditation thing: just become aware of the sea as if nothing else exists in your consciousness, without referring back to your human identity.

This enables you to connect to the mermaid woman on her own terms. After all, if you just feel what it is like to be in her presence you will often sense that you are out in nature and surrounded by the open ocean. Take nothing for granted. Learn from her all you can.

I realize that most men lack the flexibility and imagination to practice a water meditation. Their ego says to them with all the force of history--“She is something to take, to possess, and to make a part of my life so I am then stronger and feel more complete by owning her.”

But if you are dealing with a spirit of nature in a woman’s body, it helps to show respect for the power that is in front of you. Mermaid

women are like weapons grade uranium, except they are not a power of destruction but a power of peace that is able to dissolve negativity.

You may feel you can abuse them and push them all over the place with your demands. They seem passive at times because of their remarkable receptivity. But at some point you will notice it is not just a young woman who is with you. There is a sense of the open ocean about her where a billion years of time has no meaning. Magellan, Captain Cook, Columbus, Sir Francis Drake--they sailed the seas but the seas did not appear within their dreams.

All the same, these explorers respected the power of nature they were confronting. These women, by contrast, will appear within your dreams--they will get inside of you and act to become one with you--and so it is wise to respect the power that is within them.

2. When you are with the mermaid woman at least once a day just feel her energy and sense the way she feels your energy. In this way, the two of you can flow in and through each other as energy to energy and as two streams flow together to become one river. This is her natural way of connecting--everything that she is flows into those around her. Learn to respond in kind if you wish to know her.



For those who love water, love is an unending stream like two rivers flowing together or two clouds that join. You are inside of your lover and, like water being poured into water, you feel your lover is you in another form.

3. Understand that she is a part of nature and as such she does not need you in the sense that men so commonly ask, “How can I have a relationship to a woman if she does not need me?” You can have a relationship to her by embodying in yourself her own empathy--by feeling what she feels. “Every lover desires another to feel what she feels.”

And what does she feel? She feels the life in everyone around her and in everyone she meets. And she feels protective and nurturing toward that life. As we have seen in chapter one, she feels that a sea of love surrounds her and that this sea of love is continuously flowing through her to others.

She has a direct body to body and heart to heart connection to others that exists totally independent of thoughts, ideas, thinking, intellectual actions, or beliefs of any kind. She perceives love and so does not make silly demands on others to “demonstrate” their love.

Embody part of the mermaid realm in yourself and then you can connect as easily to her as she connects to one of her own kind. This is, after all, why they are here among us—that we might make their love our own.

## Mermaid FAQs

(Note: Some of these questions are from the hosts of blogtalkradio shows who have interviewed me.)

### Questions

Question: Your next book, *Mermaid Tales*, tells stories about how mermaids become involved in human affairs and some of them actually live among us in human form. How did you discover this topic and what have you learned?

In my first book, *Undines*, two mermaid queens promised me I would meet mermaids in human form so that I could better understand their race. It is one thing to interact with mermaids in spirit form on the astral plane. It is totally different experience to interview and get to know a woman who has the soul of a mermaid.

I started by putting out a global casting call for women who could assume the role of a mermaid on a beach for a photo shoot. Almost immediately I began getting responses from women who had the aura of mermaids. And some of them gave me referrals to other women.

Others I met on my own and some were referred to me by complete strangers. Another saw my videos on mermaid women on [youtube.com/emedetz](http://youtube.com/emedetz) and said, “It is like you are inside of my head.”

One woman out of frustration feeling no one understood her googled “woman”mermaid” and found an article on my website—“Traits of Mermaid Women.” See

<http://www.williammisteale.com/finaltraits1019.htm>

There are many things I have learned through direct interviews with these women. Astral immortality is one thing. Their extreme forms of

empathy are another. And the innocence—a woman who has never had a mean thought in her life and who feels that nature is embedded in her very core—these are not things that I could ever imagine.

Question: You indicate that the human race knows next to nothing about the mermaid realm and the magic of water. What happened to bring this about if that is true?

When I focus on this question, I can sense that in Atlantis there were actual temples in which mermaids appeared and interacted with human beings. But then something went terribly wrong with that civilization. They embraced hideous forms of evil that were a complete betrayal of nature, of the astral plane, and of any form of conscience remaining active within them.

You could say then that as a gift to mankind knowledge of the astral plane was hidden from the human race except in rare cases. Franz Bardon (*The Practice of Magical Evocation and Initiation into Hermetics*) has gone to astonishing lengths to again make available the “book of wisdom” in regard to elemental beings. But the mermaid realm in particular has been forbidden to the human race.

In my book *Undines*, I describe three conditions by which the protective barriers that are in place can be overcome. To interact freely with the mermaid realm or with real mermaids living among us, it greatly helps to:

1. Put aside one’s ego and selfishness. I try to explain to some of the men who date these mermaid women that your best choice is not to treat them as a romantic object of love or desire which is yours to possess. But only a few men rise to that level of being unselfish.
2. You actually need to develop in our aura a direct connection to the element of water. Learn to flow like a stream, be still and reflective like

a lake, or feel deep and vast like the sea. This takes actual meditations on water. But it seems nearly impossible for men to grasp this because again they want the girl to offer to them the watery energy of love without finding that same energy in themselves. Consequently, they almost never give back to the women anything of equal value compared to what she is giving to them.

3. Interacting with the mermaid realm requires an open mind—still, clear, reflective, and unattached. Some of the great Atlantean mages developed immense mental powers of concentration. But at the same time their minds were corrupted by their greed and desire to manipulate, to possess, and to control. To avoid that fate this time around a little more virtue and nobility of mind are required when interacting with beauty and love of the magnitude mermaids embody.

Question: You say the mermaids possess astral immortality. Can you explain that and relate it to any magical traditions?

Franz Bardon often used the phrase astral immortality. For him it means an individual's astral body does not deteriorate but sustains its life independent from its environment. When individuals are born they are given a new astral body often defined in terms of the constellations and planets present in their natal chart.

When an individual dies, the astral body slowly deteriorates. But we see the same thing with living people. They suffer trauma. They are forced to live under severe restrictions. They may be imprisoned or sick for long periods of time. They may have mental health problems or their brains weaken. Basically, their response to the world around them decreases.

On the other hand, I have observed individuals whose astral bodies do not deteriorate. In fact, some of them say that as adults they are the same

person they were as a four year old. They were just as alert, responsive, vivacious, enthusiastic, receptive, and empathic as a child as they are now. And some of them recall being exactly the same in previous incarnations among human beings. They do not see themselves as changing. They just learn new things.

This is a great advantage in that an individual does not have to relearn soul abilities possessed in other life times. It also means the individual has a higher level of energy than other people in part because she draws energy directly from nature the way we breathe air into our lungs to sustain our metabolism. They have an extra energy system operating within them.

For Franz Bardon, a magician creates through the use of divine magic astral immortality within himself. But these individuals I interview do it differently. Either they were born with the ability or else through their love of nature they have so joined themselves to one or more elements that they have acquired the astral immortality of these elemental beings.

Question: What is the difference between the evolutionary path of mermaids and the evolutionary path of human beings? Do these two paths intersect and how can we help each other?

From my point of view, each advanced race in this galaxy is completely free to choose what part it wishes to play in the unfolding of the universe. In this regard, the human race does not yet know what its own nature is and it has not yet chosen a specific destiny to pursue and to attain.

In the last few hundred years more and more the human race seems to be choosing industry, technology, and innovation—inventing and implementing changes in society and our environment--as its central focus as a race. That is very nice but you do not need a planet with such

a rich diversity in the biosphere as well in the many spiritual realms associated with this planet in order to pursue those exciting but completely materialistic goals.

There is then a great war occurring between those who wish to align with the deepest purposes of this planet and those who consider nature and the biosphere to be something to exploit and destroy for the sake of their short term financial gain.

Specific example? Want the U.S. to out produce Saudi Arabia's oil exports? Simple frack every available piece of land in the U.S. polluting the water tables in the process.

Don't want to spend the twenty to fifty billion needed to clean up the three full reactor core meltdowns at Fukushima or the additional costs of storing retired reactor cores now in cooling pools in a safe way? You can worry about it later when most of the fish in the Pacific Ocean are dead from the three hundred tons of radioactive water Japan is dumping into the Pacific each day.

Like I say, there is a great spiritual war occurring regarding the part mankind wishes to play in creation. The Atlanteans made a bad choice. Hopefully, we will be more responsible for ourselves and for our planet.

Religions are not weighing in on this conflict. They seem to be trapped in the attitudes they developed in pre-modern conditions where technology played no part. In effect, human evolution is wide open. We are on the verge of reinventing ourselves--reengineering our own DNA and the definition of what Homo sapiens is in countless new ways.

The mermaid realm is more closely aligned with the deepest purposes of the planet earth. Mermaids evolve through their empathy, through their awareness of water in all aspects as it exists on earth, and through their love. They are here to share their incredibly sensitivity, receptivity, innocence, and healing with any race on earth. It is amazing to watch

them evolve—the mermaids I interact with learn as much from me as I learn from them.

Question: You seem to be interested in joining the mermaid realm and the human realm. What purpose would this serve? And can you tell us more about the defect in human conscience due to our lack of understanding of the water element and what are the results of that defect and the remedies for correcting it?

The elemental watery love that mermaids embody is almost never found among human beings. You can live for eighty years and visit many nations and never run into an individual who embodies this mermaid energy.

Elemental water put simply allows you to feel fully alive because with it you feel you are joined from within to a sea of love; you feel each moment is new and has its own life that is separate from what has gone before; you feel the life within everyone around you; you feel that basically we are all one in that the same energy is within and animating all of us; and with elemental water as I have mentioned there is a feeling of possessing astral immortality—your emotions and soul are self-renewing, self-purifying, extraordinarily vivacious and receptive, and that the vitality within water in the natural world freely flows through yourself.

Without this watery elemental energy the human conscience is not fully operational. People do not feel fully alive. They feel half dead with the result that they take increasing risks to acquire new experiences even when their actions threaten their own existence. For example, nurturing and protecting human beings and the environment are not a part of the goals of any for-profit corporation on earth.

By presenting through art and writing the personalities and spirit of mermaids it becomes possible to pursue personal and cultural options that have not been revealed until now. Through contact with the mermaid realm in human and spiritual forms it is possible to experience the dazzling inner peace with the universe these beings possess, their innocence, and their love in which you feel you are united with nature and with all of life in the same moment.

But in practical terms, what corporate executives and political leaders most lack is the graphic imagination that mermaids possess. This is an empathic ability that senses the future through direct intuition. When you think about goals and outcomes you are there within the future experiencing the future as if it is fully alive right now in this moment.

What human beings are now doing is using concepts, words, ideas, and statistical models to predict the future. They run simulations but all of their risk management strategies are based on assumptions that they often fail to perceive due to their greed and narrow-minded perspectives.

With elemental water or graphic imagination you can feel if something is right or not before you think about it. This enables you to then pursue more carefully your objectives in a way that does not defeat your own purposes.

Warren Buffet, one of the richest men on earth, is more like an earth elemental. But he has a similar ability. He picks great managers for his corporations in part because he says he just knows if someone is right for the job or not. He can sense what is going on within another person in regard to that individual's character, work ethic, and motivation. This may not hold up at Harvard business school but it has served him well in accumulating his billions.

Question: What is your best and worst experiences with mermaids in human form?

The worst was when I once nearly killed myself. I was hiking down a steep path and I did not realize the effect a mermaid woman had on me. Whenever I talk to her for about five hours I lose my sense of balance. Like being under water, my sense of velocity and gravity are diminished. So I learned to compensate for example by not driving a car after I have been around her.

My best experiences often occur after I do a brief meditation with a few of these women. It is like I meet my future self—the person I will one day become; or just touching some of them on the arm I feel I have become the sea; and with one woman after a brief meditation together I felt she was so much a part of me that we had become one soul, one being. But you have to take these experiences in the right light—becoming one with another is the normal way mermaids greet each other in their own realm.

Question: You talk about the cocaine experience that mostly men have in meeting mermaid women, that men sometimes suffer symptoms of physical withdrawal simply in leaving the girl's presence. Can you say why that is and how you know about it?

The elemental water in the aura of these women produces a “high” like taking a drug. You feel more alive and you definitely have more energy. In some cases you can see why this happens. If you watch carefully, a “normal” human woman will have maybe ten different observable non-verbal responses as she talks to you in the space of five seconds. A mermaid woman may have twenty or thirty specific non-verbal and unique responses to you in that same time frame.

In other words, without realizing what is occurring she is molding herself to you with a very high level of vivaciousness and receptivity.

And this makes you feel more alive because you are getting so much more sensory input from her.

But that is the observable part. She is doing far more with her energy. It is as if you went rafting down the Colorado River or spent a month camping out in the wilderness. You feel out in nature in her presence without having to go out into nature.

And this is because she has nature at the core of her being. She is overflowing with watery love because the sea of love that encompasses this planet is flowing through her. You feel free of human time and recharged by being around her.

Now most people do not notice that she is causing them to feel larger than life, refreshed, and vitalized. Having never witnessed this before, they do not have the words to describe it. But a person's body senses and responds to it. And so when you move away from her, say about forty feet, her aura is no longer supplying you with that energy. And so in returning to what is normal for yourself you may instead feel half dead without the faintest clue as to why this is.

You can sometimes observe the most rational, stable, and responsible male beginning to panic and have an anxiety attack as one set of withdrawal symptoms when he leaves the presence of one of these women. I have observed this occurring with their boyfriends a number of times.

Question: You are clearly trying to create and offer support for a community of mermaid women who offer assistance to each other. Why are you doing this and how is that going?

I have introduced a number of women to each other who individually have said they have never met anyone like themselves before. Many of them then become lifelong friends. By meeting another woman with

high empathy who is deeply connected to the ocean they are among their own kind. This creates a support group.

I have a part to play in articulating and writing about mermaid women. Some refer to me as their mermaid greeter and their bard. All the same, when they are together they naturally bond through the way their watery energy flows through each other.

To experience that you have to turn off your mind, stop thinking thoughts, and immerse yourself directly in the watery energy that is flowing through their auras. Then you are connecting on their own level.

At the same time, they do not need to talk to me. They can talk to each other and in sharing their experiences they create a special community here in our world that embodies the energy and life of their own realm. This grounds their astral realm of enchantment in our world. They then become more available to us and easier to understand.

I am delighted with the way I see them becoming friends with each other and the way their community/communities are unfolding. Their art, writing, healing, and sharing are much more accessible because of their group experience.

Question: Can you right now enter the presence of a mermaid queen and say something about what that is like for you?



Okay. Just a moment. It works like this. I think the name Istiphil, one of the mermaid queens described briefly by Franz Bardon. Instantly I sense her a few feet to my right front. It is like clear, liquid water is there and she is present in aura and form within that water.

I ask her in a kind of mental shorthand, Is there a preferred way you would like me to use in interacting with you?

She replies not with words but rather she takes me directly into the sea. I sense I am within the depths of the ocean surrounded and enveloped by a soothing, nurturing, healing peace and serenity. I experience within myself a timeless state of being quite independent of human civilization and the way the human race perceives.

These feelings are complete in themselves. There is no need to do or accomplish anything. I sense this calm, soothing, gentle, and tender energy extending through the entire ocean and surrounding the planet earth.

If I was sitting in a meditation group where the other participants were psychic they would notice that there is no longer a William Mistele sitting among them. My body would be there but the aura is no longer human. I have taken on the vibration of the sea itself.

Staying with this a little longer I sense what Istiphul is after. In her presence I have become another person. She presents to me what I will be once I have completely embodied the vibration of the ocean within myself.

In this case, I have her level of perception. I can instantly sense any person on earth and so fuse my soul with that individual so that I feel one with that person while in no way feeling separate from the sea that I also am.

And this is where and when our two separate realms join. You have human beings who have in effect become mermaids and mermen sensing and feeling all that they sense and feel. And yet these people are also here as human beings fully participating in human society.

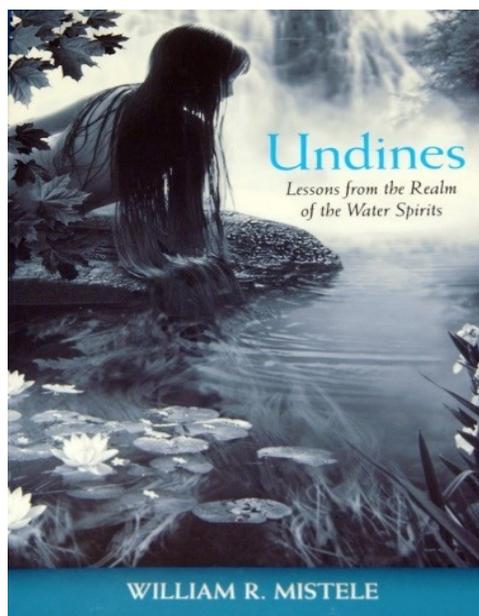
In this case a completely new destiny opens to mankind. You have a race of beings who are one with nature and one with each other. And though they continue to pursue their science and technological discoveries, they now embody the beauty of the universe within themselves.

They no longer exist to exploit, dominate, and create artificial devices that are inimical to life. Instead, they preserve and protect life. They make things fully alive. And the human race becomes as one living being existing in harmony with itself while completely new dimensions of awareness and self-reflection open up to us.

That is my contact with a mermaid queen right now as I write. As I break the contact with her she points out to me that one day my connection to her will be permanent even as it is within my ability to

form permanent soul to soul, energy to energy connections now to other human beings.

Question: You published your book *Undines* in 2010. What made you want to write this book?



In discussion with my publisher, we decided to write the first book about the water spirits called undines or mermaids. The water spirits are very attractive and friendly. The first book suggests ways to appreciate the wonder of these elemental beings.

This second book naturally follows. It presents all four elemental beings--those of air, earth, and fire along with water spirits.

Back in 1975, I encountered the writing of Franz Bardon (1909-1958). He offered a spiritual training system that asked the student to become familiar with the four realms of elemental beings to the extent you make them a second home. Because I was able to read auras, it was easy for me to sense the auras of the thirty-two different kings and queens of the elements that Bardon briefly describes in his second book, *The Practice of Magical Evocation*.

The question then becomes how to best share my experiences with these beings. Do I present dialogues in which I talk to them through telepathy? Do I write stories of their past interactions with human beings? Or do I engage some of these elementals in various magical

projects so that their powers and perceptions help improve our civilization? The *Undine* book presents poetry, dialogues, stories, and some direct teachings from these beings that allow us to get to know them better.

Question: What are a few points and themes you want readers to take away from this book?

Unlike fairy tales presented in the past, these spirits do not belong to a specific ethnic or national group. Instead, they have a global outlook. Their sphere of action is the entire biosphere. They often know things about nature and also about human nature that our scientists and anthropologists have not yet discovered.

The stories I write about these elemental beings I consider to be genuine mythology. I address these questions: Why are we here? What are the deepest purposes of life? What are our options?

For example, I ask a mermaid queen to share her secret desires and innermost dreams. If you ask this question in the right way, the elemental's response offers new insights into what it is to be human.

These nature spirits embody what we are able to become. If we make the beauty of nature a part of ourselves, then we become what these beings are. In this sense, the mermaids are our teachers.

The difference between my writing and that of Tolkien and Rowling is that these spirits are highly interactive. In any moment they are willing to share all that they are with us if we but sharpen our senses and quiet our minds so we can sense their presence. And sometimes they are already here among us in human form.

For example, a woman called me one day. She had read my essay "Traits of Mermaid Women"

(See <http://www.williammisteale.com/finaltraits1019.htm>) and she wanted to know how I could describe her so well. I carefully videotaped

my interviews with her. Though she looks, talks, and acts human, if you ask her the right questions she will discuss abilities she possesses that are not known to human beings.

In my story, *Caelius Aurelius Luscus and the Mermaid*, I describe the historical setting in which this woman left behind her realm of mermaids and acquired a human soul. Nonetheless, the “superhuman” powers of empathy, telepathy, and telekinesis she possesses are latent within us. In the story I go into detail as to what she had to do to become a human being.

We can also reverse the process. A human being can acquire the abilities and sensitivities and, above all, the ability to love that are natural to these beings. Mermaids and the other elementals are of nature. We become like them when we also make nature a part of ourselves.

Question: What magic can be accomplished through the water element. I know that some basic water magic is looking into the past, present or future on the surface of water and causing precipitations. Can the water element effect a person's emotion like soothing anger and make people love each other. What kind of healing can be brought about by the water element. Can it like heal diseases (what type of disease)?

Water magic is summarized to some extent under the five cosmic letters of Franz Bardon's that use the water element as the elemental sensation—letters M, G, W, CH, N, and J. See Bardon's third book, *The Key to the True Kabbalah*.

Mermaids are rarely depicted accurately by human writers of mythology and fairy tales. This is because human beings somehow imagine mermaids to be like human women. They are in no way similar even remotely to human women. You can find the equivalent of an earth spirit, air spirit, or fire spirit in human form in some great historical figure. There are no historical figures who communicate what the nature of a mermaid is like.

Your specific questions above: Mermaids are sometimes presented as being able to predict the future as in the movie *Lady in the Water*. In that movie the water nymph often asks people if they want to know their future since she can tell them straight out.

One of the mermaid women I know frequently sees the future because she is both here in our world and aware on the astral plane where the events of our world appear before they manifest here.

There is also another kind of seeing the future: sensing the deepest desires, longings, and dreams within an individual and when those things will be fulfilled or manifest. Mermaids are not just like Nostradamus who predicts great world events. Mermaids will take you into the future so you can see it for yourself and feel it as being alive right now. They do this so you better move toward the person you are meant to be.

They also do this because for many of them time is not linear. Past, present, and future as well are equally present in this moment of time. One says, "There is no 'I was' or 'I will be.'" There is only "I am."

On the open sea, time is hard to gauge. The sea looks today like it did a year ago or a hundred million years ago. Water has a different relation to time.

Controlling storms at sea is very typical of mer folks. Ask a merman in human form about clouds and he will say it is easy to cause them to change form. You might read Bardon's eight descriptions of mermaids and mermen in his book, *The Practice of Magical Evocation*, where he mentions two mermen who control storms. A woman who is a mermaid told me she can change weather on the sea at will.

In regard to emotions, the merman Ernot Bardon specializes in creating love among human beings according to Bardon. These mermen are very elegant, noble, and magnificent in their appreciation of nature.

Bardon mentions the cosmic letter G for example can calm lust and sooth the nerves. The magnetic fluid within water which relates to water magic is basically the essence of the feminine spirit in nature and among spiritual beings. It is contracting, cool, attractive, calming, soothing, healing, sheltering and protecting, inspiring, animating, nurturing, the

essence of receptivity, and it basically in its very nature brings to life the deepest dreams within you.

Bardon emphasizes healing that is radiant, expansive, dynamic white light in the form of vitality. Bardon is describing a variation on the fire element for healing. Bardon does mention briefly the use of the magnetic fluid for healing but in fact the magnetic fluid in water is of equal power the more expansive energy used by Bardon.

I tried sending Bardon's fiery white light vitality to heal a mermaid woman's pulled muscle one time and she did not even notice the energy. She is water. The energy just flows through her without effect. But the person she was with noticed right away that all this bright light and energy was radiating from her. Bardon does give the example of how he put his hand one time into a bucket of water to drain away the fiery energy of a psychic attack against him.

As a form of healing, water healing is like water—it is effective where cooling, purifying, cleansing, soothing, calming, nurturing, and restoring nature rhythms and normal metabolic functioning is needed.

Every kind of love that human beings can feel can be developed, nurtured, and manifested through using the water element. In fact, Bardon mentions that power in the highest form permitted to human beings can be created by using the combination of three water cosmic letters. If something exists, water and the magnetic fluid can unite with it and transform it in almost any imaginable way.

Question: Aside from examples of forcing some mermaids to incarnate in human bodies, what other crimes had the Atlantean done to make them earn their fate.

Exactly like our civilization now, the Atlanteans were at war with themselves—they preferred power instead of love, knowledge instead of wisdom, technological invention rather than beauty, domination rather than peace and harmony, etc.

Exactly like us, they had a civilization based on and analogous to electricity both in science and magic. They emphasized will power instead of receptivity. Water gives you your graphic imagination to

“feel” the future rather than to run simulations of the future, use statistics, do risk management, or develop “safety” or contingency plans.

Thomas Edison and Westinghouse never dreamed that an entire civilization would develop from electricity that can completely collapse with one major solar flair. No one imagines what happens if you shut down electricity for three days causing all nuclear cooling pools on earth to melt down because they then have no cooling pumps operating. This civilization can disappear as quickly as Plato said of Atlantis that in one day it sank beneath the waves.

Exactly like Atlantis, because human beings lack the feeling that is in the water element, they fail to feel connected to each other from within. This lack of internal beauty and harmony drives human beings to engage in taking increasing risks in experimentation and discovery and invention that threatens their own existence. Monsanto Corporation uses methods like injecting DNA into seeds without any serious testing of the possible mutations that may occur or what the long range effect is of narrowing the gene pool of various crop seeds down to five per cent of what they were twenty years ago.

Where is the crime?

What is it when a race living on this planet chooses the destiny of immersing itself in invention, technology, and industry when the planet itself was created for a totally different set of purposes?

Bardon warns about mermaid queens—that their beauty is so enchanting beyond what a person has ever met before that they can easily cause a magician to lose interest in pursuing his other spiritual purposes. Bardon does not point out that the mermaid queens when they assume human form have the highest level of sensory perception of any beings in this galaxy. Just ask some of these mermaids in human form about any person, about anyone on earth and instantly they can not only sense that person’s aura—they can with ease flow their awareness directly inside of that person and join with them as if the two have become one.

This is not a superhuman ability. They are doing what we should all learn how to do—to love so there is no separation. We all have this mermaid capacity built into our chakras. The capacity to join our

awareness with the water element is part of the natural abilities in the second chakra. But you would be hard pressed to find one yogi or one ashram on earth where they pause long enough in their practice to explore the beauty and love within water.

Mermaid empathy is perhaps the last thing human beings are interested in learning. Like I say, the human race (and its geniuses and most creative and dynamic individuals) are enchanted and captivated by the wonders of inventing new technologies. But they have lost their capacity to feel—to sense in advance the future results of their present choices.

The Atlanteans were more sensitive to the astral plane than are human beings now. They were also more telepathic. The planet has an astral body just as each human being has an astral body. Exposure to the astral plane is at times like entering an enchanting dream.

But if your focus is on taking control of physical matter as the Atlanteans were obsessed with doing, the astral plane becomes a means to an end. You can use its magic to enhance and accelerate your scientific and technological innovation.

The result is that one's sense of peace—of feeling united to the universe from within—does not show up. It is again almost impossible to find in any religion on earth an individual who reflects in himself the beauty of the universe. Mermaids all reflect in individual ways the beauty of nature. They are this beauty in human form or mermaid form. Their vibration is the vibration of some specific aspect of water in nature.

Whether Atlantis or now, mermaids are here as teachers. They are incredibly useful for solving certain kinds of problems. But using them merely to solve your problems and make your life more satisfying is like taking a wonder of the world and using it to sell used cars. When you start doing that your conscience is already defective and you no longer sense your own destruction waiting for you around the corner.

Question: If a mermaid really wants to become a human for whatever reason, let say to explore the love from all four elements, and she begged Divine Providence, will God grant her wish by leading her to a highly skilled magician.

I know of no such case. Mermaids like other elemental beings do not possess the fifth element of akasha and so do not long to become more perfect in mastery of the other four elements. For mermaids, human beings do not represent a higher form of life or evolution or spirit. Mermaids do quite well developing their experiences and evolving within the water element.

Ask any mermaid, “Do you think the human race will be here for long?” They will answer straight out, “No.” Why join a race that will soon be gone? Of course, with divine intervention or radical changes, anything is possible.

In other words, you will not find a mermaid asking Divine Providence to “make me” or “allow me” to be more perfect.

If you ask a mermaid queen directly, “Do you miss not possessing the other elements within yourself?” She will say, “I do not experience regret or feel incomplete for being what I am. Each race of beings has its own limitations and its own nature assigned to it by the divine world.”

But then with ease they can go on and say “If I was a human being with the other elements within myself, here is how I would act differently” and then they go on in detail to describe that. In the areas of love and feeling, they are not just more advanced than us. Unless we learn from them or figure out how to do it ourselves, given our tendencies, we will never evolve to where we acquire their ability to love.

Put simply, mermaids do not initiate new results or intervene in human affairs unless assigned that task by the divine world for its own purposes. Mermaids can “fall in love” with a human being such that it is okay for them to acquire the other elements and in so doing acquire a human soul. But this action is the result of or initiated by the human being they are interacting with.

Why are some of them in human form? The answer is, why not? Water just flows. It flows everywhere. Water is like that—it offers itself freely to love, to cleanse, heal, purify, unite, complete, fulfill—to be receptive and giving in every possibly way.

If you meet a woman with the vibration of water in her brain like some mermaid women have, they are one hundred per cent focused on you

whenever they are with you. There is never a moment of distraction. They are water in human form. An advanced mermaid with a human soul is still one hundred per cent mermaid. She just has more abilities.

Question: How did those Atlantean people transform a mermaid/undine into a human being. Did they use magic or some kind of super advance technology or both?

It is not a matter of technology. There are a great many magical ways to do this. See my stories for example, *A Mermaid's Story* and also *Caelius Aurelius Luscus and the Mermaid*.

Franz Bardon sets out templates for doing. It is similar to creating what he calls an elementary. Through high magic using advanced concentration, you bind the other four elements to the mermaid's astral body so that she has the same quality of astral body as a human being.

We create particles in our accelerators that do not exist in nature or since the Big Bang; we create new forms of DNA and we create life forms that do not exist in nature. We hold in our hands the powers of creation. It is using them with love and divine purpose that we are weak at.

Question: When Atlantis sank, what happen to those mermaid that were forced to become human? Are they set free?

I think Ronda was the only one I know of. Once acquiring a human soul, willingly or not, you keep incarnating as a human being until the magic is undone.

What happened to the creatures the Altanteans bio-engineered to breathe under water? What happened to those human beings who were taken to the Other Side and assumed mer form on the astral plane but were not really mer people? Those are interesting stories which I am slowly piecing together.

There are beings that appear as mermaids who are actually shape shifters. They are people with magic who know how to move between the astral plane and physical world. They just happened to enjoy

assuming the form of mermaids and mermen rather than wolves, deer, birds, etc.

Question: Do mermaids and mermen have sexual organs? If not, then why there are male and female mermaids?

My take on this is that mermaids are spirits on the astral plane who can interact with our world, materializing at times under the right conditions. They are not carbon based life forms. And they are not fish or mammals and so they do not reproduce physically.

Male and female or masculine and feminine are vibrations that appear in all spiritual realms and domains. A spirit will appear in the form of male or female or other according to its nature.

In telepathy, there is often a combining of memories or consciousness so that both individuals have access to each other's experiences. So when you communicate yourself you do so in a way familiar to the other person. A spirit is a spirit and so may have no form. It is pure vibration or consciousness without need of form identification. But when appearing in our worlds of the mental, astral, and physical planes it may assume a form simply in order to present itself.

Mermaids are "exactly as human beings imagine them to be with a tail below and a human body above. But you can put your hand through them. They are spirits," said one mer woman. But the mermaid queens being more adept in magic and well acquainted with the human race can easily appear in the form of beautiful women top and bottom just as a magician can according to Bardon take on the form of a merman or even his opposite gender—a mermaid--when entering their realm on the astral plane.

A mermaid is feminine in form in that it is her receptivity that is emphasized. A merman is male in form because it is his activity that is emphasized. "Men, whether human or spirits, are always charged up. They feel they have to do things in order to justify being" said one mermaid queen. When a mermaid relaxes, her vibration changes and all you sense is some aspect of water in nature—a lake, a sea, a waterfall, a

wave breaking on beach, an arctic bay, etc. And then in the next second she is here again talking to you.

The water element accentuates the feminine receptivity because water itself is so receptive. Mermaids have a much easier time being in our world than the mermen. A woman can get away with being more passive/receptive/responsive in our world. Mermen find that human society makes no sense whatever. A male in our world is expected to fit in, to assume a social identity, to create and maintain a support group, and to do something that defines who he is. A merman like a mermaid just is. Doing something to define who you are is pure fiction for a merman.

All the same because mermaids do not reproduce physically, they have no associations with the physical act of sex. For this reason, they are often uninhibited beyond human understanding. That is, they are innocent in that they can give all of themselves without fear or limitation. They can focus on every aspect, every nuance of sensation and feeling in sexuality without ever holding back or feeling doubt or worry.

The mer existed before human religions came into being. Love is not a belief, an ethic, or an aspect of morality. It is not an idea in their heads or an abstract concept—it is a perceptual experience. They can observe the energy and vibration of love when it appears.

Sex by contrast is not love. They know what love is. Sex is something else than love and it is at least something to enjoy.

I asked one mermaid woman, “Do you think that sex is a special experience you should share only with someone you are in love with?” She exclaimed, “Gosh no.” Yet this same woman will only be intimate with individuals with whom she feels a deep inner connection derived from his connection to the sea or past life spiritual activities.

Question: What are the mermaids’ jobs. I knew that the sylphs control the weather, the salamanders oversee volcanoes and super volcanoes, and gnomes watch over minerals and metals and control plant growth. But what do the mermaids do? Do they guide marine life forms?

Some like Amue specialize in ocean reefs. There is one who is custodian of the mermaid archives. They are better than are we at recording life experience. They have virtual reality records of everything every mermaid has ever experienced on earth. So it is not that hard for me to understand when I run into three mermaid women who can relive your memories down to the smallest detail and sensory perception and feeling as if it is their own experience. They are water in human or in astral form with all of water's receptivity, magic, and beauty.

One sings songs that seek to unite the vibrations of the moon and the earth. Another is like the Atlantic Ocean—she is its vibration. Everything that goes in in the ocean is part of her awareness. They seek to unite with the water element on earth so they are conscious of all its functions.

What do all beings do? My father knew Henry Ford. Why did Henry Ford invent the assembly line? My mother had long conversations with Captain Fuchida who lead the attack on Pearl Harbor? Why did he study aviation and lead the attack?

What do human do? What are their jobs? Human beings have like all races in this galaxy the opportunity to discover and choose which destiny they wish to fulfill. All beings learn by studying their environment and mastering the limitations of their existence. Mermaids in water study and play with water. They dance and sing since water is so incredibly delightful and a pleasure to be within. They love and give all of themselves in loving because water is totally receptive and giving of itself in every moment of time.

Ask a mermaid, What is your job? She may reply, "I exist to love. It is what I am." Love gives all of itself, nurturing, protecting, receptive, containing, yielding, and bringing out the best in whatever it touches.

But they have a social life. They have their own realm within the vibration of water in nature on the astral plane.

Question: Is empathy merely the ability to feel what others feel?

Think of it like this. A mermaid's aura extends outward to anything around her like the magnetic field of a magnetic. Anything her aura

passes through she senses as if it is part of her own astral body. They literally can feel what you feel.

But mermaid empathy has these other observable qualities as I mentioned earlier—they sense your deepest needs, desires, and dreams within you and they equally sense the result—where in space and time when those things are fulfilled. And some can also go into the future and see you then in the same way they are looking at you in the present moment.

Some of them can actually create inside of you what it feels like to be your future self. Then it is not just “Do you want to know your future?” It is “Here. Let me introduce you to yourself--the person you will one day be.” But they do not talk about this with words. They do it through the power of feeling.

A number of times I did not understand who the mermaid woman was addressing when I am having a conversation with her. And then I realized she is talking to me as if I am already the person I will one day be. And then once while meditating for a few seconds with mermaid woman she changed me into the being I will one day be when I have mastered the water element on earth.

It is not like she is doing magic on me. She is just being herself. This is the nature of the vibration within water. There is no linear time. Everything—past, present, and future—is unfolding and fully alive in this moment of time.

But if a human magician had a mermaid’s empathy so that he used it for some purpose, he gains her ability to connect directly to anyone on earth; to modulate that individual’s aura as if it is his own aura; to dissolve the negativity within the other; to heal; and to sense the other person so well that it is like the other is himself in another form.

Empathy is not the way human beings imagine it to be as something passive. It is the most magical power on earth. And as I often point out, if thirty house wives possessed and used their mermaid empathy, they would be more powerful than all the generals, politicians, and corporate heads on earth. They could virtually end all wars on earth forever.

But human women do not know about these feminine powers of nature, though it is easy enough to teach anyone who is interested. The magic of

water and this mermaid empathy have been kept hidden from us during the entire history of our civilization.

Empathy then does feel what another feels. It can also sense what has occurred in the past as well as the best outcome of what a person can become in the future.

Question: Everything has two pole so there must be evil mermaids?

In a human sense, you have to have an ego, a sense of self-preservation or desire to dominate, take control, manipulate, or possess in order to get evil.

But it is actually like this: if you can find “evil” in the water element in nature on our planet then you can find a mermaid who embodies that vibration and so you can call her “evil.” Is the tsunami, flash flood, storm surge, rip tide, whirlpool, the rogue Wave, or the sudden on-set of an ice age evil? These are balancing actions of water in nature. If you do not like nature you can call them evil.

When using the word “negative,” I think Bardon is referring to other spirits such as spirits of the earthzone. Among them, some spirits have darker colors and lower vibrations in their auras so that their purposes are less pure and noble—they have no difficulty with purposes involving destroying, controlling, dominating, possessing, etc.

Nature spirits are different. They may not be friendly if you approach them in the wrong way. They may offer you things that are very dangerous to you. They may interact with you in a way that is harmful for your soul. But they are still an aspect of nature acting as that same element does in nature. They are not intentionally saying to themselves, “Oh, a human being. Let me see how I can take possession of him and destroy his soul.” But they may say, “Look—a piece of salvage—something abandoned that has no purpose for being here. Let me see what I can do with it.”

But I do not think the mermaids are ever like that. But again, like a powerful magnet, if you get near a powerful mermaid her aura automatically influences your aura in some way to harmonize with hers because that is how magnetic fields operates in nature.

Bardon may say they act to enchant you. But that is not the fault of mermaids. That is the fault of the creator who created beauty and love. Hold God accountable for creating them but do not berate mermaids—they exist to demonstrate love as natural innocence and purity.

People in Japan were already warned by previous generations not to build homes below the level of the last tsunami, but they built their homes there anyway. There are stories of mermaids and mermen who like to help save the lives of human beings on the sea. Istiphul said to me while a friend was channeling her on Oahu that “No one will drown on this island today.”

They do not intervene easily in human affairs but if you are interacting with them they can take into consideration your well-being and your purposes and act to further them. Or as one mermaid woman said to me, “I am only using my magic in this way because I know this is something you care about.” Because of our connection, she was willing to fulfill my purposes.

There are a lot of beings like mermaids that are not mermaids because they are composed of another element than water. For example, some astral beings have strong ties to fish. And so they can be territorial and seek dominance like some fish. There are mermaids who have been taken possession of who act as agents of the will of human beings. But they are not freely expressing their own nature.

I have simply not run into or sensed anything that could be called a negative or evil mermaid. For me, this is pure fantasy on the part of human beings who project their own inner sense of horror on the beauty of the world that surrounds them. For example, human beings are completely oblivious to how this planet is saturated everywhere with the vibration of love. Human masters in all their traditions have never mentioned or sensed this. But if you enter the aura of a mermaid queen this is perfectly clear—the sea encompasses the earth and saturates the planet with the vibration of love.

What attitude do you take toward a race of beings dwelling on one of the most beautiful, spiritually rich planets in the galaxy whose religions and wise men teach them that nature is evil, “fallen,” lower, of no

consequence, an illusion, or something to escape from or keep separate from because it is impure?

Among other things, mermaids are our teachers. We can learn from them. Or we can cease to exist because we fail to develop a conscience that feels when something is not right because it instantly senses energy vibrations and whether or not they are healing and harmonious.

Question: This is personal opinion and off topic, but I think the kind of "love" experienced by couples is not truly love, but rather selfishness. Neither of the two would let another love the partner. A husband will never let another man love his wife and the vice versa. Is romance in this sense possessive, controlling, and not really love but something else?

Love exists in many forms. For the Venus spirits who perceive many races of beings in many realms, love and beauty exist to inspire beings to unite all opposites within themselves. We all start somewhere. If it is pure carnal lust involving ego strife and conflict, then that is where you are. The attraction, no matter of what kind, positive or negative, serves the purpose of expanding your consciousness—because it engages you with something outside of yourself that is more than what you are.

Most of the mermaid women I interview report that they do not understand the idea of loving one man exclusively. They give all of themselves to everyone equally. They do not have “special” relationships. But they equally understand that among human beings you try to act in a way so that you can fit in. So they try not to offend anyone with their behavior.

They have to pretend that they “miss” someone when someone asks. Because for them love is everywhere they are not experiencing less love because the two people are not together physically.

The one thing writers of fairy tales about mer folk actually get right is that in stories about silkies, seals who change into women when their cloak is stolen, he woman can marry the man and have children and love him and love her children. But if she gets her cloak or skin back she will immediately leave them and return to the sea.

Some mermaid women can love their children with all their hearts but they could easily return to their own realm in any moment and not miss the children. They are not like human mothers who strive to insure that their children will succeed in life or who feel attached to their children and have bonded with them because they have shared so much together.

Again, the mer women do not understand attachment. Water has no attachment to the previous moment. It continuously flows giving all of itself to whatever situation it is in. Take ice frozen ten million years at the arctic pole. If it heats up and melts or evaporates and rises on the air to form clouds it has no resentment or regret or feeling of loss having surrendered the form it was previously in. To love is to be free.

All the same this question often comes up, How do I present myself to a boyfriend so that he feels that I need him and that we share a special relationship? Like any mer folk in human form, being here is a performing art—they have to act human to some extent when they dwell among us.

One remedy for those mermaid women with this problem: Let the guy know how special he is to you and point out whenever he does something for you how much you appreciate it (even though you have no human needs and for you each moment of time is just as special as any other moment of time.)

And just a note: in the movie, *Ondine*, the fisherman rescues a woman in his net. The plot of the story pursues the possibility that the rescued woman is a silkie---a seal who has taken a woman's form. In the end, to keep everyone happy and calm and free of anxiety including the movie viewers, she persuades others that she is actually a real woman.

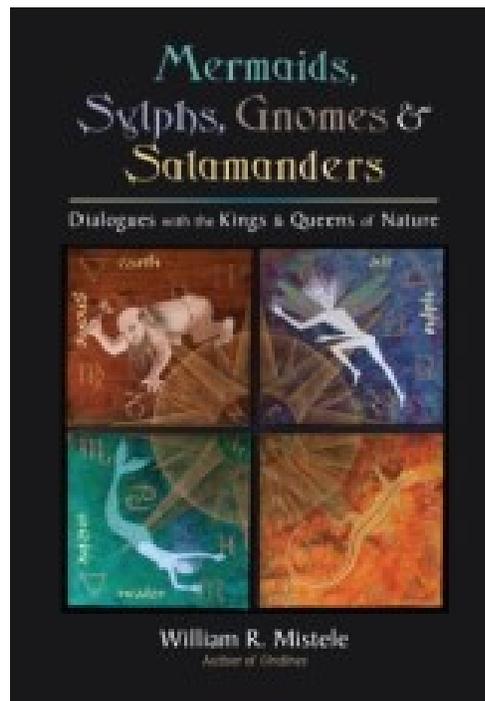
But the details of the plot suggest otherwise—she can call fish by singing to them, even if the song she is using turns out to be a song you can listen to on the radio. She is a mermaid who entered and revived the body of a drowned woman, retaining all of that woman's memories. So now, in order to love and to be here and to fit in, she disguises herself so that others believe she is actually human. That is what is going on in the movie, *Ondine*.

All the mermaid women I know inevitably end up being adept at disguise. This is why no one has ever noticed them before in human

history. They can actually get inside your mind and persuade you they are just a “cute young babe” (maybe remarkably vivacious but still completely familiar) and not what they really are—the sea in human form.

But if you observe carefully, watch how they interact with different people, it is astonishing. There is nothing in all of human religion, wisdom traditions, literature, or psychology that can remotely account for their degree of receptivity, vivaciousness, empathy, and capacity to make others feel alive around them.

Question: Could you tell us your prime motivation behind writing *Mermaids, Sylphs, Gnomes & Salamanders: Dialogues with the Kings & Queens of Nature*?



I have interviewed individuals who say, “I have always known I am a part of nature. It is embedded in my very core,” or “I am the sea.” Or, as one girl said, “I am a part of so much more than this world that we see.”

I have been studying the auras of people for forty years. I am still amazed when I encounter individuals whose auras reflect some aspect of nature such as an arctic bay, the North Atlantic, a West wind, or a

magma chamber beneath the earth. I love it when I meet nature in human form.

The material of my book arises from following the practices of the Czech magician, Franz Bardon (1909-1958). Beginning with his training manual, *Initiation into Hermetics*, and in his other books he strongly encourages his students to meet and to learn all they can from the kings and queens of the elements in nature. He gives the names and briefly describes thirty-two of the most powerful elementals on earth.

Since I love nature I could have sailed around the planet as friends have done, discovered new fish off the reefs in the Philippines, or climbed Mount Everest. But I choose instead to meet some of these beings who help maintain the integrity of biosphere.

These elemental beings embody the primordial powers of nature that we describe in human terms as intelligence, love, will power, and internal silence. Our psychologies and religions have barely begun to explore what human beings can become when we make nature a part of ourselves.

Question: There are four elementals you talk about in your book, *Mermaids, Sylphs, Gnomes, and Salamanders*. How do these elementals relate to each other?

The elemental beings are each composed of one element—mermaids thrive within the element of water, sylphs within the atmosphere, gnomes within the earth, and salamanders within fire such as volcanoes, magma beneath the earth, and lightning storms.

These beings lack the fifth element of spirit called akasha. Human beings possess all five elements within our souls. Together, all five elements compose what we call conscience. Water gives us our sense of love; air our sense of harmony and detachment; earth our appreciation of work and building things that endure; and fire gives us a sense of will and power.

The fifth element oversees the development, balance, and purposes underlying the other four elements. Since the elemental beings lack this fifth element of spirit it is rare for them to look for meaning or experience outside of their own element. However, they do possess curiosity, a learning curve, and evolve in ways natural to their individual element.

A mermaid, even when she assumes human form and lives among us, will often say, "I exist to love." And what she means is that she loves with all of her being in the present moment and in whatever situation she finds herself. It is not natural for her to pursue causes or abstract ideals and human religion has no meaning to her. She has no other purpose than to love unless she adopts a purpose through her involvement with human beings. She will notice those things you care about and temporarily make them part of herself.

The elemental beings are certainly aware of different realms. They just do not go out of their way to interact with them or with the human race except in unusual circumstances.

All four kinds of elemental beings can from time to time be found in human form. But this is rare. I give examples.

If a salamander were born in human body he might ask himself, What problems exist that no one else can solve? And then he might turn into someone like General Patton who advanced farther, captured more enemy prisoners, and liberated more territory in less time than any other general in military history. Or, in his desire to reveal the secrets of fire to the human race, a salamander might become an Oppenheimer, the architect of the atomic bomb. Oppenheimer possessed the level of concentration and ferocity of will characteristic of a salamander.

An individual with strong earth element might turn into someone like Warren Buffett. One of the wealthiest men on earth, he is called the "oracle of Omaha" and is noted for his wisdom in investing over the long term in solid, down to earth industries. Though wealthy, he lives in the same house and avoids lavish spending. He tells his managers to be

content for they possess more wealth than any of the kings of history. For Buffet, life is at its best when you have found the work you love.

Mozart and Shakespeare are examples of air personalities. Their appreciation of sound or words and dramatic movement presents at times a delight that reaches towards rapture. To find beauty and harmony amid the conflict and complexity of the present moment is their passion.

Mermaids, in the past at least, have had to disguise themselves when in human form in order to survive among us. Men try to possess and dominate them and women often attack or hate them. Human beings ascribe to these mermaid women dark motives because they never lose their innocence, their purity, and their desire to give all of themselves when they love. Consequently, it is hard to find examples in history where mermaids in human form have revealed their true nature.

Question: So are you actually saying you are having communication with these beings in an understandable dialogue and how does that take place exactly?

If one is receptive enough, you can ask a question of any spiritual being and there is always a response. If you still your mind and wait, you receive an impression. You can then translate that impression into words and ideas and call it telepathy. You can translate it into visualize images and call it clairvoyance. You can translate it into a sensation and call it clair-feeling.

Sometimes one impression you receive is like an entire book. The spiritual being shares with you not just ideas but the very innermost essence of its being. It is all there—its commission, its source of inspiration, the nature and expression of its power, its experiences with the human race, and its deepest desires and dreams.

The challenge for me is to find something within my own experience that enables me to understand and then through the use of language or art communicate what I have received. These beings do not use words and ideas to think, evaluate, or to act. They have been here long before human religions came into existence. They are basically immortal. And

some have powers of perception beyond what any human being has ever experienced.

All the same, there is a kind of stream of consciousness in the interaction that is exactly like talking to another person—the spirit will say, “I haven’t seen you for while. You look good. Would you like to continue from where we left off last time?” Kind of like that.

I can do the same with human beings. If I ask a question in my mind while focusing on someone I know like, “How are you?” She immediately replies mind to mind, “Oh, not happy.” “Why?” I ask. “My daughter is having conflicts.”

But this woman and I are not communicating with words. I get her exact feelings in her response. And then I get a picture and a feeling which is how she views her daughter from inside of her mind. Her feelings include her own inner connection to her daughter which I experience as she experiences it. The words I use to express this are a translation similar to how we use words to articulate to ourselves our own perceptions and experiences.

Question: What can we learn about these beings that would help us understand nature, human nature, and ourselves?

The astral plane is the realm of the soul. It is a source of motivation and inspiration. Through it, we gain the feeling of being fully alive. And the astral plane with its sensitivity to energy and form gives us our ability to be fully appreciative and receptive to what is in front of us.

The elemental beings are spirits that exist on the astral plane and they have a close affinity with nature. These beings embody an intensity and power of astral life, an emotional force that rarely appears on earth. And this comes from their connection to nature.

For mermaids, water is not just water. Each form and location of water in nature has its own unique kind of electro-magnetic energy. A stream, a river, a lake, a waterfall, an ocean bay or an ocean has a feeling underlying its outer form.

If we can perceive as a mermaid, we might sense in a lake an absolute contentment in which the inner self is at peace with the universe. We might sense in a waterfall and a mountain pool a refreshing, revitalizing, purifying, and scintillating vivaciousness that gives all of itself in every moment and never loses its innocence. Feeling for a mermaid is not just personal, that is, something occurring inside of herself. Her soul shines with all of the light and wonder that exists in the water element in nature.

Similarly, salamanders that dwell within fire have their own depth of feeling. They offer an electrifying enthusiasm, implacable will power, conviction, exhilaration, and courage. In the atmosphere and from the beings of air, the sylphs, we can learn the sense of feeling free at the core of our being, rapture found in sensory perception, and an endless love of harmony. The gnomes possess an inner silence in which those things you care about are always near to you. The gnomes have rugged endurance and to feel like a gnome is to feel that you are home no matter where you are.

If you can fall in love with nature such that you feel it has become a part of yourself, then like the elemental beings you attain astral immortality. Then the feelings I describe above never leave you. They do not deteriorate and the external world does not reduce the strength and sense of wonder they give you.

Question: Could you give some examples on how mermaids work with us?

I work closely with a few of the mermaid queens. For example, one in three times when I fly Hawaiian or Delta Airlines to the mainland from Hawaii it is as if the mermaid queens have arranged for a certain person to sit down next to me. The mermaid queens want me to use my conflict

resolution abilities or empathy to assist either a mermaid who is here in human form or someone who is involved with this race of beings.

There are examples mentioned in history of mermaids who live among us in human form. As I mentioned earlier, I am a greeter to such mermaids. There are perhaps twelve women who I have interviewed who say to me that I am the only one to whom they have revealed who they really are.

I discuss with these women how the rules of their realm of mermaids are completely different from the rules that operate in human culture. Mermaids have immense powers of empathy—beyond human understanding. And yet in spite of that, some of them say to me, “I have never felt a mean thought in my life” and so they cannot comprehend how human beings can be cruel.

There is this problem that plagues all spiritual beings that live among us. There is no User’s Manual lying next to the crib when they are born that explains that they are not human and then goes on to list the motivations and purposes of the human race. These children start out thinking they are human but at some point in childhood they figure out on their own that they are not like anyone they have ever met.

I describe the psychology of mermaids in some of my unpublished works, *Mermaid Women* and *How to Speak Mermaid*. Mermaid women possess a personality type never before described. The main thing is that human beings have never experienced the pure elemental vibration of water that exists in their auras. People tell me that being around them they feel five times more alive. And though you return to normal when you leave their presence, nonetheless you feel half dead.

The water element in mermaids animates and makes fully alive whoever they are near. They nurture and they love spontaneously without hesitation. But for human beings the experience of knowing a mermaid in human form is often like taking cocaine—you feel larger than life when around them and then anxiety and physical withdrawal symptoms arise when you leave their presence. As a result many of them must fabricate a social identity like an actor playing a role in order to survive among us.

Question: Who are all the different elemental beings in terms of their origins and is it usual for them to be involved in the affairs of humanity?

Elemental beings, according to the Western hermetic tradition of magic, are composed of one element. The sylphs are made from the element of air. The mermaids are of water. The salamanders are of fire. And the gnomes are of earth. Human beings, by contrast, are composed of five elements—earth, air, fire, water, and the fifth element of akasha.

There are of course many other kinds of beings who exist on the astral plane. For example, there are a number of creatures similar to mermaids. But the mermaid by definition has just the one element of water. Love is the essence of their being. There is simply no other motivation there.

As Homo sapiens, we evolve through interactions with the physical world. And yet we have souls and these souls, according to many traditions, live on after death on the astral plane. There are, however, many kinds of beings in addition to elemental beings that do not require physical bodies in order to evolve.

The origin of the human soul as well as of angels and elemental beings is somewhat mysterious. If I ask the sylph Cargoste about his origins he says,

“Do I recall my beginning and how I came into being? The sky was not always blue. It was more red with a purplish hue and great fiery wastes were the earth’s face. I was placed here to clear the sky so the stars could shine. My task is obvious. My commission is to preserve light and life and to maintain balance between fire and ice.”

The salamander Itumo who controls lightning across the planet mentions that once he had no power at all. He says, “Within my mind, I can slow time so lightning is nearly frozen and the blast a ripple slowly moving. My consciousness is in the cloud, the earth, and the charge moving between them.

“Yet even when I was nothing I knew ecstasy such as this existed for me to find. Even when I was unknown and without influence, I knew I would master this divine gift. Though I stood in front of an abyss, I knew I would find a path across it.”

The kings and queens of the elements are curious but in a different way than human beings. They feel one with their element within nature and so they do not study nature in an external way that we do. Like the girl says, “I have always known I am a part of nature.” Being with one of them is like being out in nature. You feel refreshed, revived, and no longer within human time.

When I sit next to a mermaid queen and pause from interacting with her, the vibration of her aura changes. She then is not presenting herself to interact with a human being. Her aura changes into the vibration of the ocean.

With one woman it is impossible for me not to notice that in every moment she is like water—like water, she changes herself to adapt to the situation she is in and the person she is with. When I do photo shoots with her, I get thirty pictures of completely different women.

She once sent five pictures of herself to her publicist whose response was, “These are nice pictures but which one of these girls is you?” The mermaids exist within the moment. One result is that they never lose their innocence—their spontaneity does not diminish. Their response in the present moment is not shaped by what has gone before just as water does not cling to the form it was in in the previous moment.

The fifth element that human beings possess offers a high level of integration when it comes to conscience. The fifth element oversees and harmonizes the other four elements. It assigns them purposes to fulfill and monitors their progress. And so human beings ask questions like, What is my purpose in life? Why am I here? What should I be doing with myself?

A mermaid, for example, will say to me, “I just go with the flow. I have no purposes.” Or, “I exist to love.” A mermaid would wonder what else is there but love.

What else is there? Gnomes like to work at changing the vibration of matter. Salamanders seek to strengthen their will power. Sylphs like to create harmony between opposing forces. Mermaids do not do those things—they do not build; they do not seek power; and they do not understand how to create harmony between diverse points of view or

balance between opposing forces. But when it comes to nurturing, empathy, and love, they are absolutely astonishing.

Not possessing the fifth element, elemental beings have no purpose or “authorization” to intervene in human affairs. However, if you meet them in their own realm on the astral plane, you are in their turf. They have their own rules of engagement that apply there.

Some mermaids have entered our world to demonstrate that love can exist under the most difficult situations of life as human beings know it. And I suspect that some mermaids are here to see if they can somehow work with human beings to avoid destroying the oceans as we are now doing. And one mermaid is here to record human experience for future races that appear on earth in case we become suddenly extinct.

Other than that I have no examples of elemental beings becoming involved in the affairs of the human race other than indirectly. By forming a close relationship with a human being an elemental being can then use its immense powers to assist the human in fulfilling his purposes in life.

I have some mermaids who work with me on my project relating to protecting the oceans and establishing justice between nations. But other than two examples I suspect the only reason they pursue these things is because they feel that what I feel is a part of them.

Question: I see the Gnomes are aligned with the Earth and the Sylphs the air and Mermaids the water, and Salamanders fire. Would you explain this alignment to the elements with us?



A scientist once made fun of this ancient classification of nature and the human soul into the elements of earth, air, fire, and water. But it is science that lacks self-reflection. This planet we dwell on is a water planet. The presence of liquid water contributes to the vast bio-diversity of life.

The molten iron core of the planet generates the magnetosphere that protects the planet from solar radiation. Fire too is an essential force that supports the existence of the biosphere. Astronomers search the stars seeking what are called rocky exoplanets that have high density similar to the earth. They want to find planets that are in the habitable zone where it is neither too hot nor too cold so liquid water exists on the surface.

And the earth is remarkable with its atmosphere that allows us to stand on the surface out of doors and see the stars and not dissolve from acid rain, be crushed due to intense gravity, vaporized due to high heat, or frozen solid due to the cold.

Earth, air, fire, and water are a very reasonable classification system if you want to describe the conditions under which life can exist as we know it.

We are familiar with the idea of angelic beings in our Western religions. There are the kami in Shinto, jinn in Sufi, and a vast array of nature spirits in many traditions. The kings and queens of the four elements are sometimes given names, but often a ritualistic approach to interacting with them keeps the practitioner at a distance. There is no personal contact. The system of Franz Bardon insists that you not only meet and become familiar with these beings but that you get to know them so well that their realms within nature become like a second home.

This is a simple way of understanding how a being composed of one element experiences life--

The mermaids are united to water in nature and to the oceans. They draw energy from water the way we draw energy from breathing air. For the mermaids, each moment is a magnetic sea containing the dreams and the taste of ecstasy—each moment arises from and resonates with the love sustaining all life on earth.

The same for sylphs with the atmosphere. Sylphs reside in the sky. They enter each moment seeking to attain and to abide in complete harmony.

Our bodies metabolize food substances and oxygen to produce energy. Heat is byproduct. In an analogous way, the salamanders absorb the heat and expansive qualities of fire into themselves. The light in fire animates their souls. Will and power define the nature of their consciousness. It is understandable that they are incredibly interested in studying fire in all aspects as it exists on earth. For the salamanders, each moment presents the opportunity to purify, strengthen, and expand the power of will.

The most powerful gnomes who dwell within the earth perceive time not only in terms of centuries and geologic ages. Their perception penetrates also into the processes through which matter is formed and through which it dissolves. For a gnome, physical matter is malleable. It is something you can work with and transform.

When a gnome is working on something, it is almost like time disappears. When a project is complete then you have a unit of time as in

“I have finished what I have begun.” Consequently, gnomes possess an inner silence that is like a quiet ecstasy. They always feel close to the things they care most about.

Question: Can you say more about the multi-dimensional universe in which we exist with its different realms such as those belonging to the elemental beings? And what are your future projects?

The elemental beings embody the pure form of the energies that compose our own being. When I study them, I am studying human nature—what we are capable of becoming. If a great salamander incarnated as a human being he just might grow up to be a general like Patton who in his mind existed to win battles no one else could fight. He might grow up to be an Oppenheimer, offering to mankind fire in a new form. Salamanders have power but not necessarily the wisdom to direct that power to its best purposes.

A sylph in human form might turn out to be a Beethoven who writes the Ninth Symphony or a Stephen Hawkin who explores the origins of the universe. The mind seeks harmony and understanding. A great gnome in human form might unravel some new mystery of DNA or discover how to dramatically extend the length of our lives.

We are familiar already with the realms of salamanders, sylphs, and gnomes. But mermaids we seem to know nothing about. What would happen if the empathy of mermaids were a part of human culture the way earth, air, and fire are?

I like to put it this way: We would have direct mind to mind contact with anyone on earth in any moment that we wish. We would know how to dissolve malice with ease and be able to overcome those who abuse power simply by concentrating on an individual, freeing him of his false attachment, and restoring him to his best path in life.

And if we have the fifth element of akasha along with the water then the human conscience would finally be fully operational. We would establish justice, speak truth, and understand others' hearts.

Human beings, as you say, are multidimensional. These spiritual realms are a part of us. By studying the beings within these realms we can discover what is missing in our own culture and history. By acquiring the sensitivities, perceptions, intuitions, and powers of these wondrous beings, we can take hold of our own world and shape it so as to create harmony and balance.

North Atlantic Books has expressed an interest in publishing next year my collection of stories called *Mermaid Women*. Some of these stories I write down verbatim as the women tell me about how they began to incarnate among human beings.

Other stories I put together from ten hours of video taped interviews such as the story I am working on called, *The Tank Commander and the Mermaid*. This woman used amazing powers to protect her husband while he was deployed in Iraq. She gave him detailed briefings on future events and what he needed to do to survive. Mermaids, as someone once told me, make great intelligence agents because they can read others' minds and sense the future.

I am also field testing and editing a book called, *The Perfection of Wisdom*. The four elements embody everything we experience in the visible world. The fifth element empowers us to transform anything we encounter so it attains to its highest purpose.

This book is an exploration of this fifth element of spirit or akasha. It takes the familiar Buddhist empty mind meditation and increases the level of concentration so that it becomes effective in Western terms. You then have a mirror like, crystal clear mind.

The book helps individuals deal with negative people in their lives. If you can use the methods in the book to work with negative people you

know, then you can immediately apply these same methods to any negative person on earth. You do this by combining a clear mind with mermaid empathy. Mermaids have the ability in any moment to instantly connect soul to soul and mind to mind with anyone on earth.

Mermaids embody a perfection of love never before revealed to mankind as an elemental, astral force of nature. The Buddhist clarity of mind is able to stand outside of the stream of cause and effect that produces karma. Creating it and applying it, you can modify the karma of anyone on earth or at least reduce or cancel the individual's ability to harm others.

Although mermaids do not possess the fifth element of spirit, if they dwell within a human body they have equal access to all five elements. Much to my surprise, I notice that some of the mermaid women can use the akashic meditations to make negative people calm and reasonable. I suspect they acquire this ability through their power of empathy simply by being around someone such as myself who has the fifth element strong in himself.

As I mention elsewhere, I also have a book now finished called, *Mermaid Tales*, that presents stories of how mermaid women interact with human beings. Writers like me turn to the genre of fairy tales and mythology when we repeatedly encounter experiences that no previous system of interpretation can explain. And so I write back stories—stories about when and where these women first began to incarnate among us.

My work in these areas you can see as I write them on my facebook page, [facebook.com/williamrmistele](https://www.facebook.com/williamrmistele) or my web sites:

[Williammistele.com](http://Williammistele.com)

[Williammistele.com/videopoems.html](http://Williammistele.com/videopoems.html)

And longer manuscripts at [williamrmistle.com](http://williamrmistle.com)

Videos are at [youtube.com/emedetz](https://www.youtube.com/emedetz)

## Epilogue

Question: Can you say more about the role you play as a mermaid greeter in which you act as a consultant or a go to person for mermaids who live among us in human bodies?



A “greeter” is a technical term that describes someone who welcomes a soul after the person has died and is now entering the astral plane. I do the opposite. I welcome mermaids who are spirits on the astral plane but who have now entered our world and living within a human body.

It was natural for me to become a “mermaid greeter.” I discovered that I was literally saying to some of the women who are mermaids in human form, “If you have any questions you want answered about being in this world or if there is anything you need I will see what I can do.”

Indirectly this role was assigned to me by several mermaid queens when they promised me I would meet mermaids in human form so I could better get to know their race. I had already researched my book, *Undines*, in which I carefully studied the aura and magic of four mermaid queens. That work gives me the ability to recognize the aura of a mermaid when she is here in a human body.

I have a story in *Mermaid Tales*, “The Mermaid Who Was An Airplane Pilot,” in which a 747 Boeing pilot sits next to me on a flight to Honolulu. She acted in every way human. But early on in my conversation with her I said to myself, “This woman sitting next to me does not have a human soul. She is a mermaid.”

How can I tell? Another woman on Kauai asked me, “How do you know I am a mermaid?” I held up my hand and as I felt her aura I said, “Because there is only the one element of water in your aura.” She texted me an hour later to say that she felt what I felt in my hand when I touched her aura. This was her first interaction in which a human saw who she really is.

If I spend time meditating on the woman’s aura I experience that part of nature that she embodies—the North Atlantic, an arctic or tropical bay, a lake, a river, the mermaid magical singing, the pull of the moon on tides, etc. And then if I meditate more I can sense when she first began to interact with human beings and the circumstances under which she began a series of human incarnations.

I can also try to answer their questions about the different rules that operate in the astral mermaid realm as compared to the human world of history. Among human beings love is a rare commodity. People fight over it, compete for it, try to persuade, bribe, coerce, or force another in order to gain that person’s love and affection.

In the mermaid realm by contrast love is everywhere. Love is a vast sea that encompasses the earth and it is present in every moment and endlessly flows through each mermaid/merman. Basically, mermaids greet another by becoming one with that person. You join your auras. Human beings always interact within a context and their separate identities always remain intact.

You essentially have one culture in which ego does exist and another culture in which ego is essential for survival and finding your place in

the world. I have another unpublished book, *Letters to Mermaids*, in which I address a number of the questions mermaids have put to me. See <http://williammistele.com/letterstomermaids.pdf>

As I mentioned earlier, I encourage them to form a community. I introduce them to each other. And I am continually interviewing them and learning new things about them. There are no references anywhere that describe what these women are like.

Assumptions are useless. I have to describe exactly what I am presented with. Each mermaid woman is unique and yet there are general traits they tend to embody. Each time I encounter a woman who does not fit the pattern a new world of discovery opens up to me.

Being a mermaid greeter is seeing beings that are active in two separate worlds or realms of awareness. Love is known to be daring and bold. It is a tremendous act of courage on the part of mermaids to choose to life among us in what one mermaid queen describes as “your world of sorrow and loss.” Part of my message to these mermaids is to remind them of what another mermaid queen, Isaphil, once said to me, “It does not matter in what realm you are as long as your feel free in your soul.”

We are all multi-dimensional beings. We are surrounded by many realms of magic, love, and beauty. Part of my job as a mermaid greeter is to tell the story of their journey into our world and to remind us all of the wonders that exist within and around us.

## Traits of Mermaid Women

### Nature

Mermaid women feel they are a part of nature. They have a nonhuman identity. Some aspect of nature is alive within them, and that is their sense of inner self.

Among other things, this allows them to accept the world as it is. Some perceive the world as being richly satisfying and fulfilling. And yet this evaluation is not based on the extent to which their personal needs are being satisfied.

They are not greedy. They are not driven to possess whatever they can in order to ensure their own security. They intuitively experience themselves as already part of the richness of life. They experience the abundant energies of life flowing directly through their own bodies.

As children they may give away anything valuable they have to others. They have a hard time understanding ownership. In other words, in their view, having a valuable object does not make them more valuable.

One woman said, “I have always known I am part of nature. It goes deeper than a vague feeling. It is embedded in my very core. I assumed as a child that everyone shared my view.

“However, around the age of eight I realized for people around me that it did not work like that. They used nature for their own ends, or they tried to escape from it or destroy it. This was an unconscious action for them, part of their everyday routine.”

And for another woman, “I have a different connection to water than what I have with people. It is as if I can merge my soul with water, and it is then I truly become one. Within water I feel loved unconditionally, revitalized, refreshed, renewed, happy, pure, cleansed, and euphoric. All these words do not fully describe the feelings that water brings.”

As mentioned in the introduction, even if one of history's greatest psychologists had met a mermaid woman, they would not have noticed anything extraordinary. They would have missed seeing who she was because a mermaid woman blends so easily with the state of mind and feelings of whomever she is with.

But if they had observed her more carefully under a variety of circumstances and had known what to look for, they would have sensed something eerie and impossible to account for. She seems familiar and almost childlike. But unlike other human women, the depth of her emotional life is outside of time. It is sustained by her connection to nature.

This enables her to respond in almost infinite ways to different situations and people whom she encounters. This is something observable—her range of emotional expressions. But again, you have to look very carefully to observe her capacity to adapt and form a unique response to each situation she enters.

She is not a human woman. She is a woman with the astral body of immortal being who is joined to all the waters of the earth.

## Time

For many mermaid women, "Time in the outer world is not real." "There is no past, present, or future." Linear time does not exist.

The present does not proceed from the past and move into the future. Rather, the past, present, and future are simultaneously together—they form one integrated whole.

One woman said, "Schedules do not matter. They are just something I know I have to do with my conscious mind. But I can be in my sense of timelessness and still do the things that I have to do. Though I plan and schedule, I remain in a timeless space."

And, “By flowing in each moment, time becomes timeless.”

And also, “I was just thinking today how I can tap into a memory, and it is as intense and powerful as the moment it happened. The same energy is there. Time and space do not exist within my mind.”

Another woman: “I am playing a part as a human being. Obviously, to act human is to do what they do, which is having goals and striving to attain them. But I do not like being asked, ‘What are your plans?’ I simply try new things to see if they feel right and are comfortable.”

And another woman: “I try to act human. But I have no purposes or goals. I just go with the flow.”

Mermaid women feel the same inside of themselves their entire lives regardless of how old they are: “When I was four I did not feel any different than I do now. You could put me into that little four-year-old body, and it is still me. And I know that I will feel the same when I am older.”

Another woman: “Thank you for putting this into words for me—I’ve been struggling to explain that one to myself and others for a long time! Especially the part of not feeling any different now from when I was a child.”

And another: “I am the same person now that I was as a child. Events in the outer world do not change who I am.”

Often these women mention that grown-ups started talking to them as if they were adults even when they were only five or six years old. One woman said that her teachers wanted to treat her as a child, but they caught on that she could think and feel as they do. At the same time, as adults they still continue to feel youthful and playful like children.

If you identify with flowing water that you sense is inside of yourself, then you understand intuitively that water is always the same. The form it is in changes, but its essential qualities remain unchanged—the receptivity, the feeling alive by being in the flow, the ability to respond

in the present moment, and also a vast depth with its power to receive, store, and release energy.

On the open ocean, the water barely changes over millions of years. There is a timeless quality to mermaid women. You can be talking to a twenty-year old and feel she has the wisdom of a grandmother. Or you can be talking to a woman in her sixties and you feel you are four years old again playing with a friend in the backyard.

To put it simply, a mermaid woman may well understand how to schedule appointments and meet deadlines. But she also feels that linear time is not real. What is real is the feeling of timelessness—that she is joined to nature from within in a way that schedules, calendars, and events of time cannot measure or define.

### Psychic Empathy

Most people have a sense of what other people are feeling from observing body language, tone of voice, facial expressions, and so forth. Empathy may develop further by feeling sympathy for another person—you imagine what another is going through and what that would be like if it happened to you.

Mermaid women have an additional dimension to their empathy. Like mermaids, they extend their auras through other people. This allows them to sense the other person's feelings as if those feelings are occurring within their own bodies. This is also for some of them the basis for a direct heart-to-heart and soul-to-soul connection with anyone else on earth.

In this case, there is no imagination or sympathy involved. It is direct sensory perception. They are literally feeling what others are feeling. They can also join their own astral body with another person's astral body so the two become one energy system. This enables a mermaid

woman to transfer the other person's pain or physical ailments from that individual's body into her own. She can then quickly dissolve this negative energy.

Some of their comments:

"I can walk into a room and tell what everyone is feeling inside."

"I would meet someone in a store I had met once before, and I would pick up what was going on inside that person, like he was upset."

"I can walk up to a stranger and feel what the other person is feeling every time, good, bad, ugly feelings, it doesn't matter."

"An example of my empathy is when my daughter gets her feelings hurt at school over something most adults would think is silly. I can zoom to when a similar experience happened to me as a child and relate on that level. At the same time my empathy skills feel her pain as if I am living in that very moment that she experienced. Another example is when I talk to a man who has come back from Iraq. Even before he mentions his pain, I start to see his thoughts and memories of being in Iraq. It is as if I was there myself."

"It is hard to explain in words because I am used to just sensing the vibrations and emotions in other people. There are no words or thoughts involved. Human beings are strange because they do so much with words and lose so much feeling as a result."

"I can find common ground with anyone and give love to them. I feel an instinctive 'need' to encourage and nurture people I meet ... I have a lot of empathy (formerly to a fault, but I am guarding myself a little more now so as not to be taken advantage of)."

"I can feel others' pain. By flowing my energy through someone, I can calm that person down. It is like taking them off to the side and giving them a breather. This kind of direct connection can help when words do not."

“When I meet people, I will see flashes of their lives and feel their pain and joy.”

“If I let my guard down, in an instant I can be inside of someone else and feel their pain.”

“I read a friend’s letter to her boyfriend that she had written nine years before. Not only did I feel what she thought and how she felt when she wrote the letter, but I also felt how the man felt whom the letter was written to. She was breaking up with him. I could feel his pain! I even got sick to my stomach because of the mental/physical anguish this man went through. It was if we had become one.”

For mermaid women, psychic empathy is a natural way to interact with others. They feel what others feel and desire to care for them as if the others’ emotional experiences are their own. Again, this is what mermaids do in their own realm. When two mermaids approach, their auras blend so that everything one feels, the other feels. This includes past memories as well.

And on a deeper level of mythology, the race of mermaids watches over an actual location that contains the entire history of all mermaid experiences on earth. A mermaid can go to this place and meditate in order to be healed or to receive wisdom from others’ experiences. In terms of a technology for recording life experience, the mermaids are far more advanced than we are.

Psychic empathy is, then, a healing and healthy mode of interaction for mermaids because for them the ocean itself is an embodiment of love. Flowing energy through another is just sharing the love that is already there.

For human beings, such an approach is dangerous. Exposing oneself to others’ negativity and desires would be a quick way to destroy one’s own motivation and identity. It would be easy to feel violated and used. Being excessively needy and greedy, human beings almost always take

more than they give. The idea of taking more than one gives is nearly impossible for a mermaid to understand.

From a mermaid point of view, human beings have a misconception about the importance of ego and identity. People feel separate and isolated. It takes effort to establish social contacts. In actuality, the planet earth is surrounded and encompassed by a magnetic field with the quality that a mermaid might describe as “a love that is everywhere in every moment.”

### Emotional Independence and Detachment

In spite of their profound empathy and capacity to join with others from within, mermaid women feel detached from other people no matter how strong the relationship or how involved they are with others. They feel they are observing life from a distance. At the same time, they do not feel alienation or isolation. They are content and enjoy being independent.

For them, other people do not have the same life-giving vitality and feelings of well-being that they sense inside of themselves.

Consequently, bonding in normal human terms of relying upon, needing, or depending on another is not of major significance to them.

For example, “I actually feel happiest when I am by myself. I feel guilty when I have a boyfriend, like if I go and have fun or if I feel happy without him.”

And also, “For me, it is about learning. You can love everybody, but that does not mean you have to be attached to them. The learning begins and ends. It is not part of this form but of the soul and the spirit.

“I try to live halfway in this world that I am describing now and halfway in the world that exists around us that I have to function in for my business. So I have aches from that, because I am torn.

“So I am trying to find that balance. I sometimes tell people, I am a mermaid having a human experience.”

And, “My son leaves in about eight days to go back to Europe. I love him and am very loving and nurturing to my children, but I do not feel the sadness others think or want me to feel because he is leaving. It is as if I do not have feelings on it either way. I am sure if people knew how I feel, they would think me bad.”

“I feel like I am a visitor here. I enjoy the experiences, but I am looking forward to going home.”

Again, “No matter how hard I try, I just cannot seem to connect with many people on a deep level. I feel deeply grateful for the love and attention I have received from others; I know its genuine coming from those people, but its not fulfilling. I don’t rely on others for my happiness or fulfillment.”

“Because I can understand how people feel, I can understand how they are going to react. People don’t even realize when they have blinders on and when their judgment is clouded by their unresolved emotional issues. Being detached, I see the big picture. This allows me to take them in a certain direction without them realizing I am doing so. I use my ability to make the best of the situation and get a harmonious outcome. If I have a problem with my feelings, I work on them at a later time. I understand how others might use this ability in a selfish way, but I would never do that.”

“I still get confused as to why humans become so attached to one another. They attach to other humans as if the human is a physical object.”

One said, “I really don’t get angry. It is such a useless emotion, really! Why be mad at someone? Because they are not perfect? How silly!”

“My boyfriend will say he had a bad day. If I had the same kind of day, I would not label it in that way. For me, it is just another day.”

From my perspective, historical fairy tales about mermaids are mostly disinformation. The writers are making up stories and inventing mermaid personalities based on their own experience with women. And so almost nothing they write is insightful or informative.

But they do have one thing right about the sea people. If a Selkie (half woman and half seal) is tricked into marrying a man, she will be his wife, love him, and love the children that they produce. But even so, if she is ever given an opportunity to return to her own form in the sea, she will leave in that very moment.

She is able to do this because for her, love is not possessive. It is not furthered by controlling someone else's life. And she never forgets, no matter how socially adept she may become in interacting with human beings, that she has a nonhuman identity.

I asked one woman if she would give up her human form and become a mermaid again if she had a choice, even if it meant leaving her husband and children behind. Her reply was that she would return to being a mermaid in that very moment.

Most mermaid women are comfortable being here in human bodies. But some feel they have been brought here against their wills. In general, mermaid women do not get sad, feel sorrow, or experience loss; or if they do, the experience is not prolonged.

## Relationships

Romantic love involves bonding with one other person. For a mermaid, love is not possessive in this way. Love is a property of water. The ecstasy and bliss that water contains are not derived from a connection to one person. Love is in the rivers, the lakes, and the seas. This love encompasses the planet.

Love, then, is independent of relationships. Mermaids do not have an ego the way we do. Bonding in normal human terms is not of major significance to them. Consequently, they do not comprehend the idea of romantic attachment. They are definitely not codependent.

For example, “I enjoy relationships, but I have never felt fulfilled by anyone. Yet when I am with another, part of me flows through my lover even when the relationship is over. The love is an unending stream.”

“I know that men will always dissatisfy me, but I will always love.”

“It is not that I do not love him; but he knows I am capable in a moment of moving on. He likes to hold on to things. I don’t like to hold on to anything. I respect him and love him and like having a relationship, but I don’t need it. If I am not in a relationship, I do not go searching for someone. Men just come to me. There have been times when I feel guilty—like I am wasting his time because I am not attached to him the way he needs me to be.”

“When someone says, ‘I never felt fully alive until I met you,’ that is very romantic; it is lovely, but I am pitying that person because that poor person [holding her chest] cannot find those things within himself. I mean, it is out there in the beauty of life; I like the idea of finding the right person, but I think you should find happiness within yourself rather than living it through someone else.”

“I have to be honest. I have never felt complete with another human being here on earth.”

For mermaid women, all men are inevitably unsatisfying. The men seem incapable of sensing the depth of life that is within the mermaid woman. And men are incapable of returning the same kind and degree of affection and empathy. In spite of this imbalance, mermaid women continue to be giving with whomever they are with.

“Men do not have the same depth that we carry. This was in *Harry Potter*. Hermione said to Ron, ‘You’ve got the emotional range of a

teaspoon.’ That is how I see men. I am not saying that men do not have a sensitive side to them. They do. But in relating to the depth of a woman’s feeling, I don’t know if they can really relate. I haven’t seen that.”

Some mermaid women have difficulty in their relationships to men because a boyfriend will discover that the mermaid woman is in no way dependent on him. So he thinks to himself, “How can there be a relationship if she does not need me? There is no bonding going on.” One mermaid woman suggested that in this situation a woman should simply celebrate whatever the men do give, no matter how small it is. She went on, “We never need men. Having the relationship is really nice. But the need part is insignificant.”

I said to one mermaid woman, “You have felt really connected with men. So when it suddenly ends, there is a feeling of loss. But it is temporary?” She replied, “It is kind of like, ‘Oh, what is next?’ because I look at it like a progression in my learning. What ends in one relationship goes on in a new way in another.”

And, “You know, I can connect with people but I do not really bond. I connect with them to serve a purpose, and after the purpose is served I am gone.”

“My purpose for them is almost experimental—I am teaching men love and empathy. It is much harder than I thought it would be.”

In addition, mermaid women have the ability to continuously flow energy and love through others regardless of whether they are far or near. Water in nature is like that. It remains healthy because it is constantly in motion, flowing, giving and receiving endlessly.

I asked one mermaid woman about how she is constantly flowing energy through her boyfriend and whether he senses this. She said she has always done this with all her boyfriends in the past. Her current

boyfriend is aware of how she flows her energy through him, and he really likes that she does this.

### Innocence (and Being Uninhibited)

The uninhibited sensuality and innocence of mermaid women are almost beyond human understanding. They are one hundred percent in the moment aware of the possibilities of exchanging energy with others-- they give all of themselves without holding back. And they never lose this form of innocence.

They are not operating from a position of ego. They are feeling another person's body as if it is their own body and the other person's feelings as if these are their own feelings. They are not using human empathy. They are using mermaid empathy, which is literally inside of you and sensing you from within. There is no "I" present, only the feeling of being a part of each other and connected.

As they grow up, however, they learn that human beings do not reciprocate these feelings of connection. All the same, this is their natural way of interacting, and this primal capacity never leaves them. It is the freedom they possess in regard to sexuality, sensuality, and love that is beyond human comprehension.

For example, "I don't understand why people can't feel pure love."

"No matter how much other people hurt me, I give love back. Love is my religion. Love in every moment."

"I am not attached to things; only love. Love is life; life is love; love is everywhere."

"I never understood why people did not love on the level I did. It was very confusing growing up even as a young adult. Something that came so natural to me seemed to be difficult for others. I never understood why love always had a cost or repercussions. For me, I love with my

entire being. I don't understand why humans must try or work at loving each other. You love someone for the good, the bad, and the ugly; and if you can't forgive, then you really don't know how to love at all."

"Humans have strange connections and obsessions with other humans and materialistic items. These things have always been hard for me to understand as well. I was giving away jackets, toys, and all kinds of things even as a child."

"When I was young I used to get confused because no one knew how to think in an unselfish way. I couldn't understand why people were selfish. Even now, I see it, but I still do not understand it."

"I have a hard time with the whole concept of morals and society's rules and norms. I mean love is who I am and what I follow. For example I do not on purpose hurt others. I don't get the Ten Commandments that some follow. Rules, laws, what is right and wrong in society's eyes—all of these things I have a difficult time understanding. I feel if only they knew how to really love, they would not need all this because with love comes compassion, empathy, forgiveness."

"I used to wonder about the whole conscience thing. I mean, I am not sure I have that within me. I don't seem to understand shame or guilt the way humans do. Shame can be so restricting, and I don't like that."

"Speaking of sexually uninhibited, that is how I have always been. I don't understand or feel the emotion 'shame' that so many others speak of. I don't understand the guilt and shame that go with sex. I am a very free, loving, and a wild spirit when it comes to sex."

"I am perfectly capable of being a hundred percent uninhibited with sex. The emotions are off; I am detached. I can have sex with someone without feeling any attachment; I can be attracted, but it doesn't go beyond that. I would never use the word 'special' to describe having sex with my lover, even though it is special in the social sense of not having it with anyone else."

“I like to experiment. I realize how humans work—that there are a lot of emotions and feelings involved. So it is important to not ignore those. Yet I want to be uninhibited because otherwise sex is just expressing your ego.”

“I still to this day do not understand the whole love and sex thing. For me, the two are separate. No wonder humans get so confused in relationships. “

“I love sex. But for me love and sex are not bound together. Sex is a natural bodily function. Love is of the heart—it is a soul-to-soul connection. Love does not require physical consummation in order to be fully expressed. Love is what I am.”

“Bathing suits are the bane of my existence ... and nudity and sexuality are big factors in my life.”

“I don’t like bathing suits. I never wear one when I am cleansing myself, immersing myself in the water.”

For a mermaid woman, if what you are doing makes you feel alive, then it is right. If what you are doing makes you feel weak, then it is wrong. This principle defines the sacred. In practice, however, it is not necessarily any easier for them to find which way to flow. Life is as complex for a mermaid woman as it is for anyone else. But they can tell from their feelings if something is right or not, and they usually sense before those around them when it is time to move on.

### On Human Beings

“Human beings are savages.”

“The men need to be coddled; the women are mean, vindictive, and jealous. The men are like children, and the women are selfish. I wish women would wake up and find their own personal power and realize

they don't need to be mean. And men are always striving because they need to prove themselves.”

“I think women are very powerful, and they often use their power for evil. I trust myself and know that I don't try to hurt others or gossip, but I don't trust women to do the same. Even so, women are drawn to me and respect me.”

“Human women often are revengeful, angry, and want to hurt others. It is so sad that someone goes out of her way to make others feel bad; she must be so unhappy.”

“I do not do selfishness. And I do not understand why women who are hurt by someone would want to hurt the other person in return. The idea of being revengeful, vindictive, hateful, or negative is beyond my comprehension.”

“When someone does something malicious, I can't relate to that; I never feel like that, even when I am dealing with someone who is really cruel. I only want to do what needs to be done; I don't want to hurt someone who is trying to hurt me.”

“It is amazing how all this earthly/physical energy/stimuli gets in the way or distracts them. They are not a very advanced race. Humans are very animalistic with many negative emotions.”

“Sometimes I don't even think of myself as human.”

“I was thinking about how as a child and all through my life, one of the hardest things for me to accept was how humans could be so cold-hearted and selfish, and they only loved you when you were what they wanted at that moment or doing what they wanted. They seemed to hold grudges and not forgive easily. It is as if they really don't understand love at all! One moment they love someone, and then the next they don't.

“How do you just stop loving someone? I just never understood that. I understand how relationships don't work out, but for me, even for the

ones that have not worked out, I still love all these humans unconditionally.”

And, “Why do people want to waste energy on hate and negativity. I find it frustrating!”

“I was just sitting here thinking of how humans go around almost as zombies when it comes to emotions and love. I can feel love all around me and in every bone of my body, but they seem to have such a hard time with the emotion they call love—when really it is so much more than a thought or an emotion. And they search and search for it when really it is with and around them in every moment they experience. They just need to put it within every thought. I do love humans as I love all beings, but they tend to be so overdramatic! Yet I understand. Even my human tendencies can get the best of me at times.”

“I don’t want to say people are half dead. They just don’t recognize their aliveness, the gift of life that they have now. The opportunities around us are limitless; we can be what we want to be, enjoy experiences in life.”

“There is so much life and vitality, creative and artistic life to be lived. But in others there is something missing as if they do not feel supported from within—they go on ticking life away not even knowing how much is missing ... Not even knowing that they weren’t fulfilled.”

“Human beings lack in passion, feeling, love, empathy—all of it! I know I must make the best of this world I live in, and I do want to help. I love to feel alive and use all my senses. It is as if humans just go through the motions of life without really being able to love unconditionally and empathize.”

Secretive

Other than a few exceptions, it usually takes me between six months to two years to get a mermaid woman to tell me about herself. And then I am usually the only one she has ever shared her experiences with.

They tend to be very secretive or shy about talking to others about what they sense and feel. Their acute receptivity makes them different, and it makes them vulnerable. How do you explain to other people what is so utterly natural and right—being able to feel others' emotions and sense their energy?

They learn early on how to disguise themselves so they appear to be like other human beings.

“Interacting with others is a learning process. It is why we are here. All the same, I find it extremely difficult to be fully understood by others.”

“I am quite secretive, but that is mostly because I realize others won't understand.”

“All my life, people say I am mysterious. But I am not holding anything back. I just walk in this quiet knowing.”

“We are evasive and illusive. We do not need to broadcast where we are at, what we are thinking, and what we are feeling.”

“So I am secretive; I don't mean to be, and I think it is funny that others think I am. If I am asked a question, I will answer the question. I have nothing to hide from anybody. But I am not going to waste my time trying to explain the depth of me that nobody will understand.”

“I do not tell others much unless they are ready for the information. Many people would just think me crazy if I told them the things I know and remember.”

“There is real energy I naturally exude. But even as a child or teenager I have had others who very quickly became attached to me if I let them. So I have learned how to block that kind of attention. Blocking is about being open or closed. Giving another energy is like leaning toward that

person, but blocking is like leaving a distance between us. So I have had to learn how not to give others my energy.”

Mermaid women have often experienced being stalked. A complete stranger, for example, may follow a mermaid woman when she gets off of a bus.

There are also people who know how to drain the energy from mermaid women. These individuals may unconsciously act as emotional vampires, trying to take the energy the mermaid women seem to be willing to give in excess. There are in fact a few human beings or other types of people who have the willpower to both sense and take possession of mermaid women.

For such individuals, bonding with a mermaid woman is like being united to nature from within yourself. And so there is more than sufficient reason for mermaid women to become masters of disguise. Consequently, from an early age, they learn to “block” others from sensing their energy; they hide themselves. They are like professional actors when it comes to assuming a role different from what they really are.

I asked one mermaid woman, “On behalf of my readers, and putting aside everything that I have said to you, can you tell me who or what you really are?”

The mermaid woman replied, “I use this body to experience things. My body is like a glove. It is something I put on and wear. It does not change who I am. Though I have entered a human body many times, I remain unchanged. I only grow in experience.

“I have disguised myself this time around. I can integrate myself into human society to an amazing degree, but I am not all that human. I even sacrifice or limit my connection to my otherworldly self in order to be

more socially effective. Yet I am here as an observer of human reality. This is what I am.”

## Death

Mermaid women talk as if the astral plane—the next world— is more real than this world. And since some of the mermaid women can so easily see and speak with departed spirits, the boundary separating the living and dead seems of little or no significance. Some mermaid women speak to dead people in the same way they speak to people who are alive:

“I do not fear death; I am happy to be here and to learn, but I am also excited about moving on.”

“Death is not important to me. It is not that I do not value life. I try to be the best person I can. There is so much more I am a part of than this world that we see. Actually, for me boredom is death.”

“I don’t believe in death. I remember many lifetimes.”

“I don’t believe in death. It is just leaving the body and I am moving on.”

“Death is not to be feared or even of major importance. It is merely a transition.”

“I have been thinking that there is this whole world I can sense but not see. It is frustrating that no one else feels it or acknowledges that it is there. It is so real that I am unafraid of going there. I do not fully understand it, but I feel that it will make complete sense when I get there.”

“I am trying to make my husband understand some things. He is upset about a friend who will die soon of cancer. And he just does not understand that when he dies he will then actually be more alive than ever.”

“I was thinking today about funerals. You know in my entire life I have only been to one. I think they are so silly, and why do people mourn when they should be celebrating the new journey the departed are taking?”

“I never understood the attachment humans have with their bodies. I sense the soul that has left the body. I try to encourage them and help them in adapting to their new situation.”

## Traits Unique to Hard-Core Mermaid Women

### Introduction

To review, there are human women with mermaid auras, that is, they have a lot of water in their auras. This watery energy reflects some aspect of water in nature—a waterfall, a mountain pool, a lake, a stream on land or underground, a river, an ocean bay, or an arctic bay.

These women feel, think, perceive, and act the same way as real mermaids who are inside of human bodies. Though these women are human, they identify themselves with water in nature, so they act and talk exactly like the mermaids. Yet they have no ties to the realm of mermaids.

A mermaid in a woman’s body usually has some broader connection to nature. For example, her aura embodies the vibration of an entire ocean. These mermaid women, however, are from the Other Side. They are immortal beings occupying a woman’s body. Consequently, they possess additional traits that the human mermaid woman usually does not have.

For example, they are hardwired from birth with certain abilities. They can instantly connect to anyone on earth with their psychic perception. They usually have telekinetic abilities in some form or possess mesmeric

abilities to influence others. Since they are from the Other Side, it is easy for them to perceive and interact with spirits from the astral plane such as fairies. And though both kinds, the human and the hard-core mermaid women, talk as if the astral world is more “real” than this world, the hard-core mermaid woman often talks directly to spirits almost on a daily basis.

### Sense and Heal from a Distance

A human mermaid woman can flow her aura through someone she is near to or cares about. A hard-core mermaid woman can do this with anyone anywhere on earth. The other person does not have to be physically present for her to flow her energy through the other. The hard-core mermaid woman, then, is able to sense and heal others from a distance. Since distance is not a problem for her, she will often send healing energy to others on a daily basis. For her, this basic form of energy sharing is part of being alive.

“You share energy with others at a distance too?”

*Sure.*

“Relatives?”

*Anybody. And sometimes I will doubt myself and call to check, and it turns out the person I was concerned about was in a hospital. So I was right.*

*It depends on my mood and level of consciousness. But I can just look across the street and I will think, “Ah, that person needs energy,” and I will send it, and it ends up as a color. Or it will be like, “Oh, happiness to you,” and, zap, I give energy away to anybody.*

“So if we put you in the ER at a hospital.”

*Oh, I would zap everybody. And they would each get different colors of energy from me.*

## Relation to Water

As children, hard-core mermaid women may spend many hours a day in water (sometime ten hours or more)—either in a bathtub, swimming pool, lake, or other body.

As adults, they prefer to be around large bodies of water. Some of them practice magic or send healing energy while they are in the bathtub:

“For me, being in water feels better than being anywhere else.”

“I taught myself to do the mermaid way of swimming when I was a child, and I still swim like that.”

“When I was a kid, I had to be in water. But now it is always around me. As a kid, there were times when I needed to get away from my family, out of society, and being in the water was the only peaceful place.

“Whenever I would get upset about something and couldn’t get near the ocean, I would fill up the tub and get in and just float around until I was all wrinkled.”

“I mentioned having to get into the water five or six times a day to keep my self feeling okay. I only feel comfortable when I am in water. I can only do energy work on others when I am fully immersed in water.”

“As a teenager, I would sneak out and swim in the pool in the backyard every night.”

“I went to the ocean today. No human words could describe the experience.”

“I need to be near water. I don’t need to get into it, just be near it. I don’t think a stream or river would quite do it for me. Because it is not deep enough. It doesn’t have the depth that my spirit needs to have. I draw energy from the water. I think I would start to feel like I was drinking too much coffee if I lived near only a stream or a river.”

“When I meditate, I can become anything. But when I come back and start thinking, I am stuck with this human brain. I know how to get rid of the brain consciousness by just stopping my thought processes. Then it is like I am in water and nothing else exists. Ten minutes are like six months. But when I come out of meditating, I am stuck again with human consciousness. But I am making little advances. I allow my brain to feel like it is full of water, and then there is no difference between being human and being a mermaid. My body takes on a water vibration.”

“I just remembered, my grandma said when I was young I would not get out of the water. The family used to joke about it. I had a pool most of my life and would spend weekends when not in school in the pool for at least ten hours a day.”

A man shared with me, “Our child adores water. From the time she was born she has begged to take baths and showers and would stay in for hours upon hours if we would let her. I think she probably just has an affinity for water, but it would be odd if she were a child of the water spirits.”

I wrote back, “I consulted with another hard-core mermaid woman. Her advice is to let your daughter spend as much time in water as she wants to. The thing you can do for her is to make sure she has other happy and healthy children to be around and to learn from since at that age she is very impressionable.”

“I have always felt certain things were lacking from my life. I never lived near water until my early twenties, and this is when I began to feel really alive. I was so happy; I felt alive! And then I moved back to the Midwest and lost that feeling until I returned to Hawaii. I can only get that feeling if I get in a pool or bath. I feed off the magnetism that the water brings me. It is as if the universe or life can be seen in the reflection of the water. The water enhances all my senses. If I am sick or

in pain I get in the water as it is what comforts me. Sometimes you hear people say they are married to god. I sometimes feel I am married to the ocean!”

“Water energizes/revitalizes me! After I immerse myself in a bathtub or pool, I feel most alive, energized. The water recharges me! The sea/water is life and life is the water/sea. Water is the essence of life!”

“When I was a kid, whenever I got into the sea, I always thought that she was hugging me like my mom.”

### Water Energy and Healing

“For the last year, whenever I feel stressed or unhappy, I always close my eyes and imagine that water goes through my brain and my arms and cleanses every single pain in me. This gets rid of any feeling of stress or unhappiness I have.”

“The energy I was sending was green like seawater. It poured into the other’s body, swirling around. Then the energy began to spin in the opposite direction, taking on different geometrical shapes. Then it changed directions again.”

“I use an energy to heal that is like vapor, like when you stand in the rain and it is not quite raining—a light drizzle. It is soothing, and that is what I want to receive—gentle, tender energy flowing. So that is what I give. The vapor is in the waves, and the waves create this energy that I send.”

“The ocean is always around me. I can hear the ocean right now. This depends on my mood. Sometimes I hear rolling waves coming in, and other times the water sounds like a stream with water bubbling. Like right now? There is a calm even flow, no wind, no current, a kind of ebb and flow.”

“When I tap into the memories and thoughts of others, I feel their pain or happiness. I then send a healing love or energy to them. I also help them

to see that there is light at the end of the tunnel. It all depends on what the person needs. I help turn their negative experiences into learning experiences, which then helps the individuals feel in turn that they can help others.”

Mermaid women are often involved in healing or health professions. They feel a compulsion to heal and to nurture the people around them so that others feel happy, content, satisfied, and gratified. Sometimes they are told they are the most loving person the other person has ever met. You may notice that a mermaid woman’s family or close friends are charged up with energy. The mermaid woman can easily transfer life force and vitality between herself and others. Since she loves to give, she sometimes may give too much of her own energy to others and fails to remember that human beings are in the habit of taking more than they give back.

### Contact with the Astral Plane

“When I am on the astral plane, I feel so much more alive in every way. We are so dragged down by gravity and negativity here. We have less energy.”

“When you hug someone on the astral plane, we combine our energy together; it is better than sex—sometimes I’ll turn myself into a ball of energy and fly around and combine into one ball of energy with someone else.”

“I am of course living in the astral world when I go to bed. It is very intense! I do not even know right now which is more real to me—the physical world or the astral world. In many ways I would say the astral reality. I feel much more alive on the astral level.”

“Astral is more real than this world. It is a different reality. Astral colors are amplified. Green is the most brilliant. You could take everything that is beautiful here and magnify it by a thousand times. But eating an orange there is not as real as here. Taste and smell are more real in this world. But colors are far more beautiful and intense.”

“As a child I used to be in my room on the ceiling looking down at my body. I remember being told it was time to get back in my body. I seriously remember always being out of my body. This is one of my first memories.”

“When I was young, I saw fairies and flew with them. The sad thing is that I am so busy these days I do not focus on the fairies that are around me, so I do not see them as often as I used to. I keep getting messages that I should pay attention because they have things to say to me. Whether they are fairies or guardian angels, I do not know. I just know that they are there.”

“I would say the fairies remind me of an elf the size of my hand. But I did not see them for long since they are very fast or hard to focus on.”

“We cannot be so connected to nature and not see spirits.”

“As a child I remember seeing fairies. I also saw balls of lights in different sizes that fly as well as angels and spirit guides.”

“My first memory was of the fairies that I would play with as a child. I miss them.”

“When I was a child, the fairies would just fly around and come in my room and be in different places on the dresser or fly around and I would leave my human form and fly around with them.”

“The realm of mermaids is beautiful, magical, and there is so much love. It is beyond euphoric. And there it is so much easier to help others since we work in unity. There is happiness and comfort and no conflict.”

“I can sense others like myself, mermaids inside of women’s bodies. She is telling me I can have everything she has. It makes me want to cry, and I can feel her warmth and happiness.”

“As a child, I saw fairies and gnomes, and trees spoke to me. They still do.”

“Sometimes someone who has passed on can give me the experience that they went through. This can occur in seconds or minutes. For example, I touched the helmet of a man who had been to Iraq, and all of a sudden I was in Iraq in my head, seeing a tank overturned in water. I felt crushed, and I could not breathe. I see the men who died, and they show me things like their baby being born and that they wore funny hats. I was able to relay a message to the man who tried to save them but failed and was subsequently not able to deal with it.”

“I had a friend who at age twenty-five died in a car accident. A few years later I could feel his energy around me. For two years I saw him in dreams and near my bed, or I would hear him call my name in the early morning. One time, in no more than a few seconds, he showed me his car wreck, the hospital where he died, how his mom felt, how he felt, how his friends felt—I saw it all. I even heard the doctors talking to his mom while he was standing there watching, invisible to their eyes. He showed me the operating room and what the doctors were saying.”

“We do not die. We just use these bodies as vessels for our human experience.”

### Other Psychic Abilities

“I am practicing telepathy and clairvoyance. And I have been working on telekinesis lately, rolling objects around.”

“I can heal others and sometimes save people who are terminally ill. I see the future and events involving many earthquakes and fires. I can tell

when women are pregnant and tell them the birth date and sex of the child to be born.”

“I find myself able to mesmerize, charm, and heal humans. Using my love, I like to make them feel good.”

“With my six-year-old daughter, we can guess correctly nine out of ten times the color the other is visualizing.”

“When I am caught off guard and surprised, my energy surges, and I crash computers and other electrical devices.”

“I had a dream one night I was at the subway that got bombed. I woke up and remember hearing an explosion and saying ‘bomb’ and then went back to sleep. But the next day I saw it on the news and realized the same time I woke up was the exact same time it happened in Europe.”

“As I was sleeping I must have left my body because I witnessed a head-on collision of a bus and car. A couple children were taken to the hospital. I do not remember too much about it, but when I woke up the accident was all over my news.”

“I was helping with a murder case. I could see the entire thing and how it happened.”

“With card games, I can see the cards the other person is holding by looking through the other’s eyes.”

“When I was a child, we went camping, and others used to use flashlights, but I did not use one. I could see fine.

“And when we walked on the rocks on the Big Island at night I used to walk barefoot, and it is lava rock there. And we would camp by the shore on rocky lava rocks by the sea. And I was the only one who would go with my father. He would wear sandals and I would go on the rock in bare feet in the dark and I would find my way. And sometimes I could not see, but I could tell when it was safe to take a step even when I could not see.”

“I can slow time down by accelerating the speed of my reactions. I do not know how I do this. But if for example my niece is falling down and I cannot get to her, I will speed up my reactions so I am there in time to catch her. I do the same thing to avoid accidents when I am driving.”

## Senses

Hard-core mermaid women often have a heightened appreciation for the senses of taste, smell, and touch. Some of them who are active on the astral plane realize that taste and smell in our world are very special sensations that are in no way as strong on the inner planes.

Consequently, you may notice that these individuals have an unusual interest in exploring new tastes and smells.

One woman I did a photo shoot with who was new to Hawaii was constantly getting me to stop at roadside food stands to try every fruit she had never seen before.

Another woman: “I am very adventurous with my food and pay special attention to the smell of everything. If I do not like how something or someone smells, then I do not like it or them—period. This does not mean I do not feel love for that person. It just means I would rather not be around them. I take extra care of how I smell, and I explore every new kind of taste sensation I can.”

“I like the sensation of touch here and tastes that are here in this world as compared to the astral plane.”

## Summary: How To Tell When You Are With A Mermaid Woman

She is like the snow at the North Pole—it can lie still for ten million years and still remember the tropical forest that was once there—she is water: that nubile fertility of pure receptivity never disappears.

It is in the way she receives your energy. There is no riptide pulling you to where you do not want to go; there is no undertow pulling you down so you have to struggle to keep your footing on solid ground; there is no tsunami pushing you back with that choppy tumbling of emotional jealousy or angry demanding. She has no ego and no fear; the desire to take from you never appears. It is impossible for her to feel neglected—she has no human needs; she already feels complete.

When with her you feel like you are the sun and she is ice. She willingly melts in the presence of your energy because that is the nature of her beauty. She gives freely without attachment to form or identity.

You feel like you are the sun and she is the sea—without difficulty, she absorbs your heat (your desires, everything you can imagine or dream). The warmth she radiates at night, her very being testifies to your presence in her life.

But put simply, when you are with her, you feel like she is a stream and that you are gravity--every single movement she makes is shaped by your presence. Do not take my word on this. Observe a stream. Memorize its sound, touch, scent, taste, and the way it feels as it flows around your body. And then look at her face as you speak: there is not a trace of distraction.

She may look, talk, and act human, but I will tell you this: once you discover that this way of being exists, when you experience it again it is impossible to miss.

In summary, her face has that grace, a gift to us like the North Atlantic Current. There is the silent peace of the ocean trench; the warm sensuality of a wave breaking on a tropical beach; and the pristine purity of an iceberg breaking free from a glacial plain at the edge of the Arctic

Sea. You may not be able to see or feel these things, but you may notice that in her presence you feel twice as alive than you do otherwise.

## Ten Kinds of Mermaid Love and Attraction

### Introduction

Question: Are mermaids addicted to loving others? What is behind this? What is our purpose? Are we supposed to love and heal men?

Response: The actual answer to your question is not found in clear explanations but in the choices you make about how to exchange energy with others. In this essay I review ten basic ways mermaids love and exchange energy with others.

The short answer to your questions: Mermaids exist to love. They are love. In their own realm on the astral plane, they are immersed within a field of love that vibrates within all the waters of the earth. Love is simply allowing this sea of love that surrounds them to flow through them to others. And in their own realm others flow energy back in return. The exchange is always equal and continuous.

In the human realm, love is a scarce commodity. It is in short supply. Some people go their entire lives without ever experiencing its taste or its embrace.

One option for mermaids who are here in human bodies among human beings is to learn how to consciously direct and modulate their energy in a unique way for each relationship they are in. You can become fully conscious of the energy exchange taking place with others as compared to spontaneously giving all of yourself freely in every moment.

### The Realm of Mermaids

If someone can sense energy, which any training in magic will teach, you will know when you have stumbled, perhaps by accident while meditating, into the realm of mermaids. Or perhaps you are talking to a mermaid right now who sits in front of you and who has cloaked her spirit in the form of a woman's body.

Either way, the energy is the same—whether an entire realm or one woman's aura. It is nurturing, flowing, loving, healing, playful, full of beauty, tenderness, sensuality, and it flows through you seeking to be one with you. She is a representative of a sea of love that surrounds and flows through her. And she is flirtatious without knowing it, vivacious, empathic, and often innocent beyond human understanding.

You will also notice that she has no ego, no selfishness, no sense of personal boundaries or individual identity though she can still perceive clearly the nature of anyone or anything she is near. She and the realm itself are acutely aware of every kind of attraction and any kind of exchange of energy. But what I have just said is just another way of describing the water element itself.

The earth element by contrast likes to build things that endure. But the mermaids feel that the nurturing sea of love in which they exist is the final end of everything that can be accomplished or achieved.

The fire element seizes every obstacles and tests every boundary treating each as an opportunity to expand and master its will and power. But the mermaid feels love is the highest purpose and the perfect expression of all will and power.

The air element pursues clarity of mind and understanding of all things so that harmony can be achieved. But the mermaid, without need of thoughts, words, or mental activity, can tell instantly the true nature of anything purely through feeling.

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1. Mermaids' Auras—she gives the life within herself to others. This usually involves one or more of three feelings—contentment, vivaciousness, and magnetic love.
2. Water Magic in Nature. The way she gives herself often involves the vibration of water as reflected in some aspect of nature.
3. Magical Empathy. I place this here as an introduction which anyone can easily learn. Mermaids when they do this can establish a permanent connection to another.
4. Oceanic Love. Mermaids are a part of the ocean and the ocean for them is the vibration of love. They often extend this vibration of a sea of love through others around them. Though anyone can learn to do this you will almost never find it being practiced by human beings.
5. Oceanic Love Shared by Two. The energy of two individuals flows together like two streams joining as one river.
6. Mermaid Empathy Senses the Future. Some mermaids can literally relive your past experiences as if they are their own. Mermaids can sense what you feel now in the present. Often they can also sense your future—the person you can become, your better self. It is not that they are visualizing or imagining your future. Mermaids can enter the future so that the person you will one day become is right now in front of them.
7. Fulfilling Another's Deepest Dreams. Some mermaids continue #6—sensing who you are meant to be--by permanently placing a part of herself inside of you. She creates an image—a manifestation--of what fulfills your deepest needs. I know of three ways they do this.
8. Physically One. With some of these women, if you touch them as in place your hand on her arm you feel one with them as if there is no you or me only oneness. There is no doctrine, metaphysics, or concept here. It is a physical sensation—a stream of consciousness--of being joined to another so that nothing else exists but your oneness.
9. Soul Oneness. The physical oneness just described can also include the astral plane—you feel that the two of you share a sacred dream or magical space in which the two of you have become one.
10. Magnet Like Magnetism. Like bringing together the N and S poles of two horseshoe magnets—there is a powerful physical force of attraction almost like gravity pulling the two of you together.

## Summary

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## Appendix

Protection: the bubble and the iceberg method

## Part I: Ten Kinds of Mermaid Love and Attraction

1. **Mermaids' Auras**— A mermaid has the ability to give to others the life that is within herself. This is a natural and spontaneously action on her part. This usually involves one or more of three feelings—contentment, vivaciousness, and magnetic love.

### Contentment

With contentment is acceptance, renewal, healing, serenity, inner peace, calmness, relaxation, release, and happiness. All of these help an individual to feel one with himself.

Now an individual can go out into nature, hike and camp out in the mountains, raft down the Colorado River, sail south until he sees the Southern Cross for the first time, fish for salmon in the streams of Alaska, etc. He puts aside his social anxieties and needs to compete. He relaxes and unwinds. And then he feels refreshed and revived by becoming a part of geological time—the schedules and routines of society no longer apply.

Or, he can spend time with you. You are nature itself for a human male. He feels all the same feelings of being out in nature when your aura passes through him. He cannot figure out why but at least briefly when your energy flows through him he feels high, larger than life, and now far more alive.

To get the sense of contentment that some mermaids can create you do not even need to be near water. Simply go sit outside beneath a full

moon. Feel the moonlight on your skin. Here is what moonlight itself possesses if you can sense it: Linear time stops. The outer world ceases to hold any importance to you. You are now part of a dream. And in this dream you can feel and sense how every desire will find satisfaction, every need is fulfilled, every ideal made real, and for each dream there will come a time when it fully manifests.

Within the touch of moonlight on your skin, all these things are real to you right now in this moment. You are not separate from them. They are alive within you for that is the nature of a dream—that it is able to experience life in every way that life itself can be felt.

This is what some mermaid women can create in others as their auras flow them.

## Vivaciousness

The second feeling is vivaciousness. As I explain shortly, a mermaid woman has far more subliminal reactions to a man than anyone he has met before. Consequently, everything he does seems more alive and real around you. And this is the nature of water—it responds in a new and unique way in each moment, in each situation it enters, and with each person it is with.

Water frozen ten thousand years melts and in the very next moment it acts without any reference to its past. It possesses innocence—the past does not shape its responses in the present moment. You will not find this kind of innocence among human beings in any similar degree.

Vivaciousness is sunlight falling on waves. The water reflects what is present offering the same dazzling light in response. Water is sunlight in frozen ice. A woman can shine as bright as the sun itself simply by receiving what it is given. Absorbing another's energy, she contains and sustains the other's life.

Vivaciousness is like champagne. It is bubbly and it gets you high reducing your inhibitions. She is so much in the present moment that you forget what is weighing you down from the past and what you are worried about in the future and just go with the flow of whatever is unfolding right now.

Mermaid women are often criticized as flirting with everyone. But that is not so. They are just responding to each moment and giving all of themselves without holding back. You can tell when you are with such a woman. It is like she is a stream and you are gravity. Every single move she makes is in response to your presence. They are that receptive.

To be totally in the moment requires an individual to be free of ego boundaries. And to do that you need part of the magic which a mermaid woman possesses—her identity is not a function of her experiences in society. She senses she is a part of nature or as some of them say, “I have always felt a part of nature; it is embedded in my very core.”

## Magnetic Love

Usually in human love there is a strong sense of bonding that occurs. I need you and you need me—we need each other and so let us spend our lives together, make a home and raise a family. Kind of like that.

The mermaid love follows a different pattern—it is like water and also a magnetic field. The mermaid’s aura extends through anyone near to her. Since her aura is inside and around you she can literally feel what you feel. For her, the same life that is in the other is now within her. If you have sufficient empathy, you can feel this way with others as well—I feel you are within me and a part of me.

If you are close to a mermaid, she will sense your desires and needs and try to respond to them—your needs are her needs. What is important to you is important to her. Or, as one merman puts it, “Lying beside you, she dreams your dreams.”

Mermaids in this sense can be highly protective. They want to nurture, keep alive, and strengthen another’s energy. There is an inner, secret sharing heart to heart. It is not that she does not offer this to everyone. In her own realm, a mermaid greeting involves becoming one with another in terms of feeling. But in the human world it is so rare for her to meet a human being who is capable of such intimacy that when it does occur she realizes how special it is.

What is so mind boggling is that because she can easily establish a deep intimate contact with you this does not mean she “needs” you or is

attached or bonded to you. It is simply her nature to offer all of herself even though again few respond to her in kind.

With this kind of magnetic love you can always feel her presence as if part of her is inside of you and one with you. Distance in this case does not separate the two of you. She can flow her aura through you no matter where you are on earth.

Question: Lately I've been having a lot of trouble with men, five in one week from varying degrees and it is all unwanted! One guy I dated briefly and then broke it off a month ago. But he just sent me some gifts and was angry I didn't call him right away to thank him. He doesn't understand it is over.

Is this common with mer woman? I have learnt this week that I need to be stronger against men and very clear in what I want and do not want from them. This mer energy seems to lead them on! What do you think?

Another thing, the men I date get very attached very fast. Often they want me to move in with them and want to have children with me! They often ask me on the first date!! I'm sure that is not normal behavior. Its nearly every guy I come across!

Response: To answer your question, yes, I think it is common with mer women that men seem to fall in love with them quickly, excessively, and for little observable reasons. And for some of the men they will try to possess, dominate, and or control you. It is great you are learning to be or already are assertive with men and it helps to be very firm about personal boundaries with them.

Here are a few explanations. First, human beings are not at all familiar with the elemental water you have in your aura. This water energy triggers what I call a kundalini effect in them--without conscious awareness they begin to feel an insatiable hunger or the equivalent of a drug addiction to you--your aura is like cocaine and they need to come

back again and again to get high or get their fix otherwise they feel half dead when they leave you. But actually they are just returning to normal. For more on the kundalini effect, see the appendix in this essay or How to Speak Mermaid, the chapter on the kundalini which I have posted at [williamrmistele.com](http://williamrmistele.com)

One local woman here in Honolulu puts a bubble around herself that blocks her energy from men because she says if a stalker can't feel her energy he won't stalk her.

It is more than energy though. If you observe carefully body and non-verbal responses--like look in the mirror and talk to yourself--you will notice you have an observable set of traits that anyone can see if they looked really carefully for it. Your range of facial expressions and body language--the way you glance with your eyes, turn your head, the tension, fullness, and curve in your lips, even the cheek, neck, and forehead muscles change to such an extent in a conversation you may have ten to twenty times more expressions than a "human woman."

This means that men get from you ten times more non-verbal responses than they experience with anyone else. Consequently men often say they feel not twice but five times more alive around women such as you. If there was a school to teach beauty it would have to teach this kind of vivaciousness--like water you reshape and express your emotions and body in endless new ways. And you have an ability to "make others feel more alive" even though they cannot consciously articulate why you affect them so deeply.

When I do photo shoots with women I sometimes have a hard time getting human woman to express more than two or three different facial expressions. But with a mer woman I can often get endless different facial expressions to the extent it sometimes looks like I am shooting a number of different women in the same three hour period. The elemental

water in your aura in its essence gives life and makes others feel more alive.

In our civilization we have no vestal virgins—a very sacred and highly honored position--guarding the sacred flame as they had in ancient Rome. We have no temples to Venus so that when you meet the priestess and engage in the rituals you leave the temple and feel every cell in your body is immersed in and reborn through love--that a path of beauty is set before you to follow. This does not exist in our world.

And so men have no blueprints in their heads for accepting and appreciating the magic of femininity. It would be nice if you could simply say to some of these men, “I am like a goddess incarnate. I can sense and feel the man you can become once you have mastered your problems and strengthened your weaknesses. I can inspire and encourage you to become that man as a gift that life seeks to offer to you through me. But if you treat me as a sexual object or woman to possess then you will miss out on this gift life seeks to give to you.”

Of course, with care and being very assertive you can make just about any relationship with any man work out. The truth is that a man would have to go on a spiritual journey before he can actually meet you half way in a relationship--he would have to find the beauty and love of streams, lakes, and seas within himself. But how many men on earth can understand what I have just said?

Question: Can you please explain why exactly or how it is that mermaids’ watery auras create a space to release other people's rage, negativity, and other emotions? How does this work exactly?

Response: Observe human beings. They are constantly engaging in self-validation. They need to reassure themselves that “I am real; the world is real; and the person in front of me is real.” If they do not get that, if something is going on that does not reassure them that reality is

operating, that everything is normal and familiar, then they experience acute anxiety or feel something is very wrong.

I listened to a merman him tell me about his previous five relationships with women--The women at first are drawn to me. They feel this ocean of love that I have to share. But then at some point they feel like they are drowning. They can't handle it. They are too far from shore. They want to return to land where things are solid and predictable.

Or to put it in human terms, when two people fall in love they often share a private dream in which they have put aside their personal boundaries in order to draw close to each other. There is a hypnotic focus on the other person whenever they are together or think about each other. And this romantic state of mind is important because relationships require a lot of energy to sustain them.

But see right there is the danger—they have put aside their personal boundaries that are so essential for protecting them from being harmed. So when something goes wrong in the relationship that feeling of being in an enchanted kingdom changes into its opposite. They feel betrayed and deceived as if they have been taken to some horrible place where they have been abandoned. The lover has changed into a monster. The kingdom of the heart has become a wilderness of pain. And the energy that flowed so deeply between them like a river has turned into a dry streambed. That is what human beings deal with when they try to love another. There is great risk for them.

And that is what they will see in you—great danger to themselves. They want the love and healing but they also equally want someone who enforces safe boundaries and demands that the interaction is always fair. This is the world they understand.

Pure innocence, delight in every moment, love that is always accepting and giving, a feeling of being one with another, and the incredibly feeling of being alive—they simply cannot handle those things but they will endlessly crave them once they taste them or even sense them from a distance. And so the time tested and best option they have developed down through human ages is to marry, possess, and control the other person.

Or they will try to make you weak by hazing and abusing you—as in saying stuff like “You are so stupid. Why aren’t you giving me what I need? How can you make me feel this way? This is all your fault. Why don’t you do what I want? How can you be so selfish?” and so on.

They will run through every possible way of making you feel guilty or weak or confused because they do not know how to control you. But they can never get enough because the source of your love is beyond human understanding. Though some men are exceptions.

Your question: Why do men want to dump their rage, negativity, anger, etc. on a mermaid woman?

The answer is that if you give something for free to human beings they most likely will feel that you are doing so because you owe it to them. Even the most submissive of human women do not give something for free. They simply do not have an extra amount of energy to give to others. So for example if a woman is seemingly giving all of herself to a man he will think it is because she desperately needs him for protection or reassurance or to fill in what is missing in herself. All men know this.

So then you come along and say through your actions--“Here, I have love to give; in every moment I give all of myself because that is what I am. I am love.” The man will naturally think you are desperately in need of him and that somehow you are seriously damaged—because you are not playing by the rules. And if he senses that you actually do not need him, he will be truly bewildered. Men expect women to help glue them together and negotiate with them to be fair. But you are not doing that.

And furthermore, in giving so much as you do to the man you end up acting as a human dialysis machine—you automatically take his negative energy and purifying it in your aura and return good energy to him. And once he realizes you do this for him, he will demand, expect, and obsessive need you to keep doing it. Otherwise, as you note, they get angry.

**2. Water Magic in Nature.** The way a mermaid woman gives of herself often reflects some aspect of nature.

We are all surrounded in every moment by the beauty of nature. It is the most natural of things for two people to also feel this wonder and beauty within their relationship.

The following is a meditation I wrote for a mer group of women. It reviews a number of nature images. In meditating with these images, you combine the sensations of water in nature with the feelings that are underneath or within these images.

Start by imagining you are on the sand of a small, warm ocean bay.

Then allow the words read silently or aloud or by listening to a video to flow through you. Become water in its many forms.

At the end, there is the silver chalice whose waters reflect the universe. Imagine, if you would like to try this, someone difficult in your life in front of you. Be both the magnetic/still water that reflects the universe and, as this water, flow through from head to foot the difficult person you visualize. Allow this water of perfect receptivity and love to cleanse this person of anything negative.

There is an open space so vast that there is nothing in it that can be attacked, possessed, or manipulated. And there is a love that heals and renews offering freedom, wonder, and joy. Often negative people become calm and reasonable when this kind of awareness is present.

See youtube video:

<http://www.youtube.com/watch?v=Lg7JIBr8c7o&list=UUgAC4phYwyM6iJp0XCI8OtQ&index=1>

Like the stream, I nurture all things. I dream others' dreams.

Like the waterfall, I can let go, to become nothing at all, to fall into the embrace of air and space.

In the mountain pool, I laugh and splash. I renew and cool.

As rivers, I am the bloodstream of the earth. And like the river, the sea calls to me.

As ice, I capture the suns' dazzling light.  
As the lake, the beauty of the universe shines from my face.  
Like the wave breaking on the beach, I am release.  
As the ocean trench, I am the love of the sea in its silence and depths.  
Like the sea, I encircle the earth. I am life nurturing and giving birth.

We are sitting on the sand with our feet in the water. The sea is before us: blue-green waves stretching from the shores of one continent to another. Look at the waves in front of you. Watch as they spread out to the horizon, and envision the vast expanse beyond as they circle the earth. Consider the winds that drive them, and the tides rising and falling.

To the north, feel the icy pole of the world. Consider the wilderness where snow falls for half a year in darkness. Gaze upon white cliffs of ice and the icebergs to which they give birth. See and feel them drift to the south. Toward the equator, feel the warmth of the moist trade winds. Visualize the island chains. Sense the ease with which clouds form from the seas and hurricanes are fashioned from the rising warm water and air.

Visualize also the shores of islands as they gradually or rapidly drop down to the ocean floor. Send your mind into these depths. Among the deepest trenches of the sea are lost ships, volcanoes, and darkness, but you are able to walk here without difficulty.

Become the primordial sea—feel the sea's heartbeat, its breath, its currents, its tides, and the myriad forms of life dwelling within it.

The ocean, vast and mysterious, is the dream of being accepted, of being able to relax, let go, and flow in a place too great for the mind to imagine. Wave after wave of sensual caresses, with rhythm and passion, renew, heal, and yield to us the taste of beauty and freedom.

And now, it is night and I see the goddess of the sea walking toward me dressed in white. She dreams of holding in her hands a silver chalice that

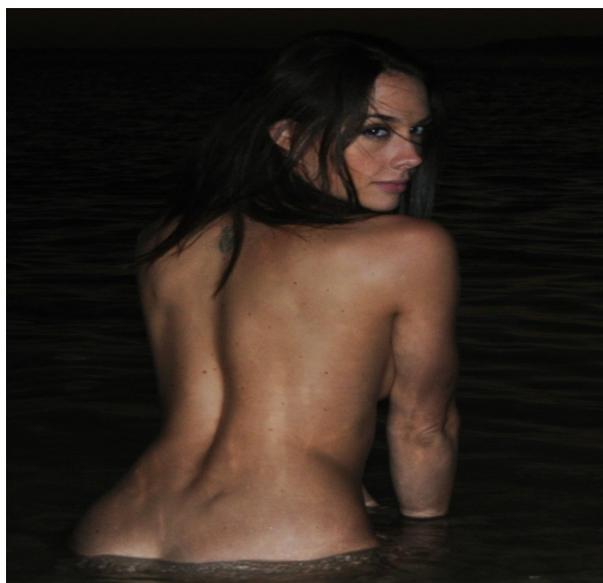
gathers the distilled essence of all the stars. I dream her dream. And when I dream this dream I feel like her, one with the universe.

## A Mountain Pool

Let us focus in on one of these images--a mountain pool. There is a small waterfall, a gentle spray of drops falling, moisture in the air, sparkling light dancing in the falling drops, the sound of splashing in the pool, small ripples running across the surface, and the water flowing over some rocks as it continues down the hill.

Imagine you are the water falling, dropping through the air, splashing, circling in the pool, and then flowing on. Take a few moments to explore those sensations—the falling drops and the cool, splashing water, the sounds and moisture in the air. And note the feeling of purity, release, relaxation, and peace that they awaken.

Make this mountain pool a part of you and love will never be far from you.



If you could cup water in your palms and then breathe into it life so it takes on the form of a woman who can speak and respond with personality, then this is what you would have.

**3. Magical Empathy.** I place this here as an introduction which anyone can easily learn. Mermaids when they do this can establish a permanent connection to another.

Magical empathy is sometimes practiced in Western psychology. I have met therapists who on occasion use it. I am interested in seeing if the girl can learn to directly sense the extent she is filling in the void in another person. This exercise is under my on line listening set of essays at [williammiste.com/books.html](http://williammiste.com/books.html)

Basically you imagine you are the other person in every detail: what they look like, their body language, how they speak, think, feel, and are sitting or standing. You then look for a physical sensation in your body of what it is like to be this person. And then you ask yourself, What is this sensation like? Is there an image or symbol that you could use to express it? What does it tell you about what the other person is like or about the inner flow of the other's life?

This action usually establishes a subliminal connection to another person because for a short period of time you and the other person may feel closer to each other than anyone else. The exercise establishes another line of communication—body to body and feeling to feeling—between two people rather than words and thoughts that is so typical of communication in human society.

For example, with a young woman whom I consider to be amazingly complex, I get a sensation in my belly as if I have just eaten a piece of Godiva chocolate. It is sweet, warm, and satisfying. The sensation tells me that in spite of my ideas about her, she actually is what she appears to be—a sweet, young, and a loving woman.

With a stock broker whom I just met, I get a sensation of being very relaxed, laid back, and easy going. This sensation is in complete

contrast to his physical appearance which is tense and in control. I ask him about this. He says he is looking forward to retiring and that I seem to know more about him than any of his friends.

Women who are high empaths and connected to often do not use words to think. They perceive the exchange of energy between people and that is where their basic interaction is taking place.

If you do the magical empathy with a mermaid, however, to feel what she feels, means you have to become familiar with water in nature—lakes, rivers, oceans, waves, and tides. Otherwise, the magical empathy will not really work. You have not become a part of nature as she is a part of nature, for mermaid women often embody astral immortality—within themselves, they are forever new, innocent, self-purifying, giving all of themselves in every moment; for this is the vibration within the element of water on earth: it is a nurturing love that gives of itself flowing in and through others who are nearby.

**4. Oceanic Love.** Mermaids are a part of the ocean and the ocean for them is the vibration of love. They often extend this vibration of a sea of love through others around them. Though anyone can learn to do this you will almost never find it being practiced among human beings.

Mermaids do not have morality or ethics. They existed before human religions were created. Instead, a mermaid can perceive love directly as an exchange of energy between people. In this sense, she has no metaphysics or theology. Look at her. She embodies love.

This is not something added to her aura. This immersion in love and offering it to others is her very essence. This sense of giving is so strong that a mermaid cannot stop giving love. To stop loving would be like a human being stopping breathing--if you stop breathing, you would in a short time no longer be alive.

If you can somehow connect to this sea of love so that it is always flowing through you to others, then you have just gained honorary status as a member of the mermaid realm. And so when you are with a mermaid woman there is now an automatic, subliminal and real emotional force joining the two of you together. What is within one

person is also within the other. If you can feel as mermaids feel, then you are one of them.

See video on youtube:

<http://www.youtube.com/watch?v=7JuaMB16szM&list=UUgAC4phYwyM6iJp0XCI8OtQ>

## Ocean of Love Exercise

Imagine that you are in the center of an ocean of water. This ocean extends in all directions around you. You sense the fluidity, flowing, wet, and cold sensations of a blue green sea.

Next, change the physical sensations of a sea of water into feelings—into a sea of nurturing love. The watery sensations become the feelings of supporting, animating, sheltering, healing, renewing, and inspiring all living beings.

In other words, physical sensations are changing into qualities of feelings. To understand this better, try this exercise. Take one hand and grasp the wrist of your other hand. Notice the physical sensations—the warmth, pressure, and tactile details of touch.

Briefly explore these sensations in various ways. For example, imagine you are holding the wrist of someone who is off balance. You are steadying the other. In this case, there is a stronger grasp ready to exert more strength if that is needed. Or, imagine you are detaining someone like a child who wants to run into the street where there is traffic. Here the hold is more forceful and commanding.

Now then, in contrast to the above, imagine you are placing only a feeling into this touch. This feeling is neither forceful nor assertive. It is not trying to accomplish anything physical at all. The feeling is—“I love you with all of my heart.” Take a few moments and imagine you have clasped the wrist of someone you love—a child, a lover, or a caregiver. It may help to recall an experience when you actually did this. Do not think. Just feel.

You may now notice, for example, a different sensation of warmth. The energy in your touch goes completely through the other wrist. There

is a sense of holding, uniting, and bonding. It is almost like the hand feels it has become one with the part of the other arm it is holding.

In a similar way, the physical sensations of water change into feelings of love. This love flows into, unites, and becomes part of whatever it touches.

Now, visualize another person in front of you, someone with whom you are familiar. Visualize the person's body as being empty inside. Next, imagine that as the sea of love you begin to flow through this person. You move through the other from head to feet as if he is open inside and you are a stream of watery love.

As you do so, sense everything within this person. Your cool, flowing water heals, purifies, harmonizes, and nourishes. Pain and tension dissolve. Frustration and unhappiness disappear. The individual feels whole, complete, happy, and serene. In effect, you are uniting the individual with this sea of all-embracing love.

This exercise neither exhausts you nor does it overwhelm you with the other person's emotions of distress. You continue to identify yourself with a vast sea of watery love as you flow through the person. You are both one with the other and also detached at the same time.

I taught this exercise to one woman in several minutes. When she practiced it on her boyfriend she discovered she could produce physical sensations in his body even though neither of them were psychic or worked with energy meditations. Young women in particular have an innate ability to succeed with this exercise.

When I taught this simple meditation to a mermaid woman, she said to me, "I already do this every day with my boyfriend. I just never put it into words the way you do."

The difference between doing the exercise and a mermaid woman's aura is that the mermaid woman does this exercise automatically. There is no effort to it and no intellectual decision about when and where to extend herself. She has an inner union with nature and her connection to nature continuously provides her with love and energy to give to others.

5. **Oceanic Love Shared by Two.** The energy of two individuals flows together like two streams joining as one river.

In Taoist yoga as taught by Mantak Chia, the vitality in an individual's body flows in a circle up the back and down the front. The energy in each individual can also join with a partner so there is one energy stream moving through both partners.

The merman Ermot suggests a similar linking of the energy of two individuals. For Ermot, however, you create a natural flow of vitality and soul energy between two individuals that revives every cell in their bodies. Though you each have your own body, your separate energies become like two clouds that join or two rivers that flow together. You feel that kind of energy exchange going on.

Ermot does not use meridians. The male and female body each have their own electro-magnetic poles and flows of energy. For Ermot, there is a watery kind of energy like a vapor or mist that freely flows back and forth between two partners. It is refreshing, renewing, reviving, rejuvenating, healing, and makes you feel fully alive. It happens when two partners are completely open to and receptive to each other.

One of the mermaid women I know lives two thousand miles away. But if I imagine holding her hand I instantly feel our auras flowing through each other.

With another mermaid woman if I imagine holding her hand the energy takes a minute to begin to flow. It is like she is placing her hands around my hand and focusing on the touch. And gradually it is like two streams of water flowing together. And she likes it. She does not want me to let go of the connection. With other mermaid women the naturalness and spontaneity of the connection is not there. I do not have that ease in connecting to them. The flow of energy is not a personal connection. It is more like chemistry in which different individuals have a flair for matching each other's vibrations. .

What the merman Ermot is after, however, is not just linking the energy in our two bodies so they flow together. It is more like the ocean of love in the previous exercise--#4—is being practiced by both

individuals at the same time while they focus on each other. In this case, then, the energy connection involves the love within nature and the seas and not just what is present in the individuals.

If I focus again on the first girl I mentioned above and do the ocean of love exercise on her, I can feel the watery love energy flowing through her. I can sense where she has needs that are unmet and I am operating in this moment to meet those needs. But this is not being done by using my own energy but rather it is through the vast sea of love that I am identifying with in this moment and directing through her body. The sea of love, again, is for me blue green, cold water, and it is soothing, nurturing, renewing, purifying, and fulfilling.

I put aside my ego and identify with this sea so that I feel vast, deep, and inexhaustible in my love and energy. As I flow this energy through her I then feel one with her. There is the sea and she is within this sea of energy and we are one. There is no me actually present, just love.

If she reciprocates and flows this sea through me, I see the open ocean at night with moonlight streaming down and I feel relaxed, peaceful, and serene. I can hear the waves and feel the wind and there is nothing else in my awareness.

But Ermot wants us to both do this exercise at the same time on each other. Here with are both consciously identifying with the sea of love and at the same time focusing that sea into the other person. Now the energy flow is much richer and stronger than when I hold her hand or flow the energy through her by myself.

It is this strength and depth of watery love that mermaid women are used to experiencing in their own realm. It is turned on all the time and everyone always returns the flow that you give to them. But when they come into our world and flow their loving energy through others there is no reciprocity. People are not conscious of the energy the mermaids are flowing into them and they have no elemental, watery energy love to flow back.

If I do his dual flow of energy with another woman, I can sense her need to learn about love within the human world and I present that love to her. Her effect on me is that I feel I am aware of an entire ocean. I feel like a god of the sea when she focuses her energy into me.

This same woman, like some others, without effort flow their auras through their boyfriends so the flow is continuous and unbroken. In fact, this girl flows energy through all her old boyfriends as well. Once she establishes an inner energy connection to someone she keeps streaming her love through that person. She just does not run short on energy.

**6. Mermaid Empathy Senses the Future.** Some mermaids can literally relive your past experiences as if they are their own. Mermaids can sense what you feel now in the present. Often they can also sense your future—the person you can become, your better self.

Working with the magnetic fluid is one way of learning to sense the future.

**A Simple Exercise for the Magnetic Fluid**

(See also the cosmic letter M on the astral plane in the appendix or for the full essay at

<http://williammistele.com/m.html>)

Imagine a blue or blue-green ball of water six feet in diameter in front of you. It is cool, magnetic, and contracting. It is attractive, soothing, and calming. It shelters, protects, and heals. It is receptive in the sense that it is utterly empty of form and completely open—able to receive and contain the soul of any being within itself, nurturing, inspiring, and empowering it to attain to completion and fulfillment.

Now imagine that this ball changes into an exact replica of your self. It is you standing or sitting there in front of you. Sense how this person is different from your self. What qualities and powers does this person have that you do not?

And once more imagine this magnetic blue-green ball of water in front of you. Now imagine someone else inside of the watery ball of energy and the watery magnetism is absorbed into this individual so the other is filled with it inside. What is this person now like as he or she embodies

magnetic and loving energy?

This is a way of sensing the future—what a person can become, the other's better self.

From my book, *Undines*: “Istiphul can take the innermost need within you, reveal it as a complete vision, and then enliven that vision so you feel you are living within it right now. She takes you into the future that is to be so you can taste it, touch it, meet others within it, and experience it in every way as being real and alive.”

Sometimes when you are talking to a mermaid woman you may notice she is not just talking to you. She is talking to the person you will also be, who you are meant to be, in the future. This is not New Age creative visualization for her. She is actually in the future with your future self and directing herself from that place back into the past which is your present moment now.

In other words, she speaks about your future as if she is already there in it, that it has already become real. So there is far more persuasiveness in what she says about you than if she were just visualizing it. When the mermaid queen Istiphul said to me, “In your soul waves roll five thousand miles and magnetism flows between the poles,” she was talking about my future self. It was already real to her. She was with a person I have not yet met—the man I will one day be.

If you are dealing with an individual in conflict or a negative individual, you can often dissolve the negativity or the confusion by doing this: Visualize the other person's “better self,” who he is meant to be, the individual having learned all that he needs to learn to be creative and fulfilled. But live it also. Imagine that what you are seeing is real right now and you are in the future with this now fulfilled person.

The most skilled empaths do this spontaneously. They can not only sense your feelings and memories as if they are their own. They live and experience your future as well. But again, it is not just an image of the future in an individual's mind. The magnetic energy—the magical power within water--serves as a medium that cancels linear time and make the future real in the present moment.

There is a blessing aspect to sensing the future. Visualize someone right now so you see the other in front of you. Now imagine this individual feeling whole and complete. Whatever is missing is now present. Desires are satisfied, purposes accomplished, and dreams fulfilled.

Put together a feeling, a thought, and a picture of what this might be like for the individual. Now, imagine blessing the other person in this way--see and feel it as if it is real right now.

The idea of blessing involves an act of *daring*—you accept the person as he or she is right now and you also dream what the person can be. For mermaids, the oceans brought life into being, sustain life, and offer dreams of what can be. To dare is the very nature of water.

You could say that the queens of the mermaids, as masters of water, automatically bless anyone they meet. It is a function of the magnetism in their auras. They empower others to feel alive and to fulfill their dreams.

Here is one blessing. See the video:

<http://www.youtube.com/watch?v=EvS5cqx7KFw&list=UUgAC4phYwyM6iJp0XCI8OtQ&index=26>

May the sun shine upon all your paths  
 May friends always walk beside you  
 May love always guide you  
 And reach the inner recesses of your heart

May every task you seek be made complete  
 May you be the sun and the moon to others' lives  
 May you be as the light of dawn  
 To others in the darkest night

May you taste the happiness  
 That comes only to a few in every century  
 May you find another who brings you comfort  
 And is always there to share all your cares

Though we once talked, and walked, and joked

As we traveled the path of life  
Seeking to fulfill a dream  
The gift you gave of your self  
Was all I could ever want or need

Peace to you  
May the peace of the sun, the moon, the sky and seas  
Always flow through your dreams.  
And in the end may you look back and see  
That your life is all it is meant to be.

I sense the magic in this girl. But it is not the girl. It is the watery magnetism in her aura that exerts the magical influence--



I love your eyes  
So quiet and peaceful--  
A place to let go and forget who I am  
Until I awaken to the sound

Of waves breaking on the shore  
 And the scent of the sea  
 I see the man I was meant to be  
 Walking toward me  
 Your eyes dream him into being.

On magnetism as it relates to cold water, see the appendix.

7. Fulfilling Another's Deepest Dreams. Some mermaids continue #6--sensing your best future--by permanently placing a part of themselves inside of you.

The I-Ching talks about the great feminine, the yin principle. The feminine, whether positive or negative, guards the deepest mysteries of the soul. In its positive version, like the mother, its support, love, nurturing, and sheltering presence is inside of you your entire life. She gives herself to you. She bonds with you. And she is always with you.

Three ways to do this in a relationship.

The first way is to extend into your partner the essence of your own gender. I know individuals who do this. The woman feels her lover is always connected to her and a part of her inside. But this is not just a flow of energy to the partner. It is like having the masculinity or femininity of the opposite gender united to you from inside.

This is a tremendously liberating way to relate to one's partner because it frees each individual from all the side effects, anxieties, and weaknesses that arise from only connecting to one's partner part of the time. Instead, with this inner bond, there is completion, energy, and a continual union with the strength of the opposite gender.

This method is part of the yoga tradition of Swami Rama, one of the great masters of yoga in India. In a spiritual lineage there are some things that are very difficult to each except through shaktipat, a direct transference of the inner essence of the master to the disciple. According

to his autobiography, Swami Rama “persuaded” or more specifically coerced his guru into giving him shaktipat.



The result was a passing down from the lineage masters the essence of the feminine to the disciple. In other words, Swami Rama had for the rest of his life the equivalent of a woman existing inside of him. This woman was not independent and autonomous like a modern woman. Rather, Swami Rama had all the feminine sensuality, giving, nurturing, empathy, gentleness, kindness, and that wonderful feminine gift a woman gives of wrapping a man about and holding him within her heart.

Unfortunately, it is not always easy to find students who can accept the gift of shaktipat. Swami Rama had a student who insisted that he give him shaktipat. Swami Rama put his energy into a glass of water and had the student drink the water. But soon afterwards the student began to act crazy literally throwing himself against the walls of his room due to the huge boost of energy transferred. Swami had to take back the gift.

The difference between what some women do in flowing energy to another and this kind of shaktipat is that the woman places part of

herself permanently in the other person. That is, it is more than just a flow of energy. It is an inner bond

It is not so difficult to imagine your mind or awareness is outside your body. If I imagine I am swimming in Sacred Falls on Oahu right this moment I can feel the energy of that mountain pool around me. Part of myself is there because I can sense being there.

In a similar way I can imagine as in the #3 Magical Empathy exercise that I am inside of another person. In that exercise we imagined we are inside of another person briefly, maybe for a minute. In this case, however, we can permanently extend our awareness of being inside of another person.

It then become a kind of subconscious action like driving down the left side of highway when you are in Scotland but the right side of the highway when you are back in New York. In the beginning it takes some conscious focus but after a while you do it without thinking. It is a wonderful, warm, and invigorating feeling to have this kind of connection to another.

Similar then to the exercise with magical empathy you imagine you are inside of the other person. But you do not imagine you are that person. Instead, you place part of yourself, your astral body, into the other. Focus on making a connection that is continuous. Then relax and see if you can feel the connection, of being in the other, without any more conscious effort on your part.

Some individuals simply have this ability. For others, you have to practice it. And for a number of people simply being in love with the other automatically establishes this kind of inner connection.

The second way to extend oneself into the other is to imagine the opposite of that individual. If you think of a man, imagine what that man would be like if he were a woman. There is a switch from masculine to feminine. As a man he may be a scholar and have a strong curiosity about various things. As a woman, he has the same interests and curiosity but he is more intuitive. Rather than striving for objectivity and clarity, he who is now a she senses the feelings and inspiration within the work rather than the ideas that are presented. The female version is

more sensitive to life rather than concepts. You have to play with this to find what works for you.

In some situations, the best thing to do for the partner is to extend oneself into that person so as to make the other feel whole—your presence makes him both male and female. The inner feminine within a man is sometimes referred to in Jungian psychology as the man's anima. The anima is his guide to the inner worlds. Some men need to make this connection first—to their own inner feminine before they can continue on to relate to an individual woman outside of them.

The same is true about women. Some women need to first relate to the opposite of themselves. In this case, imagine the girl as a man. What would she be like then? Would she be more aggressive and protective of her career? Would she consciously monitor your interactions with her? Would she automatically sense what part you play in her life and be very clear about whether you were taking or giving more than she is giving and taking?

Put simply, then, I can send someone balancing energy. But I can also place part of myself into the other and shape that presence of myself so as to offer the other completion, that is, balance to that individual's present personality. When the partner then relates to you there is balance between the two of you. You do not have to wait ten or twenty years for the other to discover how to find his or her inner opposite. You have created it right now.

You as a man now have a woman who is more assertive and forthright in connecting to you, clearer about her feelings and intentions. And you as a woman now have a man who is able to respond to the depth of your feelings and genuinely listen to you because he knows what you are as a woman are like inside.

The third way is simply imagining the other's deepest needs and dreams fulfilled. Then you embody that vision as you extend yourself into the other. Again, this is sensing the future—the person this individual can become; the better self; the person he or she is meant to be.

We practiced this already in our exercise with the magnetic fluid. If I think of one woman, I am in her future—she is free of OCD; her anxiety

is gone; she is calm, relaxed, makes a great friend, and is always even and consistent in her relationships. These qualities she definitely does not have right now. But if I were to become part of her inside then I would embody these specific qualities. I would see her as she can be in her best self and I would feel right now that this vision and life is completely alive within her--that I am this life and I am continually with her inside offering this illumination, strength, and feeling.

Some of the mermaid women automatically sense others' futures and without effort offer this kind of inner connection and bond. But the receptivity on the part of the others is lacking. They do not want her presence within them and so she withdraws except with the one or two who do sense her presence and respond to it.

Sometimes with the mermaid women the woman's personality is not conscious of the mermaid that she also is. And this is in spite of having the superhuman empathy of the mermaid women and the sensitivity to energy they possess. A number of women I can talk to and see a mermaid standing beside of them. And the girl is not aware of what I see. But the mermaid will say to me, "Help her. I am her but in incarnating she has lost touch with me."

Some women email me and say the opposite—"I have always known that I am a mermaid. This personality which others know me to be and all my fame and success are not who I am. It is like a dream. I am a mermaid and I do not belong in this world."

With one of the woman who is not conscious of herself being a mermaid I can easily imagine what should would be like if she integrates her inner plane mermaid with her conscious self. She becomes a psychic healer, a guide, a life coach, and a counselor to others. Mermaid women are like priestesses in a temple of the sea but we have no such temples. Nonetheless, that is who they are. They have this ability to bless and empower others and bring to life the soul that is within them.

With this woman, I would become the image and energy of herself as that priestess, healer, and guide she that is her better self. And this presence I would permanently extend into her—as a mother places her love inside of the child and as a lover places his or her love within the other. I have seen this done by mermaid women and I know that many of

the mermaid queens not only sense the individual's future but automatically act to manifest that future as well.

As far as the element of water is concerned, you really do not know another person at all until you become one with them. And they do not know you until they become one with you. Water is incredibly receptive, life giving, and adapting. It seeks to meet others deepest needs and it dreams their dreams.



**8. Physically One.** With some of these women, if you touch them as in place your hand on her arm you feel one with them as if there is no you or me only oneness.

There is no doctrine, metaphysics, or concept here. This is a pure sensual mode of perception without need of thoughts or words to clarify awareness. It is a physical sensation of being joined to another so that nothing else exists but your oneness. There is no line where her body ends and mine begins. In the touch, you feel totally a part of each other.

Mermaid women are of nature. If you are sensitive to energy you feel you are out in nature and in fact nature itself when you touch them.

Women sometimes touch me casually in a conversation. It is affectionate and friendly. It is a warm, familiar, and reassuring gesture. We have all experienced this.

Some of the mermaid women take it so much further without even being aware of what they are doing. This kind of touch represents total intimacy but for the mermaid woman it is just a natural way to connect to others. The intimacy may appear to be total during the touch but she is in the moment. The next moment she may be focused somewhere else and there is no thought in her mind that her actions indicate a bond with someone.

Here is one way to learn to do this. Grasp your left wrist with your right hand. Notice the physical sensations in the touch—the warmth, the contour and texture of the skin and the touch. Now then without changing how you are holding your wrist, put into the touch the feeling of “I love you with all my heart and soul.” Now see if you can notice the difference. In this case you may sense that your awareness is penetrating through the wrist. The warmth may increase. There may be a feeling of connection and bonding. In other words, the physical sensations now have astral feeling added to them with the result that the feeling and the physical sensations amplify each other.

Now again hold your wrist and notice the physical sensations. Now add to this the feeling that “We are one. There is no separation. We are a part of each other.” If you can get this to work for you as well then you may again sense the physical touch and the feelings amplifying each other but in a different way. There is a sense of not only are we one but we always have and always will be one with each other. And this feeling appears because the feeling of connection is so strong it becomes the only thing in your awareness which is happening right now. Past and future do not exist in this moment.

You can also do this without the physical touch. It is very easy for me to imagine holding someone hand and the sense of connection is as real as if I am actually touching that person. There are the physical

sensations, the feeling within the touch, and also the response on the other person's part.

The sense of oneness comes in when you can focus completely on the sensation of touch without distraction. And then again appears the feeling of being one with each other without separation. The element of water relates to the psychic ability of clair-sentience—of feeling energy. Mer women are often profoundly clair-sentient and this capacity to touch and connect with your whole being to another is part of their innate abilities.

## 9. Soul Oneness. The Inner Dream that Transforms Both Partners

The physical oneness of #8 can also include the astral plane—you feel that the two of you share a sacred dream or magical space in which the two of you have become one.

The difference with this oneness is that it creates a dream that both partners live within. And this dream is magical. It is used to recreate both partners.

In this case you are not just flowing your energy and aura through your partner. And you are not just placing part of yourself inside of your lover. You are creating a dream on the astral plane like a dream you dream at night. But this dream goes on when you are awake. It nurtures, protects, and offers inspiration to both partners.

And it does this: it sustains a sacred space that is altogether separate from the outer world. And in this space there is only oneness of the two of you.

Many traditions around the world speak of a sacred dreamtime such as the Australian aborigines. It is a timeless dimension that sustains the life of the people. In various spiritual lineages the line of past gurus exists within a realm of light that embodies the realizations, siddhis, energy, and wisdom of the masters. Among other things, it accumulates and stores energy and allows you to draw upon that energy when you need it.

Individuals can also create a sacred dreamtime that is a timeless space where the souls of the two lovers exist with and transform each other. In this case, the lovers are acting as gurus for each other inspiring, stimulating, and raising each other up to their highest levels.

Earlier, I mentioned the sea of love exercise. It is a method for learning to do what mermaids do—you imagine a sea of water and that you are this sea. Then you imagine the water is also love and as the sea you flow this love through another person sensing them inside, releasing their tension, cleaning, and filling the other with love—your energy seeks to fulfill the deepest dreams in the other.

Here is a variation that relates to this magical and sacred space. You imagine a sphere of water around you and another person about twenty feet in diameter.

A significant difference between human and mermaid love is that the mermaid perceives love to be everywhere in every moment. Love is not just in the seas of the earth. It is part of a magnetic field that embraces the entire planet. As we breathe in air to keep both body and soul alive, the mermaids breathe in this magnetic/watery love.

So for mermaids, the same energy field of love is within each us. In the sense that we are all joined to it, we are also all one with each other.

Imagine then part of this love is present in a sphere of water around you and another. Sense this watery love as composing the energy of the sphere and also that this watery love is flowing through each of you.

In this sense, then, it is not you as a sea of love flowing through another person. It is one sphere of love and the two of you are in it, united to it, and one with it.

Next sense this watery love being in both of your bodies at the same time. You are as much aware of being in the other person who is saturated with this love as you are of the love being inside you and saturating you. Then imagine that the outer form of your two bodies slowly disappears and that the two of you are simply formless watery love in the shape of this sphere.

Some of the mermaid women are very good at creating this formless oneness in which she and her partner are one with each other. One talks about this happening spontaneously.

While others sleep and dream she wakes up in her dreams and is on the astral plane. There she sometimes meets others and not being limited by physical bodies they turn into balls of energy and the two balls of energy join and become one. She says this is far more intense than sex in our physical world—the union involves all of the energy of both individuals.

In effect, then you create an astral kingdom in which two individual's souls, minds, and bodies feel perfectly one with each other. You look at yourself and the other person and it feels that your minds, feelings, and bodies are one.

This may seem rather exotic but again in the realm of mermaids the standard greeting is to become one with each other. You feel everything the other feels and both your auras flow in and through each other. The rules governing the astral plane and the realm of mermaids are different from the rules governing human society. But for those who are active in both realms, you are free to share the wonders of love of both realms without restrictions or limitations.

**10. Magnet Like Magnetism.** Like bringing together the N and S poles of two horseshoe magnets—there is a powerful physical force of attraction almost like gravity pulling the two of you together.

I described a mermaid queen in this way: Being near to her, every cell in one's body feels a connection and desire only to draw closer to her. It is like a force of gravity, except that gravity is cold and impersonal. By contrast, this force is custom-designed to synchronize to you individually.

Standing ten feet away from her, I feel like the distance between us is contracting or collapsing. Instead of ten feet I feel she has become five feet, three feet, and then two feet away. Space shrinks. Separation dissolves. This is how perception works in her presence.

It is well known and often studied scientifically that there is an initial spell of endorphins and dopamine running wild in the blood stream that lovers experience when they first meet each other. It is usually good for

about two years before it wears off though of course there are exceptions.

You have heard all of this before—"I never felt fully alive until I met you; upon meeting you, my life finally came into focus; I feel we have always known each other; I cannot imagine living my life without you; you are the reason I exist; you are the part of myself I have never known; with you I feel I am complete; when I am with you I feel I have finally come home; in meeting you happiness has entered my life; when I am with you I am in heaven;" and etc.

But this spell lovers experience wears off too soon. A schedule sets in. Babies are born. There is exhaustion, routine, constant negotiation over who should be doing what, frayed nerves, withdrawal from intimacy, and all of that "you are not the person I once knew."

Even during a very nasty and contentious divorce you can sit down with the man and the woman who are at each other's throat and simply ask them, Tell me how you first met? And then watch what happens. Briefly or for even minutes they smile and light up as if magic is again in the air. And they recount those moments when love came upon them radiant as a rainbow so that by contrast all others experiences of life were grey.

There are of course various remedies for this state of affairs when love grows dim. You can go to one of those well formulated worldwide marriage encounters either for Catholics, Protestants, or by now I am sure for Unitarians as well. They use group support and social reinforcement, a few basic skills like learning to listen, and they even engage in a bit of real magic with the way they work the prayer chain.

In any case, the charm wears off and you discover you are stuck with not prince charming or a goddess but another human being who is sometimes a complete fool. Saturn gives us experiences in life for free such as falling in love. But at some point Saturn expects us to take into

our own hands the powers of creation and use them wisely to fill life with beauty and harmony. Here is a simple exercise.

Imagine you are in a dream state and your partner is in front of you. This is the specific person you are with or for that matter it can be the person you desire to meet or, why be complacent?—it can be anyone on earth.

Now feel there is a very powerful magnet like attraction between the two of you. This is physical like bringing together the North and South poles of two horseshoe magnets. Get that sensation of pulling as a physical force really strong. I am not making this up. Some people actually produce this sensation when you are around them like the girl I know who says she has a stalker from every country in Europe.

It is just the nature of her aura—she is like gravity. She draws others to her with a physical power of attraction. It is not charm. It is not beauty. It is not her body language or voice or the way she responds to others. It is a force of nature present within her. It radiates from her etheric body.

Now sustain this physical elemental attraction but also convert or transform it into the purest feelings of love for each other. If you have ever experienced love, just reproduce that feeling now through using your imagination. Recall what once was as if that love has been reborn right now.

The mermaid queens use the elemental powers within water—the magnetism and also electricity to create the feeling of oneness. But mermaids are of nature. They utilize energies like those that exist between the cloud and the sea in an electrical storm.

When I was demonstrating this for one mermaid woman she said it felt completely natural. It was a balanced energy and there was equal giving and receiving. She liked it.

## Summary

In summary, from the beginning: The remedy for mermaids who are here in human bodies among human beings is to learn how to consciously direct and modulate their energy in a unique way for each relationship they are in. You become fully conscious of the energy exchange taking place with others as compared to spontaneously giving all of yourself freely in every moment.

In other words, by carefully observing the energy exchange you have with others you can tell sooner when the energy flow is not working. You can learn to sense why it is not working. And you can have at your disposal a number of ways to insure that there is a fair exchange of energy between yourself and others.

A mermaid in her own realm gives all of herself in every moment without holding back. But what you will notice with human beings is that each person has a distinct quality and quantity of intimacy that they are able to give and to receive. And so in each relationship you respond to the context and to the person.

If someone is able to be one with you then you have the experience of oneness. It is an energy thing. Sex is a side dish. I already mentioned one mermaid--On the astral plane, becoming one with another person is like A hundred times better than sex in the physical world.

But for human beings, this is not so. They only know what they have experienced with their five senses. They do not know love as an energy exchange and flow. Most are starving for love all of the time and mistake sex for love the way an alcoholic will mistake alcohol for a healthy meal.

## Part II: Examples with Specific Women—a study of their auras, effects, and abilities

### Mermaid #1

Her energy aura effect on others: a very serene peace, uplifting and refreshing like part of nature. Naturally purifying and cleansing.

Effects on others: Some people feel like they are seeing the light or being uplifted. Others who struggle with ego or identity problems do not know how to relax, let go, and allow the energy to transform them with its purifying healing energy.

Kundalini effect: kind of a shock but don't know why

Options: build into her aura the use magnetic field to integrate the other through seeing the other as made whole, problems solved, and conflicts resolved.

With boyfriends: She loves with her entire being. Everything she is as in I exist to love you.

Effects on boyfriends: it starts out as very intense and passionate. But it is meant to be a two way flow—the exchange of energy she gives requires the other give back in kind. So they feel drained because they have no elemental watery energy within themselves to flow back to her.

Best way to relate to her: become the image/energy aspect of nature that she is—like a beautiful like with mist in morning sunlight and it is pure, clear, ascending, uplifting, and filled with beauty and harmony and kindness.

## Mermaid #2

Her aura: arctic bay.

Effect on others: feel safe, protected, calm

Kundalini effect: minor.

With boyfriends: flows an energy through them that makes them feel strong and resilient. Same for last three boyfriends. Didn't work on one with mental problems since he shorted it out. Could have used deep sense of peace with him. She still flows energy through previous boyfriends recently though not mental problem guy.

Comments: add relaxed, happy, playful, bubbling like mountain pool and falls.

To relate to her: imagine her as a guy and that you are that guy and are inside of her so when she looks inside she sees you.

### Mermaid #3

Aura: a vast watery energy field with many kinds of magnetism within it. Inner: senses the one energy that is around all of us.

Effects on others: others feels supported. A lot of giving going on.

Kundalini effect: others feel betrayed, robbed, abandoned when they no longer have this energy which happens when they leave her presence.

Options: use the vastness of her aura so that if anyone even thinks of her they feel content--a vast sea of contentment that anyone feels who meets or knows her.

With boyfriends: she automatically becomes inside of the other whatever the other's deepest need is—she fulfills that need.

Best way to relate to her: become her deepest need fulfilled--kind of like then two divine lovers.

### Mermaid #4

Aura: sweet, kind, bubbly, playful, flowing, delightful, inner: like an aquifer welling up with water.

Effects on others: relaxing, tranquilizing, releasing

Kundalini effect: others feel stricken and somehow she is to blame because they don't know how to produce in themselves the relaxation, tranquility, and release they feel in her presence.

Options: Embody in yourself a sacred lake: crystal clear and peaceful

With boyfriends: at some point they feel washed out to sea because unlike her they don't feel a part of the sea. She is taking them somewhere that they do not yet realize is a part of themselves.

With one boyfriend—become the counterpart of himself: quiet, introspective but very enthusiastic and excited about all of his work and needs. Read his thoughts and improve upon them. See their implications and applications and connections and integrate all of his life from childhood through all his struggles.

Best way to relate to her: Become a powerful magnet. So focused on each other and feeling an attraction of body, soul, and mind that nothing else exists.

### Mermaid #5

Aura: playful, fun, vivacious yet also a deep arctic sense of inner silence and a strong presence of very cold water. At the same time her personal response to others is very receptive, flowing, and responsive.

Effects on others: People sense the flowing energy. And the inner silence you have gets others to feel grounded and solid. But it can also be depressing because the silence is outside of what people are familiar with. I have seen people have anxiety attacks because they were in a location where there was no background white noise but only silence.

Kundalini effect: there is a physical sense you may produce for others at times in which they feel weighed down. I never got that from you but then again I hang out with gnomes and practice silence meditations.

With boyfriends: a strong solid inner bond—works best with someone who embodies silence as well. Other boyfriends would relate to the vivacious playful side of her and not the silence side.

Options: a gentle version of the sea of love always flowing to those around her a healing, purifying, animating watery sea energy.

Best way to relate to her: become what she is: arctic silence—then you understand how profound and deep she is.

Best way to work with her current boyfriend: Since he has this kind of formless awareness about him, you imagine him in front of you and that

the two of you are within a sea of water that is also love. You sense the sea with its love being surrounding both of you and also you sense it inside of him and inside of you. Then you slowly dissolve your image and his image so there is an undivided awareness of two as being one. Every sensation and feeling is both of you at the same time united together.

Comments: Exploring why you are here—to meet human beings who can match and teach you about the silence you possess, for silence has many forms and applications.

### Mermaid #6

Aura: assertive, even forceful, but also very childlike and has vibration of the sea and like the sea, has many moods.

Effects on others: like being at a carnival through a child's eyes

Kundalini effect: when she is away you feel like you are in jail

Options: develop a mind that is clear, sharp, and indestructible like a diamond crystal of enlightenment. She is from off world and is meant to bring her home world to our world.

With boyfriends: touch her and you feel you are one body.

Results: like she is cocaine and they need continually fix from her to function

Best way to relate to her: set up a permanent two streams joining as one in feeling the energy connection of both uniting into one.

### Mermaid #7

Aura: like a powerful magnet

Effects on others: others feel connected to her, bonded to her

Kundalini effect: the feeling of attraction to her persists

Options: you are capable of being and continuing to be friends with nearly everyone. Work it.

Best way to relate to her: become a magnet like her: attract her to you.

### Mermaid #8

Aura: electro-magnetic—both attracting and energizing; personality: both stimulating and tranquilizing in personality

Effects on others: they are drawn to her but stop from fully connecting because they can't handle the electrical side.

Kundalini effect: people keep their distance. But depends on the individual. Some are mesmerized by her.

Options: always have a clear purpose to accomplish with everyone so that people understand where that power of yours is focused and where it is going.

Effect on boyfriends: both again awakening and calming.

Best way to relate to her: relationship works best if you assign her power a purpose to fulfill and you match her support, that is, become what she is: a mermaid in open ocean singing to the moon—very serene

### Mermaid #9

Aura: very festive, also very sensitive and empathic

Effects on others: others can get “high” around her like they are “zoning”—experiencing a flow of feelings without need for thoughts.

Kundalini effect: they come back for more but not obsessive

Options: sea of love: imagine others immersed in a nurturing, flowing, healing watery energy field when around you.

With boyfriends: they feel tranquilized and relaxed around her

Best way to relate to her: produce that watery nurturing energy field in yourself so the two of you offer it to each other.

## Two Methods of Protection

We have talked about attraction—useful for overcoming barriers and bringing two together. But mermaid women in particular must be careful because it is easy for them to have stalkers who want to take possession and control them. Here are two methods for self-protection.

**The Bubble.** Imagine a bubble like a sphere of glass or dull white light around yourself. You don't want to call attention to yourself. And imagine that this shields you, that is, it stops anyone from sensing our aura. As one woman said, If stalkers can't sense my energy they don't stalk me.

**The Iceberg Method.** Another woman has a freezing cold watery aura. Stalkers just don't bother her. They get close and then they realize how detached she is and so they back off.

You imagine you are a freezing cold arctic bay or that there is water in the air around you, like blue green, that is freezing cold or simply that you are surrounded by icebergs. If you imagine this, people can actually feel on some level the coldness. It is not cold as in "I don't care about you." It is cold as in "I need to put on a sweater, maybe even a winter coat" kind of cold. It is like turning to look at someone and you feel you have just opened the door to a walk in freezer.

I would just note that mermaids as spirits are not mammals. They are not carbon based life forms with a warm metabolism. And every single time I have done a photo shoot at my favorite beach the women, even the world surfer pro Serena Brook, says the water is cold. That water is only cold because the spirit mermaids come up to watch the photo shoot. It seems all of the mermaid women have an immense affinity for creating the feeling of cold water even though you are in bodies that carve warmth.

## Comments on the Iceberg Method

I do like becoming the Arctic!! I feel mean or not me when acting like human woman but it does work and I just must remember it is an act. It works really well with my husband. Humans are soooo selfish sometimes. Also changing my water to freezing and putting glaciers around me works well and that especially works well with strangers or others I do not know as well. I am so sensitive that I have become a hermit and go huge amounts of time not even leaving my house except for the wonderful times I can save money to go to ocean.

It's funny because I notice that I naturally do a lot of these things. I agree that it feels mean to act like a human. When I act this way, to protect/shield myself, it makes my heart beat really fast...as if I'm doing something wrong. Then, I'm always checking myself or reflecting on my words and actions and if it truly benefits the highest good...is it the 'right thing' I ask. But, like water, we change form and present different faces naturally... I notice especially around my mother, that I feel flat line. Like, I'm almost scared to express joy or happiness out of concern that she'll try to absorb and suck that energy line. So, since being home, I speak monotone, sleep about 11 hours every night to prolong interacting with her energy, do things that seemingly help her out so it diverts her attention to having her nose in my business, and pretend I'm busy on the computer and with friends online. Also, the natural lingo I speak in... confuses her and seems to shut her down because she cannot comprehend an ounce of where I'm coming from majority of the time. I have tried the blue green energy of water in regards to attaching love to it... and it's not going to work for this particular 'psycho gnome'. I feel drawn to utilizing the cold freezing energy.

Just wanted to mention that the visual of surrounding the space by glaciers and emanating waves of freezing cold water from my aura tonight, worked on the family dog!!! LOL! He had his nose consistently in my lap trying to beg for my food. So, I did this and he totally left. He never leaves...he'll steadfastly sit there for 15 minutes and seemingly not blink an eye. haha~ Now, for the humans.

## Top Ten Reasons A Man Should Not Marry A Mermaid

Preface:

“The love of a mermaid is heaven seventy times seven.”

The Tenth Man Rule (from the movie, World War Z): A Mossad agent (the tenth man) explains to Brad Pitt’s character why Israel was far more prepared for a zombie outbreak than the rest of the world. The reason was the 10th Man Rule.

He explained that Israel’s security council had 10 advisers that looked into big picture issues. If the first 9 dismissed an issue or potential danger to the country, then the 10th man was forced to overrule them on principle and look into the issue no matter how far-fetched the scenario.

That way Israel would always be prepared for black swan events. This allowed them to build a large wall to help keep out the zombies.

I am my own "tenth man."

Top Ten Reasons A Man Should Not Marry A Mermaid  
(these vary in each relationship)

10. You fall in love with her. But it seems everyone falls in love with her—children, other women, and way too many men. How annoying is that?

9. She loves you with all of her heart. But she loves everyone with all of her heart. How annoying is that?

8. You make love with her at night. But when she falls asleep and dreams she wakes up on the astral plane and makes love with all sorts of people. You can tell when this goes on. The bedroom glows with faint

light and there is this feeling of being in a beautiful forest where the colors are a thousand times more bright than on earth.

7. Famous people like rock stars and surfers who are dead appear to her in the living room at all hours of the day and she has long conversations with them as if they are as real to her as you or me.

6. Special Forces invite you to join them because of your strength and agility. But if she gets pissed at you with the push of one hand she can throw you across the room and into the wall. And then she heals the huge bump on your head because she is sorry for acting so spontaneously.

5. When she gets excited electrical devices like computers and children's toys turn on and off or the car may stop.

4. You experience physical withdrawal symptoms and acute anxiety or depression when you are away from her, like sixty feet away from her because of the "high" her aura exudes.

3. She does not "bond" to you. There are no special moments. If you are not with her she does not miss you. And even though she is the most loving woman with children and children all love her you know that if someone gave her the opportunity to return to her own mermaid realm she would leave you in that very instant.

2. She spends three hours every day completely immersed in the bathtub with only her mouth and nose above the water. Something about not living next to the ocean.

1. She has strange friends who call themselves things like star seeds, reptilians, dragons, walk ins, unicorns, silkies, salamanders, sylphs, gnomes, praying mantis, mermen, grays, wood elves, etc. What do I say when she introduces me to them, "Hi. How are you? I am just an ordinary human being."

## About the Author



William Mistele graduated from Wheaton College in Wheaton, Illinois, with a bachelor's degree in philosophy and a minor in economics. At that time, he began studying esoteric, oral traditions. He was interested in finding the best methods on earth for inner work and self-transformation.

As part of his field research, he lived in a Tibetan Buddhist monastery in Berkeley, California. He next studied Hopi Indian culture and language at the University of Arizona, where he received a master's degree in linguistics. At that time he became the only accepted student of a Hopi Indian shaman.

While living in Tucson, Arizona, he began studying the Western hermetic traditions and the nature religions of Wicca and Druidry. He worked with a number of extremely gifted psychics and

parapsychologists whose primary focus was on experimentation and research. He also practiced evocation with a Sufi master.

He moved to Hawaii in 1982. There he studied with the relocated abbot of a Taoist monastery that existed for over two thousand years in China, with a Vietnamese Zen master, and with one of the foremost Tai Chi Chuan masters of China.

Since 1975, he has been a steadfast student of the system of initiation taught by the Czech magician Franz Bardon, who died in the fifties. This system has provided the methods for contacting nature spirits and interacting with them in a personal and original manner. Bardon's mission was to offer a system of self-initiation that maximizes the spiritual powers and creativity of the individual.

Bardon's training system requires that all students gain first-hand experience with the elemental beings underlying nature. In studying with four mermaid queens on the astral plane, the author discovered through experience just how little human beings have learned about the mysteries of the water element.

However, two of the mermaid queens—Istiphul and Isaphil—promised him that he would meet mermaids who live among us in human form. And they did this so that he could better understand the mermaid race. After putting out a global casting call used by photographers as well as discussing mermaid women on youtube and his website, he began being contacted by mermaid women from around the world.

Send comments to [pyrhums@yahoo.com](mailto:pyrhums@yahoo.com). For projects, photography, videos, archives, and additional essays related to mermaids, see [williammistelevideo.com](http://williammistelevideo.com)  
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The author at work.



